Beaumont Wilshire

Beaumont Wilshire Neighborhood Association http://bwna.org February/March 2007

Business Focus: Fremont Coffee House

Get Comfortable and Stay a While

By Barbara Warren-Sams



Sunny Andersen of Fremont Coffee House

FREMONT COFFEE HOUSE has recently renovated its space, expanded its hours, revamped its menu, and become a venue where local artists, authors, and musicians can showcase their talents.

Last November, Sunny Andersen resigned from her job as a sales executive with Boly:Welch and joined her husband Brian in operating the family business full time. The Andersens have three daughters, Tess, 18, Rianna, 14, and Lilly, 10, who sometimes help out by either waiting on customers or cleaning up.

Transforming the coffee shop into a coffee house required closing down for a couple of weeks. To give the space a more relaxed atmosphere they repainted the walls in warm colors, added bookshelves, books, and antiques, provided a workstation and free WiFi service, and furnished plenty of overstuffed chairs. "We want to offer an inviting environment," says Sunny, "that encourages customers to get comfortable and stay a while."

Friday and Saturday evenings now consist of either a monthly wine tasting or artist reception, and weekly live music. "In December, the Kings Raven Winery offered a tasting and ten musical groups performed," notes Sunny. Carlyle, a band that features Sunny as lead singer, has also performed several times.

French pastries from La Provence French Bakery now supplement selections from

See Fremont Coffee page 4

Help plant trees February 17

By Colin Rowan


See you on Feb 17th

ON SATURDAY, FEBRUARY 17th, volunteers from the Beaumont Wilshire neighborhood and Friends of Trees will plant street trees throughout the neighborhood.

Property owners paid just $ 75 per tree, a significant discount under the $150 tree cost. Along with adding beauty to the neighborhood, these trees will help reduce storm water runoff, sequester carbon dioxide and provide shady sidewalks in the summer. If you would like to help plant trees, meet at Wilshire United Methodist Church, 3917 NE Shaver St at 8:30am on February 17th. This event is a wonderful way to meet your neighbors, support Friends of Trees and contribute to the ongoing improvement of the neighborhood.

Trees can no longer be added to this planting, but if you'd like to have a tree planted in front of your house next winter, visit www.friendsoftrees.org this summer for additional information.

BWNA General Meeting

Recycle, Reuse, ReBuild

Monday, Feb 12th, 7:30 pm
Beaumont Middle School
NE 42nd & Fremont

COME TO THE FEB 12TH MEETING and hear from Jennifer Jako about a unique and exciting resource in town called The ReBuilding Center. Whether you're remodeling one room, re-doing a whole house, or putting in an urban strip mall, The ReBuilding Center is the place for you. Here you will find old moldings, doors, windows, tubs and other useful things, and this is where you can bring your 'still usable but nor your style any longer' building items.

Hear more about this non-profit organization, what it can do for you and what you can do for it. Also see the article on p. 7 for the history of The ReBuilding Center, the services it offers and its place in our community.

Calendar

Monday, Feb 12, 2007, 7:30 pm
BWNA General meeting
Beaumont Middle School, NE 42nd & Fremont

Friday, March 9, 2007
Deadline for articles and ads for April/May 2007 BW Newsletter

Monday, May 14, 2007, 7:30 pm
BWNA Board meeting
Bethany Lutheran, NE 37th & Skidmore

Monday, June 11, 2007, 7:30 pm
BWNA General meeting
Beaumont Middle School, NE 42nd & Fremont

GENERAL MEETINGS are held on the second Monday in each of the following months: February, April, June, October, and December. All Beaumont Wilshire residents and business owners are welcome.

Hello Neighbor!



You are the President of the Beaumont Wilshire Neighborhood Association. *You* are the Mayor of Portland. *You* are the President of the United States and the head of the United Nations. This is your planet, your neighborhood – your home. I believe it makes sense for all of us to try this perspective – which we are responsible for what happens in our world – beyond walking the dog and making sure that our socks are clean. The new year is a great time to think about starting something new – maybe you've thought about taking a class or building a raised bed for a vegetable garden. How about trying to improve our neighborhood, city, country or planet – to bring an idea you have to fruition? I've been involved in neighborhood and urban councils for years and it amazes me to see how most projects just need one person's committed effort to succeed.

There are many places to plug in – the Learning Garden at Beaumont MS, the public art on Fremont discussion, our Feb. 17th Friends of Trees tree planting. What do you dream of? Film nights, book clubs, Flexcar on Fremont or attracting a certain business to our business district? You have permission to start thinking about our community and I think you'll find it's a pretty interesting practice. One way this played out for me recently, was that I participated in a web survey of local restaurants. Just about every answer was a business on Fremont – I love walking to a nearby place and we have some great places to choose from. Something about that little action alerted me to how my thinking has recently changed about our community. I think it makes sense to be pleased with how cozy our corner of the planet is and it's also a good idea for each of us to take a wider view. "Be the Change you envision" – Gandhi

Happy New Year and I'll see you in the hood!

Albert Kaufman
President@bwna.org
BWNA

PS – join our e-list at bwna.org to join the conversation:
http://bwna.org/mailman/listinfo/bwna





NEW ON BW WEBSITE
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Helen Koba & M. Caoile 503-288-2568
BWNA residents may submit articles (limit 350 words). Articles are subject to editing. Send articles and ads to:
mc-hk@comcast.net or
BW Editor, 4025 NE Shaver St.
Portland OR 97212

Ad Rates: Business card size (3½ x 2 inches), $35 per issue or $180 for six issues. 503-288-2568, mc-hk@comcast.net

Please send other correspondence to Albert Kaufman, president@bwna.org

BWNA is part of Central Northeast Neighbors. 4415 NE 87th Ave. 503-823-3156.
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The Blue Moose Café

By Eecole Copen

STOP OUTSIDE the door of the Blue Moose Café and you almost want to knock. Once inside it has a slight resemblance to arriving at your grandmother's house, the aroma is as good, if not better. The décor is simple but comfortable with lots of posters that grandma may not have hung on her walls like 'Don't worry, yams can't be force fed to other yams.' This is just one of the many hilarious vintage-looking cartoon posters.

Don't be fooled by the name. Moose are vegetarians and so are all the items on the menu. Sheila Gilronan, owner and chef



Sheila Gilronan, owner of Blue Moose

extraordinaire, says she's an animal lover and named the restaurant after one of her favorite children's books. Sheila makes vegetarianism scrumptiously delightful. She greets you with a smile and samples of the two soups du jour, both very tasty so it's a challenge to choose.

Kick off your meal with strawberry lemonade or with an organic Dagoba hot chocolate. Travel around the world with items on the menu such as the Shanghai Substantial Salad with spicy slaw mix, broccoli and cashews, or one of Ireland's favorites, the Colcannon – mashed potato/kale/rosemary which will melt in your mouth with its garlicky goodness. There's no shortage of choices here, the black eyed pea soup is yummy too.

Sheila makes you feel at home and part of the neighborhood. She often finds a moment to serve your entree, even though she's busy as heck cooking away in the back. She will remember your name and get to know you over time. So be sure to try the Blue Moose more than once. The motif never fails to entertain and the flavorful dishes never cease to enchant your taste buds! The Blue Moose, 4936 NE Fremont St, 503-548-4475 Hours: Sat. & Sun: 9-8, M-F 7-8, Wi-Fi.

Blue Moose Cafe video at:
http://www.bwna.org/videos.html

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Fremont Coffee House

continued from page 1

Annie's Donuts. "We are making major changes to the menu," says Sunny, "including sandwiches during the day, after-dinner desserts, and serving beer and wine during evening hours."

Sunny and Brian have a strong commitment to supporting local business, and they "taste test" everything to enable them to provide the very best at reasonable prices.

Fremont Coffee, located at 4727 NE Fremont, is open seven days a week: Sunday, 7 am-4 pm; Monday-Thursday, 7 am-8 pm; and Friday & Saturday, 7 am-10 pm. To receive the latest schedule of events, call 503.287.5456.

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BW Board awards NET

By Liz Johnston



Beaumont NET team members at the picnic

Beaumont Wilshire Neighborhood Emergency Team (BW NET) leader Liz Johnston and members Chris Boeh and Erika Wolfe Burr presented a proposal to the Beaumont Wilshire Neighborhood Association Board in December for moneys to supplement their training, and received a $483 grant.

BW NET has made its presence known in BWNA through regular newsletter articles on safety and information about upcoming trainings. BW NET members have monthly meetings, attend the annual neighborhood picnic, and this year began a tradition of hosting an information table at Fremont Fest. BW NET members train with Fire Station 14 on NE Killingsworth to brush up on emergency preparedness skills. BW NET has been recognized by the Portland Office of Emergency Management for its outstanding contributions, as well as individual member awards to Ms. Johnston as Team Leader and Ms. Burr as contributor from the POEM Speakers Bureau.

The grant from BWNA will go towards supplies and refreshments for an emergency preparedness talk in the spring; a weather-resistant BW NET banner; traffic cones; pop-up canopies; tarps (for patient carries and protection) and a hand truck. BW NET will do an exercise in Wilshire Park during inclement weather with these supplies and use the hand truck to transport some supplies the BW NET received from the Chevron Corporation for its advanced NET experience.



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Community service offered by Beaumont students



Beaumont Middle School student at work

By Jude Cornwell

MIDDLE SCHOOL KIDS are at the in-between point-- still children, yet developing into young men and women headed off to high school.

It's a time for them to be aware of the importance of community service in their neighborhood, and they want neighbors to know they're good kids with good hearts!

The Beaumont Middle School 8th graders are offering to develop a list of needs in the BW neighborhood: needs of the elderly, such as cleaning up yard debris, general help for home owners such as painting a fence or assisting local small businesses with tasks such as washing windows or folding flyers.

We invite your requests! You've heard of "Craig's List"? Well, we've got the "Bobcat List"--and you can be on it! (The Bobcat is the BMS mascot)

These tasks will be offered during school hours, within walking distance of the school, supervised by parent and teacher helpers. Requests for service need to be coordinated with them through Beaumont Middle School and condoned by standards set by Portland Public Schools. This service will take place from January through spring 2007. Help these kids help our community!

To request community service help from our 8th grade team, please contact:

Jude Cornwell,
503-285-1875/
judeemoonbeam@aracnet.com

Nancy Kriet,
503-288-7730/
krietpratt@earthlink.net

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Making a Case for a Place

By Ankist Zadeyan

'THIS NEIGHBORHOOD is mine; this neighborhood is yours'. But what is it exactly? Our homes, our businesses, our parks...yes! But there's more! It's the nooks and crannies that we don't see or notice that offer the most untapped potential. With the help of the City Repair Project, I propose that we seize the opportunity to improve our neighborhood.

The City Repair Project is group of local citizens creating public gathering places and helping others to creatively transform the places where they live. There are two specific BW locations that I believe we can transform for the benefit of many:

Beaumont Middle School Learning Garden – Creating a small, sustainable garden on school grounds for student education outside of the classroom has garnered great support thus far. It would require the support of the school, its PTA, the neighborhood association, the business association and of course local residents to maintain the garden during the summer.

And though the Garden would be the focus of this project, some other 'Placemaking' features could be "cobb" style benches for walkers, public art and sculpture from our artist population and tables to host community meals perhaps savoring the wonders from the new garden.

Picnic Shelter at Wilshire Park – Imagine nurturing and energizing the shelter that commands such a prominent position in Wilshire Park.

Underused and consequently lonely, we could give it some mural art, nature-scaping, water harvesting capability, solar-powered lighting, a re-stained floor, cobb benches and climbing structures for the "little ones" (the kids play area is adjacent), apply some sheer shades or awnings, so that residents could use it for discussion groups, playgroups, warm-season yoga and movement classes or as the rainy season shelter it was intended!

Caring for this structure and transforming it into a location where all could congregate and enjoy its hospitality is the essence of Placemaking and community-building and, I believe, provides untold benefits to the richness of our lives.

Join us in making these visions a reality. You can participate in a number of ways – even words of encouragement build a momentum that can propel us forward. Come to the next BWNA meeting or contact me at ankistz@comcast.net

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A Beaumont Wilshire house being "DeConstructed"

The ReBuilding Center

By Jennifer Jako

THE REBUILDING CENTER located at 3626 N Mississippi (one block north of Fremont) is a building materials thrift store which accepts and carries Portland's largest variety and volume of used building and remodeling materials. Everything from wood-framed windows, to support beams, to chandeliers are accepted as donations, if in reusable condition. We even come by to pick stuff up. "When upgrading - taking out cabinets, for example - people don't realize that there is a lot of life left in these materials," said developer and Beaumont Wilshire resident Tim Ray, who donated excess materials to The ReBuilding Center when building the Fremont Commons.

Materials are sold to the public at 50 to 90 percent off retail value. Grants of building materials are available to projects that enhance the local community. The ReBuilding Center also offers DeConstruction Services, a sustainable alternative to demolition, and ReFind Furniture, which makes functional furnishings from castoff building materials and milled salvaged lumber. The ReBuilding Center keeps 5 tons of reusable materials out of the landfill every day; it is anticipated that within three years this will increase to 10 tons per day. Now in its eighth year, The ReBuilding Center was initially operated by four dedicated volunteers. Today, it employs 50 people who earn a living wage with full benefits. For more information on The ReBuilding Center, a non-profit program of Our United Villages, please visit the web site: www.rebuildingcenter.org or call 503-517-0761. (Hear more about the center at the Feb 12 general meeting. See p. 1)

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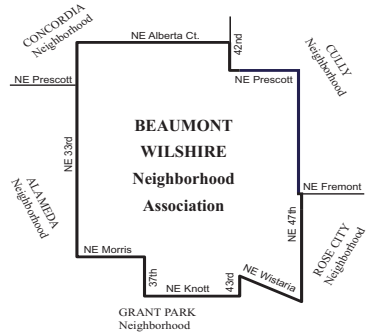
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All residents, property owners, government agencies, business licensees, and non-profit organizations located within the boundaries of the Beaumont-Wilshire Neighborhood Association may consider themselves members of BWNA. Membership is free. Members are welcome to attend any BWNA business meeting.

Beaumont Art Shows



"Paloose Field #1" Barry Frankel

Barry Frankel photos

"Images from the Paloose"
at Fremont Coffee House
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