Beaumont Wilshire

Beaumont Wilshire Neighborhood Association | http://bwna.org | December 2006/January 2007

Business Focus

Blue Olive



Brad Bouchard

Brothers Homayoon and Fazard Larki of Blue Olive

By Alexis Bouchard

NESTLED IN THE HEART of Beaumont Village lies a Mediterranean gem. Brothers Homayoon and Fazard Larki's Blue Olive provides a warm atmosphere, reasonably priced wine and deliciously prepared Greek cuisine. The Larki brothers originate from Persia, however Fazard, who runs the kitchen alongside his mother, has worked and lived in Germany, Canada and the US. Homayoon, who has called Portland his home since the 1970's, mans the bar and the front of the house, however it is not uncommon to be doted upon by both charming brothers. The restaurant offers a full and separate bar, a dining room and a beautiful and spacious garden in the back.

The menu consists of both warm and cold appetizers such as Baba Ghanouj, red pepper hummus, Garlic Prawns and Calamari averaging $6 apiece. Entrees consist of Grilled Lamb kabobs, Chicken Souvlaki, Mousaka and Dolmathes each costing around $15. Most of these dinners are served with roasted potatoes, rice, a

See Blue Olive page 7

Business Focus

Ristretto Roasters
What's in a name? What's in a bean?



Din attends to his roaster

By Rita Catapano

A LOT, I LEARNED when talking recently to Ristretto Roasters owner Din Johnson. For instance, did you know that "ristretto" in Italian means the first burst of espresso, or the intense essence of the bean's flavor? Roasting coffee beans combines listening to the "crack" of the beans as they roast, as well as a sense of the visual, or look of the bean. These are skills Johnson employs when hand crafting coffee on the premises of his business located at 3520 N.E. 42nd Avenue.

Din Johnson has long had an interest-turned-passion in fine coffee. In fact, he started roasting beans on a small scale while working in Los Angeles in his contracting business. As his passion grew, Din began taking roasting workshops offered in the Bay Area. His disenchantment with Los Angeles and the contracting business joined forces

See Ristretto Roasters page 7

Holiday potluck get-together

Monday, Dec 11th, 7:30 pm
Beaumont Middle School
NE 42nd & Fremont

COME JOIN US and meet some neighbors on December 11th for the year-end holiday potluck get-together! Bring some deserts. Drinks and music will be provided. Besides the social stuff and reports from BWNA officers, you shall hear from three speakers, not necessarily in this order:

Sandra Lefrancois of Central NE Neighbors (CNN) Coalition will present CNN programs; update on community involvement activities and objectives.

Yveline Wilnau, coordinator of the Village Building Convergence (VBC) will answer general questions about the steps required in hosting a community project site for the upcoming VBC in May 2007. There will be Placemaking Guidebooks on hand for sale as well, a resource and "how to" manual.

Jackie Dingfelder, State Representative of House District 45, most likely will update us on what was accomplished at the last legislative session and what her hopes are for the upcoming one. Beaumont Wilshire is one of many neighborhoods she represents. Bring your questions or concerns. *See ya!*

Calendar

Monday, Dec 11, 2006, 7:30 pm
BWNA General meeting (potluck)
Beaumont Middle School, NE 42nd & Fremont

Friday, Jan 5, 2007
Deadline for articles and ads for Feb/March 2007 BW Newsletter

Monday, Jan 8, 2007, 7:30 pm
BWNA Board meeting
Bethany Lutheran, NE 37th & Skidmore

Monday, Feb 12, 2007, 7:30 pm
BWNA General meeting
Beaumont Middle School, NE 42nd & Fremont

Happy holidays!



WINDS OF CHANGE. A decisive victory. Even the newscasters are speaking in a different tone – they sound peaceful instead of rabid these first few days after Election Day 2006. The US Senate and House. The Oregon House/Senate/Governorship – all in Democrat hands for the first time in many years. Some say it's a referendum on our President and Iraq. Others say it's a reaction to corruption and incompetence in politics. However you view the Democrats' landslide victory nation-wide on Election Day, one thing is for sure, our lives will be forever changed because of these results.

Locally, schools and education stand to gain both through the funding measures that passed as well as the Governor's strong pro-schools agenda. Our libraries (another piece of the education pie) will be reinforced and our region will acquire thousands of acres of open space and parkland for Portlanders and future generations to enjoy. I believe we've made great decisions in these areas – they're ones that consider the long-term results we seek – a well-educated community that has natural places to roam in, fresh air and water, protecting salmon habitat – heck, we're starting to sound a lot like Europe! Next thing you know we'll triple the size of Max, provide free street trees to anyone who wants them and teach comprehensive, medically accurate sex education to every student in Oregon.

Meanwhile, the leaves turn here in Beaumont Wilshire, holiday lights go up and the rains continue to pound down day after day. New businesses open on Fremont and kids go to school. It's a pleasure living in such a calm and beautiful place and I am pleased when I contemplate some of the positive changes our neighborhood association is working on – funding our emergency preparedness team; "City Repair"-style intersection repairs; contemplating public art on Fremont Street and more. Building a strong community creates a counter-balance to the chaos of the world and gives us strength to think bigger and take even bolder steps to make the world a better place.

Albert Kaufman
President, BWNA

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Newsletter Distribution
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Newsletter Editors
Helen Koba & M. Caoile 503-288-2568
BWNA residents may submit articles (limit 350 words). Articles are subject to editing. Send articles and ads to:
mc-hk@comcast.net or
BW Editor, 4025 NE Shaver St.
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Ad Rates: Business card size (3½ x 2 inches), $35 per issue or $180 for six issues. 503-288-2568, mc-hk@comcast.net

Please send other correspondence to Albert Kaufman, president@bwna.org

BWNA is part of Central Northeast Neighbors. 4415 NE 87th Ave. 503-823-3156.
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Local artists show at Quirks of Art

By Pauline Dugas Tait & Suzie Spaggiari



Some of the Beaumont artists showing at Quirks of Art in December

Beaumont Wilshire artists will be exhibiting work December 1–30 at Quirks of Art, 3602 NE 40th Ave (south of Sandy Blvd next to the A-Boy parking lot). *Artist Reception* on two days, **Saturday Dec. 9, 4–7PM** will be a wine tasting and **Sunday Dec 10, 1-4PM** will be a cheese tasting.

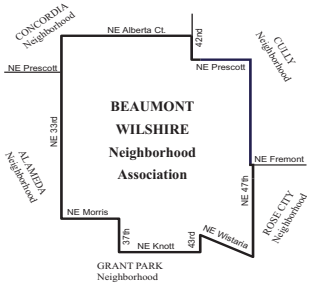
The featured artists include Cathy Brown, Keith Buckley, Mario Caoile, Rita Catapano, Barry Frankel, Adrienne Fritz, Brita Mae Gould, Nancy Larson, Jude Moonbeam, Carol Sands, Suzie Spaggiari and Pauline Dugas Tait. For more information go to:

http://www.bwna.org/artspace/news.html

Call for artists

Artists who live or work in the Beaumont Wilshire area are invited to join Beaumont Artspace, http://www.bwna.org/artspace/ an online gallery sponsored by the Beaumont Wilshire Neighborhood Association (BWNA). There is no cost to artists to participate. For info on submitting work go to http://www.bwna.org/artspace/submit.html

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Resale Row

By Pauline Dugas Tait



Full Circle
4110 NE Fremont



Lonnie of **Saavy**
4120 NE Fremont



My Girlfriend's Closet
4443 NE Fremont

FOR THOSE SKILLED at the fine art of thrift shopping and treasure-hunting, NE Fremont–between 41st & 48th–is resale nirvana. Looking for that special something–one of these shops along 'resale row' is sure to have what you want.

Starting at the west end at 4110 NE Fremont is **Full Circle** owned by Gazelle's Robin Ady and managed by Patti Smith, formerly of the Patti Smith Shop in Royal Oak, Michigan. You will find quality clothing, both current and vintage, curios, jewelry and accessories.

Two doors down at 4120 NE Fremont is the recently opened **Saavy-Urban Vintage**: a fine collection of assorted antiquities, furniture, clothing & jewelry. Owners Lonnie Henry & Nicole Carlon have created a warm & welcoming place with an eye for the eclectic.

A couple blocks down at 4419 Fremont is **flea**–treasures & junk. From crystal chandeliers to mid-century modern furniture, this two year-old local haunt opened by Astrid Guldenmann and Jim Van Eaton, is never the same place twice. If you see it, like it and want it, you better buy it. Don't "sleep on it" too long, it will be gone!

At 4443 NE Fremont the long-time women's resale shop formerly known as Bonnie's has been reincarnated into **My Girlfriend's Closet**. Owned by sisters

See Resale Row page 5

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flea
4419 NE Fremont

Resale Row

continued from page 4



Vestiges & the King's Ransom
4743 NE Fremont

Kimberly Makris & Bunny Scalf, this upscale resale shop specializes in classic clothing with all the accessories to match: shoes, purses, jewelry and hats; a rack of vintage too, for those who love the timeless styles of gone by eras.

A trip down resale row ends at **Vestiges and the King's Ransom** with "something old and something new". An antique mall with 30 dealers on two floors at 4743 NE Fremont, Vestiges has been owned & operated by Pam Stadick since 2000.

If you need a break, easy to do at one of many eateries along the route. From brew pub to bento to gelato, there's a cuisine for every taste and budget. Just another reason to love our neighborhood, not that we need one!

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Ice storm... ready?

By Shelly Davidson
NET Member



ICE STORMS ARE COMMON in Portland and can cause prolonged power outages, disrupted telephone service, automobile accidents, and the closure of schools, stores, and businesses across the city. Here are some tips to prepare for our next ice storm.

• Assemble a 72-hour Disaster Supplies Kit (see below).

• Insulate exposed water pipes with a "pipe sleeve" or install UL-listed "heat tape," "heat cable," or similar materials. Even a few layers of old newspaper can prevent frozen pipes.

• Drain water from swimming pool and sprinkler supply lines following manufacturer's directions. Do not put antifreeze in these lines unless directed.

• Remove, drain, and store outdoor water hoses. Close inside valves supplying outdoor hose bibs. Keep the outside valve open so that any water remaining in the pipe can expand without causing the pipe to break.

• Conserve fuel by keeping your house cooler than usual (but no lower than 55°F) and by temporarily closing off heat to some rooms.

• Layer your clothing; multiple layers of thin clothing are warmer than single layers of thick clothing.

• Create temporary traction on outdoor walkways by sprinkling non-clumping kitty litter. Rock salt will melt ice on walkways but can also damage vegetation and concrete.

The Red Cross recommends keeping enough supplies in your home to meet your needs for at least three days. A typical 72-hour kit includes:

• One gallon of water per person per day and food that won't spoil or require much cooking.

• A change of clothing and footwear plus one blanket or sleeping bag per person.

• A first aid kit that includes your family's prescription medications.

• Emergency tools such as a battery-powered radio, flashlight, and extra batteries.

• An extra set of car keys and a credit card, cash, or traveler's checks.

• Sanitation supplies.

• Special items for infant, elderly or disabled family members.

• An extra pair of glasses.

Store these supplies in sturdy, easy-to-carry containers such as backpacks, duffle bags or covered trash containers.

For more disaster preparedness tips, visit www.RedCross.org or www.FEMA.gov.

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Ristretto Roasters

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Rachel, barista @ Ristretto

with family matters to draw Johnson and his wife to Portland, where Johnson was born and raised.

Back home in Portland with the decision to launch his coffee enterprise, Johnson decided to locate in northeast Portland. Ristretto Roasters & Cafe opened for business in September 2005. Ristretto is a traditional espresso bar and cafe. Espresso drinks, pastries and freshly roasted beans are available. All beans are medium roasted to ensure maximum flavor. Because the flavor is in the oil, when beans are over-roasted, the flavor is obliterated. Johnson buys beans from growers throughout the world trying to work through local families with ties to coffee growers.

Business has grown steadily by word of mouth. This past summer, the business expanded by setting up shop at the Hollywood Farmers Market and supplying beans to several local establishments including Siam Society and Stacatto Gelato. Johnson is currently expanding his wholesale business as well and for certain would like to have a second roasting facility. >>

Blue Olive

continued from page 1

Greek salad, and the fabulous Tzatziki sauce. The menu also offers several lavish platter options. We shared the Greek platter, and for $35 received a feast fit for a king. Fazard's wife, Shiva is the pastry chef and we had her lemon flavored custard baked in filo, a pleasant ending indeed. They also offer chocolate baklava and crème caramel. So, whether you are looking for exceptional Greek food or just a really great meal in friendly family run business head to the Larki brothers Blue Olive. Lunch is served Monday thru Friday from 11 AM to 2:30 PM and dinner is Monday thru Saturday from 5 PM until 10 PM. Blue Olive is located at 4627 NE Freemont. The phone number is (503) 528-2822. This month marks their one year anniversary.

For now, however, he is pretty satisfied with how things are going.

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CASH needs volunteers

By Kris Broughton

CASH (Creating Assets, Savings, and Hope) is a community partnership of government and non-profit agencies dedicated to connecting low-income families with the tax benefits they deserve. CASH is currently seeking volunteer tax preparers for the up-coming tax season. Anyone can volunteer; no experience is necessary, but computer skills are a plus. Volunteer tax preparers will receive free training on state and federal tax returns, as well as instruction on filing returns electronically. CASH is also seeking greeters, interpreters, and childcare attendants. Openings are available in Tax-Aide sites throughout the tri-county area. Training for the tax season starts soon! To sign up or obtain additional information, please call Kris Broughton at (503)-288-5528, or e-mail her at:

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Christmas at Bethany



BETHANY LUTHERAN Church will offer three Christmas services this year: a Danish language service on **Saturday December 23rd at 7:30PM** and on **December 24th, a 10:00AM Sunday** morning service and a **7:00PM Candlelight service.** Visitors are welcome! Bethany is located at NE 37th and Skidmore. For more information, call the church office at 503-284-3836.



Next NET training

JANUARY 2007 NET TRAINING for Neighborhood Emergency Team (NET). Registration information, please call 503-823-1260. You can learn more about this free city-sponsored training by visiting:

www.portlandonline.com/oem

and clicking on "Neighborhood Emergency Teams" at the bottom of the page.

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