Beaumont Wilshire

Beaumont Wilshire Neighborhood Association www.bwna.org August/September 2005

# Siskiyou Green Street, check it out!

By Linda Dobson



Curb extension at NE Siskiyou and 35th Place

THE BEAUMONT Wilshire neighborhood has Portland's first green street, and now they have a plaque to prove it. The City presented the plaque at the June 13 general membership meeting to commemorate the first Green Street curb extension project in the City of Portland. The plaque has photos of the green street in each season. The winter scene even has snow. The Bureau of Environmental Services also passed out postcards at the meeting with photos of the green street in different seasons.

You can find the project near the corner of NE Siskiyou and 35th Place. The City built it in 2003 to evaluate and promote ways to manage stormwater runoff using natural systems.

All of the stormwater runoff from Siskiyou Street used to flow to the combined sewer system, where it contributed to combined sewer overflows (CSOs) to the Willamette River. Now stormwater flows through the landscaped curb extension where native and

See **Siskiyou Green Street** page 4

Business Focus: Furniture Craft

# Twenty-three years of furniture crafting

By John Carson



Walt Heck and newly designed dining set

WALT HECK, A SKILLED craftsman, has been building custom furniture specializing in 'Arts and Crafts' styled furnishings at his present location at 4507 NE Fremont, since 1983. He first began working with furniture at the age of twelve under the guidance of his father. He then went on to work for several other furniture shops before deciding to open his own business on Fremont St. where he became one of a handful of furniture makers who helped bring about a renewed interest in the 'Arts and Crafts' style of furniture in the Portland area.

This style of furniture, also referred to as the 'Craftsman' or 'Mission' style, was first produced in the New York and New Jersey area by the Stickley brothers in the early 1900's and soon spread to the western and Midwestern United States.

See **Walt Heck** page 6

## Picnic at Wilshire Park

Tuesday, August 2nd, 6:30pm

The Beaumont Wilshire Neighborhood Association invites you to the annual BW picnic in celebration of National Night Out. Everyone is invited to this biggest neighborhood event of the year.

Bring a salad, side dish or dessert to share. Local businesses and the association will provide hamburgers, hot dogs, drinks, plates and utensils. There will be door prizes and surprises. Please mark your dishes on the bottom so they can be returned to you if they get left behind. Don't miss this neighborhood get-together on **Tuesday Aug. 2 from 6:30 to 8:30pm at Wilshire Park.**

## Fremont Fest

Saturday, August 6th, all day

The **parade starts at 10:00** at Beaumont Middle School. All children are welcome to participate—prizes for best-decorated bike, tricycle or wagon. Enjoy the horse drawn wagon rides—all day up and down Fremont. Listen to live music at the three stages. Auction items for a silent auction will be on display at stage areas. Foot Traffic & Albina Bank are co-sponsoring a used shoe drive to benefit the Nightwatch Homeless Shelter. There will be food, art, give-aways and fun for everyone. Don't miss it!

## Calendar

**Tuesday, August 2, 6:30–8:30pm**
National Night Out PICNIC
Wilshire Park

**Saturday, August 6, all day**
FREMONT FEST
Along NE Fremont

**Friday, Sept 9**
Deadline for articles and ads for
Oct/Nov 2005 BW Newsletter

**Monday, Sept 12, 7:30pm**
BWNA Board meeting
Bethany Lutheran, NE 37th & Skidmore

BWNA President's Message

# See you at the annual picnic

By Heidi Blischke



SUMMER IS IN FULL swing. Although one wouldn't know it from the rainy weather, I can tell because of carting my son between summer camps some of which are half day and squeezing work in between the time spent shuttling. There are lots of opportunities for our children in the summer many of which are in Beaumont-Wilshire such as sport camps in Wilshire park and summer camps at the neighborhood churches.

Join us for the Neighbor's Night Out picnic in Wilshire Park on Tuesday, August 2 from 6:30 until 8:30 PM. We'll have a fire truck, local police, raffle give-aways, and free hot dogs, hamburgers, garden burgers, and beverages. Bring a side dish or dessert. It's always loads of fun. At our last general meeting, we heard proposals for the $1,000 we have decided to put to use in the neighborhood. We'll be announcing the winner or winners of the $1,000 for a neighborhood project at the Neighbor's Night Out picnic. Thanks to those who volunteered to help organize the picnic. For those who can make it a bit early or stay a bit late, help will also be appreciated with the set-up and tear down for the picnic.

## To the Editor:

Fremont traffic is growing day by day and it's getting harder to cross the street. I'd like to suggest the City install crosswalks every other block - some with blinking lights to alert cars to slow down. This may help to calm traffic some and make it possible for local residents to reach all of those great bakeries, coffee houses, yoga studios and other businesses we want to enjoy and support.

For a more pedestrian-friendly experience,

Albert Kaufman
NE 44th Ave./ May 23, 2003

## Traffic and Land Use Concerns

Transportation and Land Use Committee meets every 3rd Monday of each month, 7:30pm at Fremont Coffee (formerly Java Man), 4727 NE Fremont. Open to all Beaumont Wilshire residents and business owners.

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**Website** (www.bwna.org)
Mario Caoile & Helen Koba 288-2568, Rob Vaughn 287-2375

**Newsletter Distribution**
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**Newsletter Editors**
Helen Koba & Mario Caoile 288-2568
BWNA residents may submit articles (limit 350 words). Articles are subject to editing. Send articles and ads to: mc-hk@comcast.net or
BW Editor, 4025 NE Shaver St.
Portland OR 97212

**Ad Rates**: Business card size (3½ x 2 inches), $35 per issue or $180 for six issues. 503-288-2568, mc-hk@comcast.net

Please send other correspondence to Heidi Blischke, 3411 NE Alameda, Portland 97212, or trekkers@aracnet.com

BWNA is part of Central Northeast Neighbors. 4415 NE 87th Ave. 823-3156.
Email: cnn123@teleport.com.
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# 'Re-boot' yourself

BY HELEN KOBA



Dr. Ananda Kramer, homeopathic physician

IN THIS AGE OF computers, most of us know that when our computer is acting sluggish and out of sorts, sometimes the only remedy is to 're-boot'. Similarly, Dr Ananda Kramer ND, believes that homeopathic medicines can 're-boot' our bodies when we are not functioning up to speed. A graduate of the College of Naturopathic Medicine in Portland, Dr. Ananda has practiced homeopathy for the last 15 years and considers herself a Homeopathic Physician.

Homeopathy is a medical system based on the premise that the human body is a self-healing entity always attempting to restore its balance. Uniquely prepared natural substances are used as medicines to assist the body in healing itself. Homeopathy has been used in Dr. Ananda's family for three generations: by her grandmother, her mother and now herself. As a healing art, homeopathy has been around since the 1700's. It reached its peak of popularity in the United States prior to World War II and before the discovery of penicillin and antibiotics when it successfully cured people during infectious disease epidemics.

Dr. Ananda's interest and study of homeopathy intensified as she raised her own children and sought cures for many common childhood ailments without use of drugs. She felt empowered as a mother when she was able to use safe homeopathic medicines on her children. In recent years, the popularity of homeopathy is returning as young mothers and young grandmothers are seeking alternatives to mainstream medical and drug therapies. According to Dr. Ananda, it is never too early or too late to start.

At her office located at 3420 NE 41 Ave. (near Fremont), she treats both children and adults. Beginning in September 2005, she will be offering a monthly study group open to all. This is a great opportunity for people to learn more about homeopathy, self-care, and first aid. Check her website http://www.doctorananda.com/ for details and starting date. You may contact her at 503-241-4118 for information about homeopathy and the other services she offers.

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On May 14th, Beaumont neighbors were treated to live music by the Swizzle Chicks, a vibrant jazz trio and children's entertainment by Noodles the Clown – all as a part of the 25th anniversary celebration of The Arrangement, a shop owned by Sue Mautz at 4210 NE Fremont that features gifts for life's special occasions.

*—Kady Dundas*

## Siskiyou Green Street

Continued from page 1

ornamental plants filter pollutants, slow the flow, and let water soak into the ground.

Projects like the Siskiyou Green Street show how the City can redesign residential streets to manage stormwater effectively, stop sewer backups into basements, and reduce CSOs. Green streets also make attractive additions to neighborhoods.

Green streets are planted with low-growing vegetation adaptable to a variety of conditions. Typically they need a low level of maintenance, including removing debris, weeding, watering and replacing plants. The City is responsible for maintenance but welcomes neighborhood help with weeding or watering, especially during hot weather.

The Siskiyou green street cost about $20,000, which is more cost effective than digging up streets and installing larger sewer pipes. Green street construction is also less intrusive and takes less time. Other benefits such as cooling and filtering the air and water, creating habitat and enhancing property values make this a winning project.



Green Street plaque at NE Siskiyou and 35th Place

**Questions?**

For information about Green Street projects, contact Emily Hauth at 503-823-7378 or email emilyh@bes.ci.portland.or.us.

### CORRECTION
**Beaumont Health Care Clinic**

In the last issue, the correct phone number for the four practitioners at the Beaumont Health Care Clinic: Lori von der Heydt, ND, Michelle Newell L.Ac., Andrine de la Rocha, LMT and Carla Welker, LCSW should have been:
**503-249-7752**

*—BW editor*


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# A-Hoy, Matey — Who's my Block Captain?

By Liz Johnston




Portland has a long history of community involvement in neighborhood based crime prevention. One of the best ways to decrease crime in a community is for neighbors to be connected and communicate with each other. Neighbors need to know who and what activities belong in their neighborhood, what is unusual, and how to document and report suspicious activity. Criminals are less likely to go into an area if the community appears to be organized and united. Getting people to be watchful and involved not only reduces crime, but also increases the pride in making their neighborhood a safe and healthy place to live.

The *Neighborhood Watch* program increases security on neighborhood blocks by involving as many households as possible in a united crime prevention effort. This program teaches citizens:

- To be familiar with neighbors and activities
- To recognize and report suspicious activity
- To communicate with neighbors on a regular basis using block maps and telephone trees in order to increase home security.

Neighbors interested in organizing a *Neighborhood* or *Apartment Watch* should contact Beaumont Wilshire's local Crime Prevention Coordinator, Preston Wong, 503-823-2781, Pwong@ci.portland.or.us. You can read about establishing your Neighborhood Watch by visiting http://www.portlandonline.com and put in a search for "neighborhood watch."

In a business district or a large office building where topics such as shoplifting and robbery prevention, dealing with difficult people, workplace violence prevention and money handling security may be a concern, a Business Watch may be needed. Business Watch participants often develop a communication system through a fax or e-mail network to share information about potential problems and keep in touch with other local businesses.

Businesses interested in organizing a Business Watch in Beaumont-Wilshire, should contact **Preston Wong, 503-823-2781, Pwong@ci.portland.or.us**

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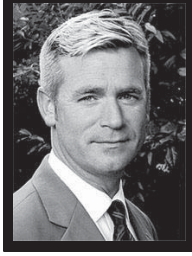
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## Walt Heck

Continued from page 1



Walt in front room of his shop

Arts and Crafts furniture is distinctive in its design and is not easily confused with other furniture styles. It emphasizes clean lines and functionality, achieving its appeal through simplicity and durability. It came about in creative response to the over-ornamentation of Victorian furniture and architecture. Walt employs many of the traditional methods of construction and design elements used at the turn of the century. Northeast Portland with its many bungalow styled homes is a natural location for Walt's talents. His work ranges from commercial fixtures, to residential furnishings and 'period built-ins', to a small line of mirror and art frames.

Walt believes in keeping skilled craftsmanship alive in the form of small, local businesses and sees his work as a reflection of his commitment to the greater community. By remaining small and staying local, he is able to keep a focus on quality, one-of-a-kind pieces from the traditional to the contemporary giving much attention to hand worked detail. He works closely with his clients and always tries to implement their ideas.

If you have ever visited Skamania Lodge in the Columbia Gorge, you have probably sat on one of his chairs or at one of his tables. Walt is busy building heirlooms daily. Visit Walt at his shop, Furniture Craft, 4507 NE Fremont, check out his website www.waltheck.com or call him at 503-287-5685.

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# Keep your landscaping safe

By Richard Haney
Portland Fire and Rescue



To minimize the threat of a wildfire near your home or yard, follow these tips:

- Water plants near the house to keep fuel moisture levels high.
- Rake ground covers such as bark dust, wood chips, compost and tree litter away from combustible structures of your home (decks, siding)
- Remove nuisance plants from around homes and yard; they are highly combustible and can serve as "ladder" fuels. This includes non-native hawthorn, Himalayan blackberry, scotch broom, English holly and English ivy. A full list of the nuisance plants that can be removed without a permit can be found on the Bureau of Planning Website, (http://www.planning.ci.portland.or.us)
- Keep landscape plants free of deadwood and litter. Remove plants that are diseased or infested.
- Dispose of trimmings away from structures in a composting bin, or place them in curbside recycling containers. Do not dump light materials and lawn trimmings back into natural areas. They can be an eyesore and add to the fuel load of an approaching wildfire.
- Refuel and use garden equipment carefully. Never refill a gas tank in grassy or high vegetation areas.
- If you don't water your lawn through the summer season, or if seasonal water shortages call for temporary end to irrigation, let your lawn go dormant (turn from green to light brown) and then cut your grass as low to the ground as possible.

*Provided by the City of Portland Wildfire Mitigation Committee. The committee has multi-bureau membership and can be contacted through the Portland Office of Emergency Management (POEM) or Portland Fire and Rescue, 503-823-4000.*


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## Help Spread Beaumont News!




The BWNA is looking for volunteers to help distribute the newsletter. This is a great way to meet your neighbors and get some exercise. The newsletter comes out 6 times a year. You will hand deliver newsletters to homes and businesses in a specific route, which only takes 1-2 hours every other month. If you are interested please contact Jennifer Francis at 503-459-8114 or jfrancis8@email.com.

If you are an existing volunteer please contact Jennifer Francis if you need to make any changes or will be on vacation. Thank you for your help and for ensuring the newsletter is distributed on time.

*—Jennifer Francis*

## Book Sale

Saturday August 27, 2005 1-4 pm

Wilshire United Methodist Church
3917 NE Shaver St.

Books, cards, puzzles; signed books by Craig Lesley and Readings by authors Ed Edmo and Bette Husted

Proceeds benefit mission projects

## Wistaria Neighbors Unite

By Judy Rice



Wistaria Traffic Island volunteers

Neighbors in the vicinity of the traffic island at NE Wistaria Drive and NE 41st have united to replant and maintain the island. Plans have been submitted to the city for approval. The proposed plants are drought tolerant and require low maintenance. The overall effect will provide color and structure year round. Upon city approval, a date will be set for neighbors to remove the debris and prepare the island for planting. Volunteers are needed to help. An account has been opened at the Hollywood Branch of WAMU for fund raising. Checks can be made to 'Wistaria Traffic Island' and mailed to 4114 NE Wistaria Dr., Portland, OR 97212 or call Judy Rice at 503-281-3792.

## Authentic Polynesian Luau

Saturday, August 6th, 6 – 9pm

St. Charles Church 5310 NE 42nd Ave.

Enjoy a Polynesian evening with Island music and dance.

Luau menu includes Kal'ua roasted pig, Teriyaki Chicken, Chop Suey, Tropical Fruit and more. Adults $20, Children 5-12 $10. Last year was a sell-out so get your tickets early at the Parish Office 503-281-6461. Don't miss being transported to the Islands right here in NE Portland!

## Antique Appraisal

Saturday Sept. 17, 2005

Appraisal by Terra Goodman
Wilshire United Methodist Church
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