



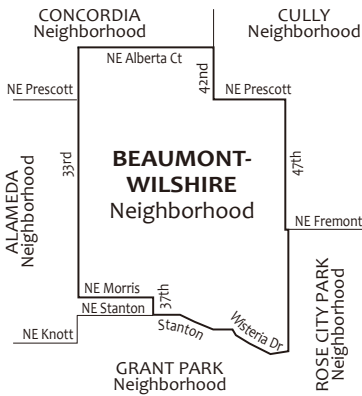
Beaumont-Wilshire Neighborhood Association

November-December 2023

BWNA NEWSLETTER

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OUR MISSION:

The mission of BWNA is to enhance the livability of our neighborhood by undertaking various neighborhood improvement projects, examining local issues, and serving as a conduit for communication between neighbors, government agencies and officials, area businesses, and other neighborhood institutions and groups. We are committed to diversity and equity in all our activities.

**Beaumont-Wilshire
Neighborhood Association**
BWNApdx.org



PERSPECTIVES

compiled by Polly Webber

Fall greets us with crunchy leaves and crisp air, shifting soon after to the excitement and frenzied fun of the winter holiday season. For this edition of the newsletter we asked neighbors:

“What’s your favorite winter holiday tradition?”



“Thanksgiving at our house couldn't be more all-American. We start with coffee and cinnamon rolls while watching the Macy's parade, take a long mid-day walk, and end with a traditional turkey dinner, surrounded by as much family as we can muster. And recall throughout how many blessings have come our way.”
(Chris, 1 year in B-W)

“Our favorite holiday tradition is making my great grandmother's almond roca! It's a fifth-generation recipe that isn't written down anywhere! We start the weekend before Thanksgiving and don't stop until Christmas Eve. Everyone on the Nice List gets one bar!”
(Ginny, 5½ years in B-W)



“Going to The Grotto. We went there for the first time when my son was very young and have been going back every year. There's so much to do. The puppet shows, the choir, the lights, and even animals. It's so beautiful.”
(Maggie, 23 years in B-W)

(continued on 17)



NEW SHOP OFFERS CUSTOM FURNITURE, p 13
Perch Furniture moves to Beaumont Village



CREATIVE KIDS, p 14
Meet B-W Creative Kid Rylie Newmister



PRESIDENT'S MESSAGE

SPEAK UP ABOUT NEIGHBORHOOD LIVABILITY

by Patty Nelson, BWNA Board President

BWNA's mission statement focuses on enhancing livability in our neighborhood. For our board, that means maintaining open lines of communication and acting as a liaison between the neighborhood association, you, and government agencies. Listening to you and keeping aware of city activities that might affect you help us to achieve our mission.

“... where should BWNA focus its time, talent, and treasure (money) to improve livability in our neighborhood?”

At our annual board retreat, as we plan for next year, we will review what we've heard from the neighborhood and experienced in city activities. At last year's retreat, board goals were informed by a survey sent out to our email subscribers. While the survey focused on where to spend money, it also helped identify areas of interest to the neighborhood, including beautification/neighborhood clean-up, public safety, neighborhood-wide community events, and Wilshire Park.

Great Things Were Accomplished This Year

Several BWNA-organized and sponsored activities, including two neighborhood-wide community events — Movie in the Park and the BWNA Art and Garden Tour — helped BWNA meet the community goals outlined above. So did beautification work, including graffiti clean-up and street art painting on Fremont Street's main business district. In addition, safety improvements by PBOT, at BWNA's urging, included additional street light on Fremont and bump-out installations for safer pedestrian crossings. And finally, to support Wilshire Park, BWNA made a financial donation toward bringing water to the off-leash dog area.

BWNA Amplifies Your Voice

Another key role BWNA plays is acting as a liaison and elevating your voice in city and neighborhood activities. This past year we worked to facilitate a Good

Neighbor Agreement between neighbors and Tacovore, which resulted in operational changes to accommodate the business needs as well as address neighbors' concerns.

We also provided testimony regarding city redistricting, done as part of the city's transition to a new form of government. Changes in city policy and land-use codes have resulted in increased high-density developments in our neighborhood

that come without parking requirements. Concerned community members reached out to BWNA, and board representatives were able to provide information about the development process and connect them to additional resources.

Through BWNA's transportation committee, the board has worked to inform our neighborhood about transportation modifications, shared feedback with the city, tracked planning and implementation, and monitored the changes.

Your Voice Counts, But We Have to Hear It!

Looking ahead to the upcoming year, where should BWNA focus its time, talent, and treasure (money) to improve livability in our neighborhood?

At our annual retreat in mid-November, the board will set goals for the coming year. While our individual board members bring their own diverse interests and values, hearing from the broader neighborhood helps us better serve and represent all of you. Help us by sending your thoughts to me at President@BWNApdx.org, contacting another board member, or attending a meeting. You can also request that an item be added to the board agenda by emailing me. Stay informed by visiting BWNApdx.org, signing up for our monthly email updates at the website, and of course, by reading our newsletter.

Happy holidays, and I look forward to hearing from you soon.

OUR ORGANIZATION BWNA Board

President

Patty Nelson 503-281-8035
President@BWNApdx.org

Vice-President

Al Ellis 503-287-0477

Secretary

Patti Koehler 971-678-0824

Treasurer

Karla Lenox 503-686-5915
Treasurer@BWNApdx.org

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Aaron Breakstone	Amy O'Brien
Angela Frome	Colin O'Neill
Gary Hancock	John Sandie
Jon Hays	Susan Trabucco

Immediate Past President

Tim Gillespie gillespi@teleport.com

Related Organizations

Beaumont Business Association

Kathy Madore, Community Organizer
beaumontbusinesses@gmail.com

Wesley Callaway, President
bbaboardpresident@gmail.com

Central Northeast Neighbors

Board Liaison: Patty Nelson

Areas of Interest

Residents are encouraged to participate. Contact committee chairs for details.

Beaumont Middle School Cmte

Tim Gillespie, chair 503-287-6272

Crime Prevention and Safety Cmte

Bill Markwart, co-chair 503-282-4610
Patty Nelson, co-chair 503-281-8035

Friends of Wilshire Park Committee

Gary Hancock, chair 503-367-0862

Land Use Committee

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Colin O'Neill, chair 503-803-0015

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Jane Feinberg, Design@bwnapdx.org

ANSWERING QUESTIONS ABOUT COLOR IN THE NEWSLETTER

by Susan Trabucco, Editor



We received lots of positive feedback about the use of color in the September-October newsletter, so we're doing it again – and for the foreseeable future! Questions, however, arose about our use of color, so here are those questions and the answers. It's a little (okay, a lot) print-geeky, but there's no simple way to explain it, so hang in there with me!

Q. Why is color only on some pages?

A. The newsletter is printed by Pamplin Media on an off-set press using four "plates" of multiple pages on which ink is applied. We can choose one or more of these plates for color, each with a set of pre-defined pages, but we cannot choose random pages for color. Two of these plates can each provide color on eight of our 20 pages, for a total of 16 pages of color; one of the other two plates provides color on the cover and back page, the final plate provides color on pages 2 and 19.

Q. There are some color ads. Did those advertisers pay extra for color?

A. YES, advertisers are paying extra for color, helping to make color on our pages possible! While it doesn't fully cover our cost

for running two plates of color, it gets us to a newsletter profit bottom line the BWNA board finds acceptable. Of course, it takes ALL of our much-appreciated advertisers to cover the expense of this newsletter!

“Of course, it takes ALL of our much-appreciated advertisers to cover the expense of this newsletter.”

Q. How much does color printing cost?

A. Each of the four available color plates comes at a cost of \$212 over and above our base printing cost; thus the expense for a full-color newsletter would be \$848 more than our black-and-white version — too much for our current budget.

Now, congratulate yourself for being practically expert in the world of color printing! More questions? Feel free to email Editor@BWNApdx.org.



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BWNA MEETINGS, ADS & ARTICLES INFO

Check "Upcoming Events" page on BWNA website for venue and/or Zoom link information regarding General and Board meetings.

For Zoom links to FoWP Committee meetings, contact Committee Chair Gary Hancock via outside503@aol.com

Wed, Nov. 8: FOWP Committee meeting via Zoom, starts 7 p.m.

Mon, Nov. 13: Board meeting, starts 7 p.m.

Mon, Dec. 11: General meeting, starts 7 p.m.

Wed., Dec. 13: FOWP Committee meeting via Zoom, starts 7 p.m.

Newsletter Article & Ad Submission Info

Articles

Would you like to write for the newsletter, have an idea or opinion you'd like to voice, or have a Letter to the Board or Editor? If so, email Editor@BWNApdx.org.

Advertising

Advertising is appreciated and accepted as space is available. For ad rates and instructions, visit BWNApdx.org/newsletter-submissions.

Deadlines

We publish the 1st of Jan., March, May, July, Sept. & Nov.

Pre-approved articles & ads must be submitted by the 1st of the month PRIOR to a publishing date.

Submit articles to Editor@BWNApdx.org.

Photos, graphics, and ads to Design@BWNApdx.org.

BOARD UPDATES & MORE

by Patty Nelson, BWNA Board President

There's been a lot going on at BWNA board meetings this fall! At our September meeting, board members Jonathan Hays and Rob Lee stepped up to take over digital media support. This includes web updates and monthly emails to subscribers. The duo will also develop options for a BWNA social media presence.

Proposal To Reduce Residential Street Traffic

At BWNA's Oct. 9 meeting, board member Sam Balto sought board support for two proposals intended to reduce vehicular traffic on B-W's non-commuter streets. One proposal was to request PBOT engage the community in a new discussion about a diverter at NE 37th and Skidmore, the other was a request that BWNA submit an application to the PSU Better Blocks program for a review of ways to reduce traffic on B-W streets to fewer than 300 cars per day.

Limited discussion on the proposals took place; no decisions were made. The board will further discuss these proposals at its Nov. 13 meeting.

Also at the October meeting, attendees from the neighborhood expressed frustration with diverters at Alameda/Fremont and NE 57th/Sandy intersections and possible future diverters; others conveyed support for traffic-calming actions. No action was taken.

See the Transportation section on this page for next steps on the Alameda/Fremont diverter.

Board members encouraged attendees to read the newsletter and subscribe to receive BWNA emails so they can stay engaged, as this continues to be an important topic for the community.

City Transition Brings Changes to Coalitions, Neighborhood Associations

At our Oct. 9 meeting, Alison Stoll from Central NE Neighbors reported that as the city works toward the transition to a new form of government by January 2025, the city's plan is not only to reduce the number of neighborhood coalitions from seven to four, but also to change the department that oversees neighborhood associations. These two major changes will influence how the city engages with neighborhoods and how it supports them. The board continues to

actively track and communicate updates, changes, and engagement opportunities.

Movie-in-the-Park Rocked It!

The City of Portland reported attendance at Wilshire Park's Movie-in-the-Park this summer was off the charts with attendance over 1,000, compared with the average of 378 for other movie events. The board hopes to plan and sponsor more events and activities in the coming year. We'll discuss this at our Nov. 18 board retreat. Do you have ideas for activities, events, or focus areas? Email President@BWNApdx.org.



Crime Prevention & Safety

Two local businesses, The Arrangement and Puddletown Games & Puzzles, experienced break-ins in early October.



Friends of Wilshire Park

Portland Parks recently completed upgrades to the children's play area in Wilshire Park.



Land Use

Committee chair Tim Root reported Oct. 9 on the city's proposed zoning code changes as part of its Housing Regulatory Relief project, which aims to waive some developer requirements for a five-year period. This will likely affect our neighborhood.

Visit portland.gov/bps/planning/housing-regulatory-relief/about for details. The board will discuss this further at its November meeting.



Transportation

Traffic counts for the Alameda/Fremont traffic diverter were completed in September; PBOT will present an update at the BWNA general meeting on Dec. 11. Repaving of NE 33rd triggered a lot of calls regarding "local access" signs around the neighborhood. These were temporary and were intended to reduce cut-through traffic during construction.



BE IN THE KNOW!

Visit the BWNApdx.org to register your email address and keep up to date on neighborhood news, meetings, and activities. Click "Subscribe" at the top of the website home page or use the QR code.

NEED HELP WITH GRAFFITI REMOVAL?

Contact the City of Portland at portland.gov/bps/graffiti/request-services. BWNA will be organizing graffiti clean-up events; look for more information in the January-February newsletter and our monthly emails; subscribe at BWNApdx.org.



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NEWS BITS

FROM B-W
&
BEYOND

Gallery Earns Coveted Comcast RISE Grant

Artistic Portland Gallery in Beaumont Village recently announced it was one of only 500 businesses from five cities awarded an exclusive Comcast RISE grant package in 2023. The package includes business consultation services, educational resources, a

monetary grant, creative production assistance, a media schedule, and a technology makeover. The grant supports small businesses with an emphasis on diversity and inclusion.

For more information about the grant, visit ComcastRISE.com. For more information about Artistic Portland Gallery, see page 10 or visit [instagram.com/artisticportland](https://www.instagram.com/artisticportland).

Gallery Seeking Artists

Artistic Portland Gallery is seeking 3-D artists and jewelers. To apply to jury your work, visit artisticportlandgallery.com/join.

Development at NE 42nd and Prescott on the Rise

With exterior walls going up at Ethos Development's Society 42 residential project at NE 42nd and Prescott, the building is taking shape. The 13,300-square-foot, three-story structure will have a total of 44 bedrooms, with 12 to 16 bedrooms per floor.

Ethos President Paul Del Vecchio recently told BWNA that shared amenities on each floor include a large living room, reading room, kitchen, dining room, and a balcony.

"While not subsidized housing, Society 42 is very cost effective and provides a community for its residents on each floor," he said.

Del Vecchio said final rates are not yet set for Society 42, but that a sister project rents for \$850 to \$1,200 a month, including utilities.

Completion is anticipated to be in April 2024. For more information, visit ethosdevelopmentllc.com/projects/society-42.

VOLUNTEER OPPORTUNITIES

Newsletter Distribution Peeps Needed!

The BWNA newsletter distribution team is seeking people to hand-deliver the BWNA newsletter to a prescribed route in the neighborhood either every-other-month or in a fill-in capacity. Meet people, get a walk in, have fun! Email John Sandie at SandieFam@gmail.com or Georgina Head at Georginafh@outlook.com.

Seeking Artists for Street Painting

BWNA received positive feedback from community members about the street art paintings on NE Fremont Street completed in

early July. Now, BWNA is in the planning stage for phase II, to take place next spring/summer for the bump-out areas near Amalfi's. Students and other artists interested in submitting a design, please email John Sandie at SandieFam@gmail.com.

Garden Needed!

Do you live in Beaumont-Wilshire and have a garden you'd love to share with others who're seeking ideas and inspiration? If so, BWNA hopes you'll step forward to be one of four gardens in its second annual Art & Garden tour to be held summer 2024. Three B-W residents have offered up their gardens thus far; BWNA is seeking one more entry. For more information, email Patti Koehler at patricekoehler@gmail.com.

UPCOMING



EVENTS

November 11 (Saturday) starts at 10 a.m.

Veterans Day Parade

Location: The parade begins at NE Beech Street and NE Martin Luther King Jr. Blvd.

Details: veteransdaypdx.org

November 16 (Thursday) 5:30 p.m. – 6:30 p.m.

Alder Commons Community Center Open House

Location: 4212 NE Prescott St.

Interested in learning more about Alder Commons? Sign up for a guided tour of the facility to learn about this non-profit, including membership options and how to get involved. Registration is limited.

Details: aldercommons.org, click to the calendar page and register via the event date.

December 1 (Friday) 4 p.m. – 7 p.m.

Fremont Holiday Fest

Location: NE Fremont from NE 42nd to NE 52nd

This annual Beaumont-Business Association event includes photos with Santa and Mrs. Claus, caroling by Grant High School Royal Blues, hot drinks, holiday cookies, and craft stations. Look for a balloon in front of participating businesses.

Details: bbapdx.org

Got Events?

Email Editor@BWNAPdx.org

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WHAT A GREAT PLACE TO EXPLORE

by Myrna Sheie



Myrna Sheie is this newsletter's copy editor. She's a former English teacher and church body executive. Now happily retired to NE Portland, she loves finding new walking routes, hanging out with her almost 13-year-old twin grandsons, and keeping the Portland Water Bureau solvent by obsessively watering her gardens.



Myrna Sheie

It's no secret that Beaumont-Wilshire is a great place to explore. Whether we saunter, stroll, stride, skip, slide, glide, or roll along the well-traveled sidewalks of our community, let's be thankful for all the gifts along the way:

- **A sense of history:** names, dates, and even horse rings (sometimes with toy horses attached).
- **Gifts from nature:** streets carpeted with delicate blossoms in spring and brightly colored leaves in the fall. Mounded-up sidewalks with messages from trees: "I'm here!"
- **Gifts from neighbors:** beautiful gardens, chalk art, lemonade stands, poetry posts, upbeat messages like "You. Are. Amazing!" . . . and free stuff.

I moved here in 2011 and was surprised to see a paver stamped with "Elwood Wiles 1911." Today that sidewalk is 112 years old and — for the most part — looking good and providing a safe surface for everyone. Recent changes to many intersections have improved accessibility, but also honored history with two dates stamped: the original and the new (i.e., 1911-2022).

Cracks, holes, uneven surfaces, and repairs tell a sidewalk's story of people walking, running, or using wheelchairs, walkers, and strollers. And, of course, dogs, cats, crows, raccoons, and coyotes use sidewalks, too. And one morning, even a very confused opossum!

So, when Portland Bureau of Transportation hung a bright orange "Notice to Repair Sidewalk" on my doorknob last spring, my neighbors and I grumbled a bit, but we fixed what needed to be fixed so our sidewalks continue to make this a great place to explore.

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B-W FAMILY GROWS GIANT PUMPKINS, SOWS NEIGHBORLINESS

by Pamela Plimpton

Beaumont-Wilshire sisters Alice and Julia Ibarra, ages nine and seven, respectively, have grown giant pumpkins in their front yard on NE Alameda near 41st Avenue for the second year in a row. The girls started the seeds for this year's pumpkins inside in March, moving the plants outside as the weather warmed. The result of their effort speaks for itself: two of the four pumpkins they've grown weigh over 200 pounds — they estimate the largest one weighs 250 pounds.

The family started the project as a way to reconnect with and meet new neighbors following the isolation imposed by the COVID years. Many people have passed by the yard and commented on the pumpkins.

"We've met more of our neighbors in the last three months than we have in the nearly 10 years prior," says the girls' father, Erick Ibarra.

Alice and Julia plan to harvest the seeds from the two largest pumpkins and give them away to their neighbors, so they can grow giant pumpkins, too.

Pamela Plimpton, a B-W resident since 1980, retired as a professor of English in 2020. Her interests include reading, writing, gardening, and singing with a community chorale. She and her husband enjoy playing golf, traveling, and grandparenting their granddaughter.



Pamela Plimpton



Julia (right) and Alice Ibarra raised giant pumpkins, one of four shown here, to connect with people as a way to overcome COVID isolation. Photo by Pamela Plimpton.

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A GRATIFYING B-W WELCOME

by Al Ellis, BWNA VP and New Neighbor Welcoming Project Coordinator

Amid precarious times for existing home sales, resilient Beaumont-Wilshire continues to attract an eclectic array of buyers — well over 100 this year — and BWNA continues to welcome them. Initiated four years ago, the New Neighbor Welcoming Project enlists volunteers to greet neighborhood newcomers with a welcome packet containing a discount card good at over 20 local businesses* along with welcoming letters from the presidents of BWNA and the Beaumont Business Association.

Typical of recipient responses was this gratifying message from Casandra and Daniel Ryan, who moved into their Beaumont-Wilshire home last spring:

“We just wanted to thank you for the warm welcome and say what a breath of fresh air it is to live in such an inviting community. We have met tons of neighbors as we work on the yard. So excited to grow roots here in Beaumont-Wilshire!” *Casandra & Daniel Ryan.*

Gratifying as well is feedback from the volunteers doing the delivering:

“My wife and I have found delivering new neighbor welcoming packets to be hugely enjoyable. We’ve been met with smiles of surprise when we mention why we are there and words of enthusiasm and praise for the friendliness of the neighborhood.” *BWNA Board Secretary, Patti Koehler*

“I’ve heard a number of times that they moved into the neighborhood after starting families . . . looking harder at school districts. I’ve never received anything but a ‘thank you so much’ response to our simple act of making contact with new neighbors.” *BWNA Board Member, John Sandie*



New Neighbor Welcome Project volunteer Kate Crider, left, hands a welcome packet to B-W newcomers William, Noah, and Lucie. Photo by Patti Koehler.

“My husband and I arrived at our destination to find the woman of the house, who was embarrassed to be in her pajamas. I assured her she had every right to be in her jammies. After much laughter, she expressed appreciation for the warm welcome to the neighborhood.” *Newsletter Editor and BWNA Board Member, Susan Trabucco*

For information about the evolution of the New Neighbor Welcoming Project and how you can participate, check out the article entitled “New Neighbor Welcoming Project — Past and Present” on the BWNA website’s blog page, BWNApdx.org/blog.

*A big thanks to our participating local merchants!

Adorn	Colleen Shea Massage	Paperjam Press
Amalfi’s	Concordia Chiropractic	Puddletown
American Chimney	Folly	Games & Puzzles
Arcanna	Foot Traffic	Silhouette
Artistic Portland Gallery	Green Dog Pet Supply	Tailoring Studio
The Arrangement	Hi-Top Tavern	Tomorrow’s Verse
Backyard Bird Shop	Honest Training	Village Fit
Beaumont Hardware	Pacific Holiday	Wild Hearts Wellness



END-OF-LIFE EVENT BUSINESS TAKES ROOT

by Bonny Cushman

It's not often you hear of someone wishing to go ziplining for their 100th birthday, but that is just what Beaumont-Wilshire resident Juliana Bernstein is helping her client do through her new business, Second Valley Events.

Bernstein spent the last 15 years working as a physician's assistant in primary care, geriatric medicine, and hospital administration.

"For many years I was really in love with my work," she said. "It was my everyday job to hear people's stories, understand what was going well and what needed fixing, and then offer whatever I was able to do to improve their lives. What a gift!"

Earlier this year, Bernstein decided to follow her dreams by creating Second Valley Events, which blends her love of listening to people's stories and her previous medical experience with creating tailored end-of-life celebrations for her clients.

"I have the knowledge and experience to talk through individual diagnoses and symptoms and to sit with people who may be experiencing all of the range of emotions that can come in the last chapter of life," said Bernstein. "I am comfortable with that and ready to have it be as much a part of the conversation as what kind of appetizers to serve."

Bernstein noted that her goal is to serve all types of clients with a range of budgets. That way, her services can scale from organizing a potluck in the park to creating a rooftop blow-out party for hundreds of guests. Bernstein is currently planning an event for her client to

Through her business Second Valley Events, owner Juliana Bernstein helps clients plan their perfect last hurrah.



celebrate her 100th birthday at the Milwaukie Community Center. The event will bring together friends from across her life: a bowling league, knitting and sewing groups, the local garden club, and the historical society. It will also help raise funds for her client, who lives on a fixed income, to realize her lifelong dream of ziplining.

Beaumont-Wilshire resident Bonny Cushman is mother of one, wife, canner, prepper, walker, and avid gardener. She works as Program Manager for the Portland-based Regional Water Providers Consortium. In her spare time she coordinates the Alameda Elementary School Discovery Garden.



Bonny Cushman

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A COMMUNITY OF ARTISTS ADDS COLOR TO B-W COMMUNITY

by Chris Rauber

The Artistic Portland Gallery isn't upscale, isn't expensive, and isn't snooty. It's just a part of the B-W neighborhood community where 20 or so Portland artists exhibit their work and try to make a go of it.

The cooperative gallery features a variety of types of art, including paintings and photographs, jewelry, and various kinds of 3D art — like ceramics, glass art, and metalwork — striving to maintain a balance between them.

"We don't have a metal artist right now," for example, says co-op member artist Jen Cook-Chrysos. "So we're looking for a 3D artist to complement the wall art we do have."

This could be your lucky break — if you're skilled at metal work and bold enough to face the co-op's competitive jury process to select new members.

The shop is full of color and light. Everything's authentic, handmade, and, by gallery standards, quite affordable.

Offerings vary widely, from Ben Gilbert's crayon drawings on cardboard of people living on the streets to Brent Furstner's hand-made musical instruments, his wife Astrid Beatriz's Salvadoran-inspired portraits in multi-colored woods, and Cook-Chrysos's evocative paintings of natural scenes such as Sauvie Island.

Some of Artistic Portland's member artists are full-time professionals; others work in different realms and squeeze in their

art where they can. All share the chores associated with running the co-op. Those who work additional shifts pay proportionally less to cover rent, electric bills, and marketing costs.

... the gallery very much depends on the local community ...



Ann Mackiernan is a glass artist who displays at the gallery. This piece is called "blossom sculpture." Photo by Artistic Portland Gallery.

Artists keep 75 percent of their sales proceeds, a figure Cook-Chrysos says "is better than the traditional gallery." The remainder goes to pay the bills.

The gallery moved to its current location in the Dutch Village building at 4110 NE Fremont Street three years ago, kitty-corner from Beaumont Middle School. It's had several other venues during its 10-year lifespan, most recently on SW Taylor Street in downtown Portland.

The Fremont Street shop can be seen by people driving, busing, or walking by, but even so the co-op's members fear that many neighbors don't realize it's there. To remedy that concern, a new wooden "Art and Gifts" sign, hand made by two of its members, now hangs across the entry.

But the gallery very much depends on its local community and is part of that community. It has collaborated with Beaumont Middle School art students and teacher Lauren Epifano, for example, to raise \$1,200 for the Beaumont Family Resiliency Fund and fund a new kiln for the middle school. The money was raised through the gallery's long-running Community Bowls

project, a \$15 take-home kit that includes a plain bisque bowl and all the equipment needed to paint it; firing was provided via the gallery.

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“We have a lot of neighborhood folks who stop by, are so friendly and appreciative, and are repeat customers,” Cook-Chrysos says.

Still, the bottom line is sales, at a time when many arts organizations are failing. Stop by, visit Artistic Portland’s First Thursdays’ artist receptions, buy some art, all to ensure this community resource stays vibrant — and financially viable.

Chris Rauber and his wife, Kim Williams, moved to Portland and B-W in the summer of 2022 after many years in the San Francisco Bay Area. He worked as a journalist at the S.F. Business Times and other publications. He was born in Oregon.



Chris Rauber

◀ Whitney North displays acrylic on canvas at Artistic Portland Gallery. Photo by Artistic Portland Gallery.



Artistic Portland Gallery's Jen Cook-Chrysos is an artist of several media. Here she's pictured with her oil on canvas work. Photo by Chris Rauber.

◀ Jewelry artist Desiree Ferguson offers a wide variety of hand-made pieces. Photo by Artistic Portland Gallery.





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FURNITURE STORE MOVES TO BEAUMONT VILLAGE

by Susan Trabucco

When Willi and Jonathan Galloway, co-owners of Perch Furniture, bought their first house soon after they married, they had a tough time finding a sofa that fit just right in the tiny living room of their 1924 bungalow.

“We ended up with a couch that was slightly too big for our space and in a fabric that our black Labrador promptly destroyed,” Willi said. “That experience made us think there had to be a better way to buy a couch.”

That insight resulted in Perch, born in Portland’s Pearl District in 2010.

“We knew from our own experience what we wanted to provide,” Willi said.

Perch’s furniture is hand-built on the West Coast from sustainable materials. Clients can customize dimensions to the inch, choose style details, and select the cushion firmness they prefer. Offerings include upholstered sofas and sectionals, but also chairs, ottomans, headboards, and much more.

The team at Perch enjoys working with people that have real-life issues like cats that scratch, dogs that shed, kids that spill, problem spaces, and tricky-to-access basements or attics.

“Everyone who works at Perch loves to geek out on sofa details,” said Willi.

When Perch’s lease was up at its former space, the Galloways looked for a new space that was near its customers, on a street with



Willi Galloway, right, is co-owner of Perch Furniture, which opened in Beaumont Village in late September. At left is Amelia Budai, design lead for the company. Photo by Susan Trabucco.

other vibrant local businesses, had foot traffic, and was nestled within a residential neighborhood.

“Our new Beaumont-Wilshire location checked all those boxes — we love it,” Willi said, “Since moving here in September, we’ve been so happy with the warm welcome from the neighborhood!”

For more information including hours of operation or to book an appointment, visit perchfurniture.com or call (503) 208-5128. Perch is located at 4159 NE Fremont St.



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Meet Rylie!

My name is Rylie Newmister, and I am in 7th grade. Some things I like to do are play volleyball, swim, hike, spend time with my family, and make crafts. Some of my favorite things are blue, dolphins, watermelon, avocados, nature, and the beach. I also like baking and drawing, so I have a recipe that I made and some artwork shown here.

Rylie's Chocolate Peppermint Delight Cookies

- | | |
|----------------------------|---|
| 1 c butter, softened | 2¼ c flour |
| ¾ c sugar | 1 tsp baking soda |
| ¾ c brown sugar, packed | ¼ tsp salt |
| 1 tsp vanilla | 1 package of Hershey's peppermint kisses, crushed |
| 2 eggs | |
| ¾ c Hershey's cocoa powder | |

Cream butter and sugars until light and mixed together. Add vanilla, eggs, and cocoa powder. Then add flour, soda, and salt. Unwrap and put kisses in a food processor and crush into small chunks. Lastly, add kisses to the dough and mix until the pieces are fully mixed in. Bake at 350° for 10 minutes on an ungreased cookie sheet. Let cool for at least 10 minutes on the pan. Take them off and enjoy.



Hey, Beaumont-Wilshire kids!

Do you have a story to tell or want to be a "cub" reporter? Do you have a poem bursting from your heart? A drawing you'd like to share? If so, email Editor@BWNAppdx.org with your idea or your draft submission, and we'll run it in Creative Kids as space allows.



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NEARBY RIVER BEACH HAS GONE TO THE DOGS...AND PEOPLE!

by David Friedman

Eachfront access to the Columbia River is only an 11-minute drive from the Beaumont-Wilshire neighborhood. Once dubbed Dittler's Beach, Broughton Beach has undergone a remarkable transformation. Recent cleanup efforts removed 110 tons of debris, turning it into a rare family-friendly, sandy haven in NE Portland.

The beach now beckons visitors with its scenic allure and a multitude of birds, including double-crested cormorants, which signal wind direction to keen observers. Artists find inspiration in the light dancing across the water, capturing the scene against the backdrop of Mount Hood, which is visible in the distance.

From dawn to dusk, the beach buzzes with life: picnickers, sunbathers, fishermen, and what is fondly referred to as the Wilshire Park Swim Club by dog folks from Wilshire Park, who meet up at the beach on warm Sunday mornings and walk east to a spot they call Puppy Point.

Broughton Beach is a great place to take your dog for a run or a swim in the gentle waves. Occasionally disturbed by the sounds of

jets taking off or landing at our nearby airport, this beach is a local treasure, helping us experience the beauty of the Columbia River — and inviting to you or your dog when you need to take a beach walk.

How To Get There & More

Broughton Beach is a quarter mile east of Salty's waterfront restaurant on NE Marine Drive. Turn north from NE Marine Drive into the bustling M. James Gleason Memorial Boat Ramp area and head toward the easternmost parking lot. Parking for the day at this Metro-run beach costs \$5; an annual Metro Parks pass is available for \$40, or \$30 for seniors.

David Friedman, @friedart, is a visual artist specializing in papercutting, printmaking, and painting. He and his dog, Poppi @poppipdx, can be seen daily at Wilshire Park. His work is on display at the Alberta Street Gallery, daily 11-7.



David Friedman



A sunny morning gathering of the Wilshire Park Swim Club at Broughton Beach. Humans (L-R): Pavel Christian, Nick Hambleton, Erin Hayes, Andrew Rinke, and Ann Puetz. Pups (L-R): Leo, Poppi, Riley, Wrigley, and Fin.

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ONE PERSON'S TRASH ... IS IT YOUR NEXT TREASURE?

by Liz Erickson

Let's move on from recycling to share resources on two other Rs: reduce and reuse. When looked at from a life-cycle perspective, these actions have a greater impact on reducing greenhouse gas emissions than does recycling.

Many in our neighborhood use the local Buy Nothing community (on Facebook or an app). These are just two of a variety of ways to find a new home for items with which you might be ready to part company. In turn, you may find just the thing you're looking for — without spending any money.

What a great resource as we approach the season of giving! Books, clothes, and household and yard items are things I've both given away and acquired. I've also moved craft materials, shoes, and furniture along to other households ready to put them to use. One of my favorite experiences was sharing an extra pizza that had been delivered to us by mistake. I posted it on Buy Nothing, and within 20 minutes a neighbor responded and sent her teenagers over to bring it home. Sometimes items are shared or borrowed for a short time.



Other ways to reuse existing goods is via Craigslist or Nextdoor, offering or picking up items for free. Putting an item on the curb with a "free" sign has limited utility in rainy weather — it's better to have a plan for where it will go.

Garage sales and platforms like Facebook Marketplace, OfferUp, and Rooster are other reuse options for buying and selling items locally, as are second-hand stores.

I hope you'll give one of these options a try next time you are looking to dispose of something that might still have life in it — or the next time you are looking to buy something new.

Ideas, questions, or comments? Contact elizabeth.ann.erickson@gmail.com.

Liz Erickson has lived in the neighborhood with her husband and two children since 2009. Growing up in Beaverton, she remembers visiting grandparents on NE 42nd and walking to Rose's Ice Cream for a scoop of butter brickle. Liz is a Master Recycler volunteer with Metro and served in the Peace Corps in Morocco.



Liz Erickson

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PERSPECTIVES *continued*



“We celebrate Christmas, and my Nana started a tradition of "reindeer gifts" on Christmas Eve. Everyone gets two gifts: a book and an ornament for the tree that represents something significant in that person's life at that time. It also makes decorating the tree each year super special because it's a walk down memory lane.”
(Melissa, 15 years in B-W)



“Baking/decorating cookies! My friends Holden and Stirling always come over and help decorate them. We always make Christmas Trees out of cookies and give them to our neighbors. Also, I love listening to Christmas music, seeing family, and PRESENTS!!!” **(Max, 10 years in B-W)**



“Our family traditions mostly center on food, either making or eating it, and spending time together. We look forward to roasted chestnut soup and decorating cookies during the winter holidays. I started canning food about 15 years ago and that is mostly what we give as gifts. It's fun to hear from folks as they enjoy our creations throughout the year.” **(Bonny, 15 years in B-W)**



“We celebrate Hanukkah. Two of my favorite traditions are making and eating latkes with my sisters and their families at our family Hanukkah party and lighting the Menorah each night. And as a nod to the holiday season, I either walk or drive through Peacock Lane every year it's open.”
(Linda, 23 years in B-W)

Polly Webber is a realtor and mom of two teenage girls. Born and raised in the neighborhood, she purchased and lives in the B-W home next door to her childhood home. Reach her by emailing polly.webber@cascadehassonsir.com.



Polly Webber



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STIRRING THE POT

by Mark Cockcroft

To say that I love food is an understatement. It also doesn't capture the whole story, as it is not just eating and cooking that is a passion. I was fortunate to spend six years living overseas and traveling extensively with my father when I was in middle and early high school, and the experience set me on a lifelong journey chasing deliciousness. I devour culinary history and am nourished by the stories and relationships of the people and products who bring our food from farm and kitchen to our table.

I also love grocery stores — big, small, chains, independents, I'm not picky — wandering the aisles and conjuring up meals to be made with all the ingredients lining the shelves. In fact, the business of food has been the main course of my professional life for over 25 years. From working in restaurants, representing a food distributor, owning a local Portland food business, creating recipes, and a decade working for one of Portland's original natural food stores, Nature's Northwest, food and the food business have been among the biggest factors shaping my life.

I look forward to sharing some recipes with my Beaumont-Wilshire neighbors and helping to nourish my community.

This dish ticks all the boxes for cold-weather fare — savory, filling, warm, and comforting. Not quite a soup or stew, the dish keeps things flowing with a splash of deeply flavored broth. I love adding miso to all manner of recipes as it imparts an umami kick without necessarily turning the dish in an Asian direction. Fregola (pronounced FRE-go-la) is a fun little round Sardinian pasta that has a wonderfully toasty flavor and a pleasant chew. You can use Israeli couscous or another whole grain if you can't find it.

Mushroom-Leek Meatballs with Squash, Fregola, and Sage

Serves 4 generously

- ½ c dried mushrooms (a mix is nice)
- 2 c boiling water
- 3 Tbsp olive oil, divided
- 1 small leek, rinsed and minced (white and pale green part only)
- 2 cloves of garlic, minced
- Fine sea salt and freshly ground black pepper
- 1 lb ground beef, pork, lamb, or turkey (or a mix)
- ½ cup panko bread crumbs
- 1 egg
- 1 Tbsp white miso paste
- 1 tsp dried thyme
- 1 c fregola (or other whole grain)
- 2 c diced butternut squash (¾" pieces)
- 2 c low-sodium beef, chicken, or vegetable broth
- 2 Tbsp butter
- 1 bunch fresh sage

Add mushrooms to a medium heatproof bowl and cover with 2 cups boiling water. Keep mushrooms submerged (a small plate or utensil can be helpful) and soak for 30 minutes. Meanwhile, add 2 Tbsp oil to a large sauté pan and place over medium-low heat. Add leeks and a pinch of salt. Cook, stirring



occasionally, until leeks are softened but not browned.

Add garlic and cook for about a minute. Remove from heat and add to a large mixing bowl and allow to cool. Keep the pan for use later in the recipe.

After the mushrooms have soaked, strain them from the liquid (reserving the liquid for use later in the recipe). Squeeze most of the liquid from the mushrooms and mince. Add them to the mixing bowl with the leeks. Add the ground meat, 2 Tbsp of the mushroom liquid, panko bread crumbs, egg, miso, dried thyme, 1 tsp salt, and ½ tsp ground black pepper to the bowl and mix thoroughly. Cover and place in the fridge for 1 hour to firm up.

Preheat oven to 425 °F and also bring a pot of salted water to a boil. Add squash to a baking sheet, toss with the remaining Tbsp oil, and sprinkle with salt. Roll meat mixture into golf ball-size meatballs and place among the squash on the baking sheet. Roast the squash and meatballs for 15 minutes. Meanwhile cook the fregola until just shy of done and drain (it will finish cooking in the final step).

In the large sauté pan add the reserved mushroom liquid (be careful not to add any gritty sediment), broth, and a couple of sprigs of sage; bring to a simmer. Add the roasted squash and meatballs to the pan and simmer gently for 5 minutes. In a small sauté pan add the butter and melt over medium heat. Add a small handful of sage leaves and fry until lightly crispy.

Add the fregola to the meatballs and squash, and simmer for a few minutes to heat through and finish cooking. Taste and adjust seasoning as necessary. Remove sage sprigs from the broth in the large sauté pan and then portion the contents into shallow bowls. Divide the crispy sage leaves among each bowl and drizzle with the melted sage-flavored butter.

Mark Cockcroft has been a B-W resident since 2008, sharing home and life with wife Bonny Cushman and daughter Hazel. In addition to always thinking about his next meal, Mark loves to play his guitar and to spend time at Wilshire Park with the family dog, Cashew.

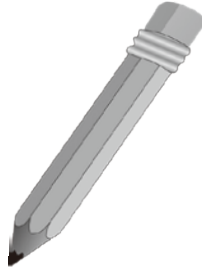


Mark Cockcroft

A WINTER TALE: CREATE YOUR OWN EXCITING STORY

by *Amaan Mohiuddin*

See what exciting tale you can craft by coming up with a few well-chosen adjectives and nouns in the blanks below. Challenge your friends to do the same and swap stories!



In a small, _____ village nestled deep within a _____ forest, winter arrived with all its enchanting magic. The village was renowned for its quaint _____, which stood proudly, adorned with _____ lights.

One frosty morning, a group of adventurous _____ decided to embark on an extraordinary journey. Bundled up in their warmest, most mismatched _____, they set out to explore the captivating winter wonderland.

As they strolled through the snow-covered _____, they could hear the delightful sound of _____ crunching beneath their boots. The towering trees were draped in a shimmering layer of _____, and the crisp air was filled with the invigorating scent of _____.

Suddenly, they stumbled upon a peculiar _____ half-buried in the snow. Its radiant and otherworldly glow was irresistible, and they decided to take it with them on their remarkable journey. Little did they know, the _____ held a whimsical secret.

They continued their adventure, their spirits as high as the _____ above, and eventually reached the summit of a magnificent, snow-covered _____ hill.

From there, they gazed out upon the vast and _____ landscape, which stretched as far as the eye could see. It was a sight that filled their hearts with joy and a deep sense of wonder.

On their way back to the village, they couldn't help but feel profoundly grateful for the extraordinary beauty of winter and the curious _____ they had found along the way. It was a heartwarming reminder that even in the chilliest of times, there were always hidden treasures and delightful surprises waiting to be uncovered.

Amaan has lived in B-W since 2019. He enjoys playing the piano, traveling, cooking, and doing yoga — not all at the same time. He is an educator and works in higher ed.



Amaan Mohiuddin



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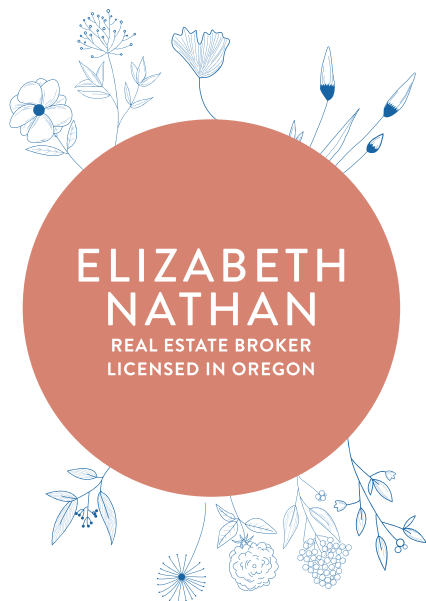
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