



November-December 2021

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FIND THE Beaumont-Wilshire Neighborhood Association ONLINE AT bwnapdx.org

BWNA Calendar of Events

Community Events

BWNA and Beaumont Middle School PTA-sponsored Blood Drive
Sunday, November 7
10:00 a.m. - 3:00 p.m.
Beaumont MS Cafeteria
4043 NE Fremont Street

Masks and proof of vaccination are required at time of donation.

Sign up at: https://tinyurl.com/3xdzc277

See newsletter insert for full details.

Come support your neighbors at this important event!

Beaumont Business Association-sponsored Holiday Fest

Friday, December 3
3:00 - 6:00 p.m.
Takes place up and down Fremont Street, beginning at 42nd Avenue and will feature Mr. and Mrs. Claus, special events for kids, live music, and a window display contest

See page 3 for BWNA Meeting Schedules

Thinking cross-culturally for the holidays

by Susan Trabucco

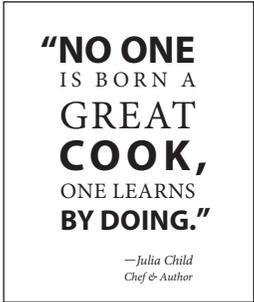
When BWNA intrepid editor Al Ellis requested a "holiday" recipe for this issue, what seemed like a simple endeavor stopped me in my tracks. What holiday? Whose holiday? Which culture? How could I be inclusive and not offensive with my recipe choice? After breathing into a paper bag for a while, I calmed down and decided to go with a recipe featuring a seasonal fruit that stars in many different cultural and/or religious traditions: the pomegranate.

My research found that pomegranates are the oldest cultivated fruit trees in the world. They play prominently in many cultures and religions. In Judaism, pomegranates are traditionally eaten on Rosh Hashanah (Jewish New Year) because legend has it that one fruit has 613 seeds, which coincide with the 613 commandments in the Torah. In Christianity, pomegranate seeds may be put out at a memorial service as a symbol of the sweetness of heaven. (Commonly, according to my source, the fruit represents the promise of eternal life for Christians.) In Buddhism, the pomegranate is considered one of the three blessed fruits, along with the peach and citrus fruit. Some Hindu traditions symbolize the pomegranate with prosperity and fertility, associated with earth goddess Bhoomidevi and Lord Ganessa. In Islam, the Koran mentions three times that pomegranates grow in the gardens of paradise—both a nutritious provision from God and a sign of God's artistry.

While I don't personally lay claim to any of the above traditions or beliefs, I do think pomegranate seeds, clad in ruby-red, make any meal special. Whether just a few are sprinkled on a food item for a burst of crimson, or in a meal that features them prominently, jewel-like pomegranate seeds are a feast for the eye, and for many it seems, fuel for the soul. Happy Holidays!

See page 15 for a holiday side salad recipe: A Particularly Pomegranate-y Salad.

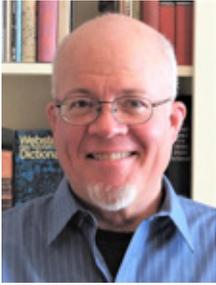
Susan Trabucco is a Beaumont-Wilshire resident who is passionate about cooking and tropical-ish gardening. Her wish for this regular column is to inspire the fearful to cook with abandon and the experienced to find a new "keeper" recipe. Cook on! For recipe questions or to submit your recipe ideas for this column, contact Susan (susan@trabucco.biz).



FoWP ramping up in support of fundraiser

by Mary Roney

BWNA's Friends of Wilshire Park Committee (FoWP) has been busy raising awareness and money through social media, Q&A sessions, QR codes, and donuts!—all in the continuing effort to build community and raise funds to bring a water source to the off-leash dog area of Wilshire Park. Accomplishments: a successful raffle at Fremont Fest raising over \$600, thanks in great part to the generous support of Green Dog Pet Supply and Wild Pet Provisions; a QR code (see code end of this article) to make donating even easier (and if unsure how to use a QR code, just ask any teenager!); an update to the website (friendsofwilshirepark.org); an updated Instagram page (@friendsofwilshirepark); a monthly newsletter for subscribers for keeping informed about what's happening in the park and to get involved (and new subscribers will be entered in



President's message

by Tim Gillespie

Thinking ahead

“Don't judge each day by the harvest you reap but by the seeds that you plant.”
—William A. Ward

As with everyone, BWNA tries to find the right balance between dealing with immediate, pressing concerns and planning for the long term. The old quote above sounds snappy, but in truth it oversimplifies. As anyone with a home garden knows, we have to actually both reap the harvest in front of us *and* plant seeds for the future.

As you will see on page 4 in this newsletter, BWNA Vice President Andrew Rinke has thoughtfully sparked us to do more long-term thinking, considering big questions about our neighborhood association: What should our ongoing focus be? What are we not doing that we could? What kinds of seeds should we be planting?

Some future thinking has already been on our agenda. For example, at our October meeting Barb Strunk shared information from the new Portland group Trees for Life that is working on preserving large-form, long-lived trees in the city. Tim Hemstreet wondered if we are as engaged as in the past with public policies like the Residential Infill Project that have had such consequential long-range impacts on our neighborhood. Gary Hancock reported on the Friends of Wilshire Park Committee's project to permanently improve infrastructure in the park's off-leash dog area. And earlier, neighbor Peggy Ellis encouraged us to get involved with Portland's Neighborhood Emergency Teams program, which encourages long-range planning in anticipation of public disasters such as earthquakes, so we're working to get a NET speaker at an upcoming meeting.

At the same time, we don't neglect issues in our face right now. We wrestle with whether and how to safely meet in person given

the ongoing pandemic. Patty Nelson has volunteered to redouble efforts of our Crime Prevention Committee to deal with issues of safety, theft, racial harassment, gun violence, police responses, and other issues that have been plaguing the whole city.

Blood Drive

Perhaps the most immediate need we're trying to address is the emergency blood shortage in our medical system. The national seasonal inventory of the Red Cross is the lowest it's been for many years, with less than a day's supply of some blood types. In response, we are partnering with the Beaumont Middle School PTA to have a Red Cross Blood Donation Drive at the school cafeteria on Sunday, November 7, from 10 a.m. to 3 p.m. Check out the insert in this newsletter for updated information on how to register for this drive. Masks and proof of vaccination are required at the time of donation. Sign up at <https://tinyurl.com/3xdzc277>.

Blood is a precious, perishable, life-giving product that can only come from volunteer donors at drives like ours. Donating is a safe, easy way to be a hero for someone somewhere—a single donation can save up to three lives.

If you're unable to donate blood, we've set up a way you can honor those who can by making a monetary donation to the Beaumont PTA's Family Resiliency Fund. Check out that insert for details on this worthwhile program supporting families in our community.

Odds and Ends

In my last column, I gave a shout-out to all the wonderful volunteers who deliver this newsletter, but I inadvertently left out a couple of names. So here's a big thank-

continued on page 5

Our Organization

BWNA Board

President

Tim Gillespie 503-287-6272
president@bwnapdx.org

Vice-President

Andrew Rinke 503-893-2504

Secretary

Barbara Strunk 503-284-7502

Treasurer

Karla Lenox 503-686-5915
treasurer@bwnapdx.org

At-Large Board Members

Sam Balto 202-309-0343
Al Ellis 503-287-0477
Gary Hancock 503-367-0862
Derek Hubbard 503-351-4523
Patty Nelson 503-281-8035
John Sandie 219-508-4162
(four open positions)

Immediate Past President

Tim Hemstreet 503-239-6231

Related Organizations

Beaumont Business Association

Kathy Madore
beaumontbusinesses@gmail.com

Central Northeast Neighbors Board

Barbara Strunk 503-284-7502

Areas of Interest

Residents are encouraged to participate. Contact committee chairs for details.

- **Beaumont Middle School Committee**
Tim Gillespie, chair 503-287-6272
- **Communications Committee**
Andrew Rinke, chair 503-893-2504
- **Crime Prevention Committee**
Bill Markwart, chair 503-282-4610
- **Land Use Committee**
Tim Hemstreet, chair 503-239-6231
- **Friends of Wilshire Park Committee**
Gary Hancock, chair 503-367-0862
- **Newsletter Team**
Chair: Al Ellis, editor@bwnapdx.org
Graphic Design: Jane Feinberg, design@bwnapdx.org
Copy Editor: Myrna Sheie 224-659-1537
Distribution: Georgina Head 360-739-7896
John Sandie 219-508-4162
- **Transportation Committee**
John Sandie, chair 219-508-4162
- **Website (www.bwnapdx.org)**
Andrew Rinke 503-893-2504



Editor's notes

by Al Ellis

Ironic, yet fitting, the darkest days of the year play host to the brightest of holidays. Thus

amid the dreariness of winter, Thanksgiving, Hanukkah (this year beginning the Sunday after Thanksgiving), and Christmas serve to illuminate positives in life—particularly gratefulness for loving family, supportive friends, and caring neighbors. That may be Pollyannaish, but there's something to say for the "holiday spirit" keeping negatives in perspective with the focus on counting blessings and the glass half-full.

Glass-half-empty scenarios abound on these days, however. For example, the steady flow of incidents of crime reported by B-W residents on popular social media platforms like Nextdoor, perhaps leading one to conclude that our neighborhood is ground zero for hooliganism and worse. But before assuming the worst, consider the glass-half-full perspective: based on feedback to BWNA from local police, Beaumont-Wilshire is among the lowest in volume and degree of criminal activity on the east side—a positive spin for sure, but a welcome one.

This newsletter's approach to negatives and positives, is a balancing act, neither shying away from the lemons nor shortchanging the lemonade, content running the gamut from gripes to plaudits. But in the spirit of the season, let me take this opportunity to accentuate the positive with a tip of the editor's hat to our team:

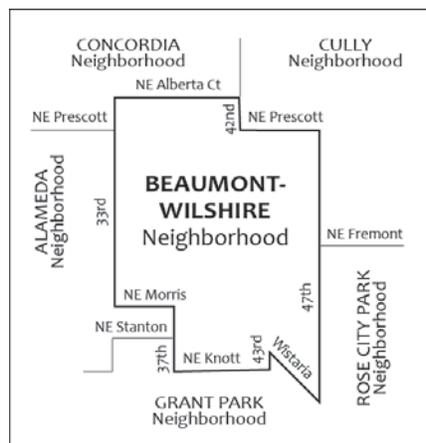
- **Civic-minded:** The half dozen or so regular staff members, together with an army of distributors walking routes to deliver over 2,600 newsletters, do so sans compensation, motivated by service to neighbors and the community.
- **Reliable:** Writing, editing, and layout designing can be labors of love, but they're labor-intensive as well, requiring hours in front of the computer—typing and retyping, configuring

and reconfiguring, fact-checking and revising. Likewise, it's no cakewalk for the distributors who volunteer to take on additional routes for those on vacation, ill at home, or otherwise out of action. Bottom line: this team comes through in the crunch.

- **Deferential:** Writing is personal. From conception of the theme to insertion of the final punctuation mark, it's your baby—yours, that is, until an editor intrudes to suggest how to improve the child. (Ouch.) But that's far from the perspective of our writers (me included), who view edits for what they're intended to be—helpful assists, not meddling "intrusions." And while the editing process begins with me, it's only a first stop, with team members encouraged to scrutinize the text and layout and offer suggestions prior to final examination by our ace copy editor Myrna Sheie (pronounced "Shay"). Each of us, regardless of prior journalistic experience, gives it our best shot, bolstered by a little help from our friends. "Good catch!!" we say in gratitude.

Glass-half-full for the ages: In 1863, the Civil War far from decided, Abraham Lincoln proclaimed the last Thursday of November as a nationwide Day of Thanks.

On behalf of the newsletter team, we wish you a plenitude of holiday positives!



Calendar of Events (cont.)

BWNA Meetings

NOTE:

Check "Upcoming Events" page on BWNA website (www.bwnapdx.org) for venue and/or Zoom link information regarding General and Board meetings.

For Zoom links to Friends of Wilshire Park committee meetings, contact Committee Chair Gary Hancock via email at outside503@aol.com or via phone at 503-367-0862

Monday, November 8: Board meeting via Zoom, beginning at 7:00 p.m.

Wednesday, November 10: Friends of Wilshire Park committee meeting via Zoom, beginning at 7:00 p.m.

Wednesday, December 8: Friends of Wilshire Park committee meeting via Zoom, beginning at 7:00 p.m.

Monday, December 13: General meeting via Zoom (or at a venue to be determined), beginning at 7:00 p.m.

BWNA Newsletter

Instructions for Article and Ad Submission

Information about submission of articles and "Letter to the Board" editorials as well as a step-by-step procedure for selection, payment, and submission of ads are provided on the BWNA website (www.bwnapdx.org). Click on "Newsletter/About the Newsletter" at the top of the home page.

Ad Payment

We accept payment by mail and electronically using Venmo. Details for both methods will be provided on your invoice.

Submission Deadline

Friday, December 10 (for the January-February 2022 newsletter)

Email articles and Letter to the Board editorials to Al Ellis (editor@bwnapdx.org)

Email photos, graphics, and ads to Jane Feinberg (design@bwnapdx.org)



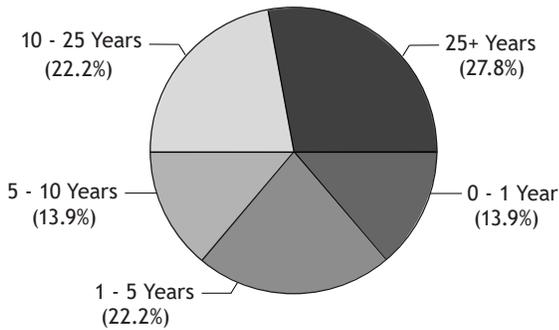
Who is Beaumont-Wilshire? Neighbors who care

by Andrew Rinke

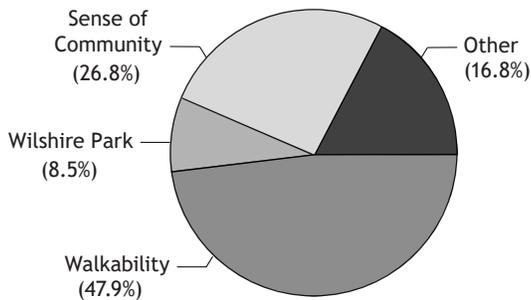
Editor's Note: Andrew is BWNA vice president and chair of the BWNA Communications Committee.

Thank you to the 72 neighbors who responded to our neighborhood survey sent out in September via e-mail. Through five questions, we learned so much!

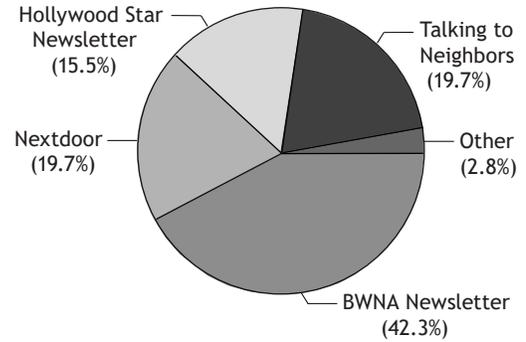
How long have you lived in the Beaumont-Wilshire neighborhood



What is your favorite characteristic of our neighborhood



From where do you get most of your information about our neighborhood



There is a wide mix of new and established neighbors, walkability and sense of community are the favorite characteristics of 75 percent of respondents, and our newsletter is a leading source of neighborhood information for residents. The second is a tie between talking to your neighbors and Nextdoor.

In the open-ended question, “What’s the biggest challenge facing our neighborhood?”, we received clear feedback on what’s important to us as Beaumont-Wilshire residents.

The overwhelming theme of your responses was the need for a **safe community**. Safety showed up in terms of rising incidents of crime, unmarked intersections, and speedy street traffic. While crime is something we’re combatting as a city, BWNA’s transportation committee has been taking feedback from neighbors and working with PBOT to improve traffic safety.

Our neighbors’ expression of **community**, however, presented itself in three different ways: to increase our sense of community, a desire to create a more stable community, and the need to diversify the community.

continued on page 5



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artisticportlandgallery.com

Who is Beaumont-Wilshire? (continued)

Breaking it down, some neighbors believe the biggest challenge is getting to know your neighbors and restoring the fabric of our community in a post-pandemic world. Others voiced the concern that more dense housing and renters will degrade the neighborhood, while a number of respondents shared that we need to expand the accessibility and openness of our neighborhood to more people.

As I see it, we all really care about our neighborhood, notwithstanding differences of opinion regarding characteristics of an ideal community. And of course there will be conflicting elements we cannot control. It's my hope that regardless of the size of house or number of units, we can see each resident as a neighbor and treat each other with warmth and consideration.

President's message (continued)

you to newsletter team members Meghan Sinnott and the amazing Marian Trythall, who I am told "is still pounding the pavement in her nineties."

We are happy to have Derek Humbar as our newest Bwana board member (see interview with Derek on page 6). If you run across Derek, give him a hearty "Thanks!" There are more open spots on our volunteer board. If you have future endeavors you think we should be undertaking or if you're interested in rolling up your sleeves on current projects or just generally interested in community service, consider joining us. We need your talents and opinions. Interested? E-mail me at: president@bwnapdx.org.



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Questions about real estate? Just ask! As a Beaumont-Wilshire resident and a Realtor with Moran Homes of Windermere Realty Trust, I'm happy to answer any and all your Qs about buying or selling a home.



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Moran Homes is a Real Estate Team of 4 licensed brokers led by Susie Hunt Moran and Matt Moran, Principal Brokers.

Family man and IT CFO Derek Humbar steps up to serve on board

by Mark Mohammadpour

This month we're profiling new BWNA Board member Derek Humbar. Derek is the Chief Financial Officer at Portland Internetworks, a 35-person IT support company. For fun Derek and his family (his wife and three kids, ages 2, 4, and 15) enjoy camping throughout the Pacific Northwest, with Nehalem Bay State Park their favorite venue.

How long have you lived in the neighborhood, and what's your favorite part of living in the neighborhood?

We moved to Beaumont-Wilshire in December 2016, and my favorite part of living here is the great walkability, whether it be to the businesses on Fremont or to Wilshire Park.

What are your favorite neighborhood businesses, and why?

Tomorrow's Verse. It's pretty amazing that a bar that features two things I love



Derek Humbar (Right) is the newest addition to the BWNA board. Photo provided by Derek Humbar

(live music and craft beer) opened a few blocks from my house! Honorable mention: Prince Coffee.

What does being a board member mean to you?

I joined the board because I plan on being in Beaumont-Wilshire for a long time and want to see our community thrive. I think I can help!

What are the issues you want to help address as a board member?

I think neighborhood safety is a hot topic and an important one. Also, I want to see the small businesses in our neighborhood succeed and perhaps with my background I can help that cause.

Thank you for your service on the board, Derek!

Calling all Volunteers!



BWNA has volunteer opportunities to suit every interest! From serving on the board to delivering the newsletter to reporting/article writing to offering your neighbor a hand or helping to maintain and beautify Wilshire Park, there's much work to be done to keep our neighborhood strong. Want to know more? Contact Al Ellis (editor@bwnapdx.org) and get involved!



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Holiday recycling with Liz

by Elizabeth Erickson

These months bring annual traditions and events, and I'd like to offer some tips for reducing waste and recycling appropriately.



candles burn down, the wax can be re-melted into new candles (look up instructions online). Otherwise, they go in the garbage.

Wrapping Paper

Reduce: Our family has started wrapping gifts in a new scarf, a dish towel, or cloth bags tied up with a nice ribbon. The wrap itself is an extra gift, and the bags circulate year after year.

Reuse: Extend the life of what you have around the house: packing or butcher paper, newspaper, gift bags, tissue paper, or other items. I keep a box in the basement to hold these items as I receive them.

Recycle: Wrapping paper and cards embedded with foil or glitter go in the garbage. Regular wrapping paper and tissue paper, when it can't be reused, can be recycled curbside.

Instead of giving an item: consider gifting a membership, experience, or class taught by you as a donation to an organization—no packaging or wrap required!

Strings of Holiday Lights and Candles

Recycle, if possible: At the end of the life of holiday lights, they usually go in the garbage. But look for community efforts to recycle them. (Local scrap metal recyclers accept them for the wires). And when

Packaging

Flatten and recycle cardboard boxes curbside after reusing them. If you have more than your cart can handle, bundle flattened cardboard and set it next to your cart on collection day. Do not overflow your carts; make sure lids can close to reduce the potential for litter.

Reuse and then recycle plastic bubble mailers, plastic film, and plastic bags at area stores like Target, Fred Meyer, and New Seasons. Mailers/envelopes with a mix of paper and plastic may be reused, but dispose of them in the garbage.

Food Waste Reduction

SaveTheFood.com and LoveFoodHateWaste.com are two websites that have a lot of useful and reliable information on cooking for more people than usual, storing leftovers, and understanding "Best By," "Use By," and other labels that can lead to wasting food. Check out the "guestimator" tool to right-size your grocery shopping and preparation.

Questions? Comments? Contact Liz (elizabeth.ann.erickson@gmail.com).

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FoWP fundraiser (continued)

a drawing for a dozen donuts from CocoDonuts!); and a Q&A session in the dog park with Mike Grosso from Portland Parks & Recreation (PP&R) to learn more about the dog park water fountain project and its cost (almost \$22,000!)



Residents who braved the first MAJOR rain of the season on Saturday, September 18 to attend the Q&A session with Mike Grosso of PP&R and FoWP Committee Chair Gary Hancock heard about our fundraising history (e.g., success in getting NatureSpace created, upgrading of the toddler play area, increasing native species plantings around the park) and about the off-leash dog area water fountain project, which has generated over \$4,000 in donations. Grosso explained that this project is so expensive because bringing water to the dog park requires two major fees: 1) Water Bureau: \$11,692; and 2) Parks Bureau: \$10,000. The water source would be provided by the Portland Water Bureau and include charges for a 3/8-inch water meter service, service development, meter service installation, service activation, and backflow review and inspection (totaling an estimated \$11,692). PP&R fees include design plan development and review, plus a backflow device, area drain, plumbing line, plumbing labor, materials and equipment, a frost-free line, and a contingency fund totaling an estimated \$10,000. (Total estimated cost: \$21,692).

Some neighbors and dog park regulars expressed concerns about the type of fountain, hygienic safety, and the possibility of the water source being used by houseless people for themselves, not dogs. Mike Grosso responded that to date PP&R has not found a correlation between water sources and increased houseless visitation. The water source won't be tied into the existing irrigation points in the park, which means water will be available for the dogs all year long. Regarding hygiene, PP&R plans to have a drain so that the water doesn't pool and create a bacteria source. The specific location will be determined by the design plan development and a review by the PP&R and the Water Bureau. The current thought is to place the fountain in the vicinity of the picnic table.

The FoWP Committee's message to the community is: "Let's do this!!!" To help get the dog water project to the finish line, volunteers and

donors are needed. If you're interested in lending a hand, contact Gary Hancock (outside503@aol.com) or send an e-mail to the committee (friendsofwilshirepark@gmail.com). Monthly FoWP meetings are held on the second Wednesday of the month via Zoom beginning at 7:00 p.m. (E-mail Gary for the Zoom link.)

Finally, scan the QR code below to donate via the GoFundMe site. (If your company has a matching gift program, you can double your tax-deductible donation!)



Do you know a neighbor who could use a helping hand?

The Beaumont-Wilshire Neighborhood Volunteer Group stands ready to pitch in.

Cleaning chores: yard work, window washing, garage/storage organization, simple painting.

Contact John Sandie
219-508-4162 or sandiefam@gmail.com

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Holiday cyclamen...and more

by Barbara Strunk

As the holidays approach for florists, cyclamen appear in garden centers. These plants have lovely, uniquely shaped, and scented red, pink, or white flowers and shiny dark green leaves with varied patterns in white and silver. This is *Cyclamen persicum*, a beautiful plant native to North Africa, the eastern Mediterranean, and Middle Eastern countries. Though *C. persicum* is a lovely winter holiday plant, it is not hardy in our wet, relatively cold winters. It is also quite difficult to keep going in a pot, even for the most experienced houseplant gardeners. Water *C. persicum* only when the soil is dry, but before the leaves droop.



are deposited in ant nests can grow quite a clump of cute little tubers with a single tiny leaf, which can be separated and planted where you want them.

Hardy cyclamen also grow well in pots with good quality, gritty soil and limited watering. Potted cyclamen also have a dormant period when watering should be minimal. I try to propagate cyclamen from seed and by harvesting small tubers, so plant labels are essential during the months when there is nothing above the soil in the pot. Hardy cyclamen in pots should be kept where temperatures are moderate since they do not do well when freezing and thawing; this is a mistake I have made.

Luckily there are species of cyclamen that do very well outside in our climate. *Cyclamen hederifolium* and *Cyclamen coum*, both native to higher elevations in the Middle East, have done well in my garden for more than 30 years. Fall blooming *C. hederifolium* grow well in my west-facing, sunny rock garden, with the beautiful clumps of leaves continuing through the winter after the flowers have died back. Spring-blooming *C. coum* prefer somewhat shadier areas under trees and shrubs, though they do grow well in cool sun. Both of these cyclamen require gritty well-drained soil. Avoid lots of watering during the summer when they are dormant. These are small plants that can easily be overcome by neighboring plants, so giving them a bit of space is advised. When dormant in the late spring and summer, the leaves disappear. Cyclamen are easy to relocate because they grow from tubers growing just below the surface of the soil.

There are several additional species in the *Cyclamen* genus (*C. purpurescens*, *C. repandum*, *C. graecum*) that are not quite as easy to grow, but are very rewarding when grown in pots or protected areas of the garden. You may become enamored with cyclamen; give them a try.

Resources: Carey, Dennis and Avent, Tony, *Cyclamen* – Great Hardy Perennials for the Garden; “Found on the Plant Delights Nursery” website (plantdelights.com). Click on Articles Library; Grey-Wilson, Christopher, *The Genus Cyclamen*. Kew Magazine Monograph. 1988.

Cyclamen reproduce via the spread of their seed. Each seed has sweet, fatty tissue attached called an elaiosome, which attracts ants. This process of ant-distributed seed is called myrmecochory (a useful word that we can all add to our daily vocabulary, especially if we engage in advanced nerdism). Because of the efforts of ants, cyclamen can pop up where least expected, such as between flagstones in garden paths or in the pots of other plants. Seeds that



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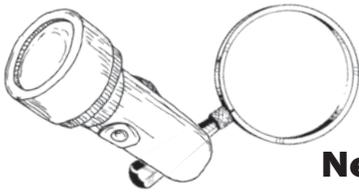
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Neighborhood Walkabout Scavenger Hunt

Answering the following questions will give you a good excuse to see a wide swath of our neighborhood and give your family a chance to get into the random drawing for some nice rewards (three winners of \$25 gift certificates to local businesses). Score at least nine correct answers to get into the drawing.

Send your answers with contact information to info@bwnapdx.org (scan as pdf or jpg) or drop off your answers at 3425 NE Fremont Street. Entries must be received by Friday, December 3.

1 What is the total number of stairs on the two public staircases located on NE Alameda Street between 42nd and 45th avenues?

2 What does the sign say on the gate to south Wilshire Park from 35th Avenue?

3 What is the number on the PGE power pole located at 47th Avenue and Beech Street?

4 What is written on the lower-right portion of the mural on the west side of Amalfi's?

5 What is the title of the coloring books displayed on the front windows of Cat Six Cycles?

6 What type of business used to be in the building now housing The Arrangement?

7 What is the name of the flag displayed at 3425 NE Fremont Street, and what country does it represent?

8 What is written above the doorway between Bagel Land and Artistic Portland Gallery?

9 Which of the Seven Wonders of the World is depicted on the south wall inside Everest M Market?

10 On the Alameda Island Rain Garden (Alameda and Klickitat) display, which plant is shown in picture No. 5?

(Full Name)

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Newsletter advertiser Jad Hamdan brings neighborhood flair to financing!

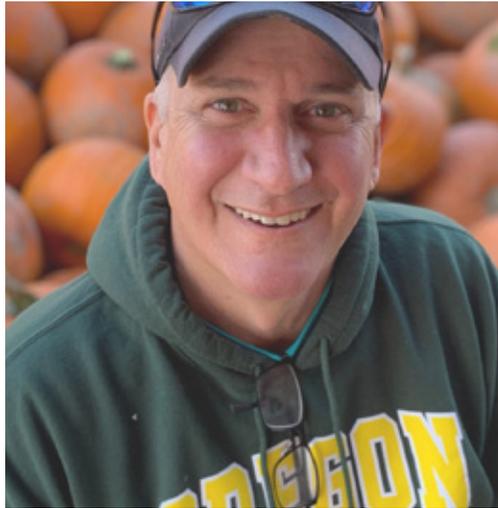
by Polly Webber

Have you been considering refinancing your existing home or maybe getting a mortgage for a new house? Now is the time to get your ducks in a row according to Jad Hamdan of Your Northwest Mortgage Broker (individual NMLS #1025363), affiliated with Northwest Funding Group (group NMLS #101770). Jad is an experienced neighborhood-based lender who can help with loans for today and financing for the future. See his ad at the bottom of this page.

Jad lives in the Beaumont-Wilshire neighborhood with his wife Amy (former district organizer for the Beaumont Business Association) and two daughters (Zoey, who graduated from Grant in 2018, and Emma, who is currently a senior at Grant).

Given the complexity of financing and the fast-paced market, it's important to work with a full-service lender who can dependably advocate for clients and is available when needed. Loan officers in many banks and large companies work 9 to 5, Monday through Friday, but Jad is there to help his clients outside of those hours, providing useful information that sometimes leads to quicker closing on loans.

Business is brisk for Jad, especially now with clients wanting to take advantage of historically low interest rates by refinancing from a 30-year to a 15-year mortgage and thus helping them pay down



B-W resident and newsletter advertiser Jad Hamdan brings a strong sense of community to his role as a neighborhood-based lender. Photo provided by Jad Hamdan

their mortgage balance faster with less interest payments over the life of the loan.

A favorite part of the job for Jad is “the day my clients receive keys to their new home. That is always so rewarding! And being a mortgage broker now for the last six years, it's very gratifying to watch my clients' net worth increase through owning real estate by placing them in a mortgage product that helps them grow their financial well-being.”

Jad has a strong sense of community and welcomes questions from residents about financing. He publishes a first-rate newsletter filled with lending and local information and last month held a “jam raffle” (and let me say, his jam is awesome-tasting!).

On game days, you can find him hanging out at McPeet's Pub, and in the morning you can find Jad and his family at Happy Day Juice for a “Green Team Smoothie” (always a healthy boost to the system). Keep an eye out for Jad around the neighborhood and contact him to learn more about the lending experience and perhaps even create a relationship that will last for years to come:

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Email: jad@nwfgi.com

Web: yournorthwestmortgagebroker.com



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A “Cook Like No One is Watching!” recipe from Susan Trabucco

Serves 8 to 10

Particularly Pomegranate-y Salad

This salad is comprised of several elements, each with their own ingredient list and instructions (as listed below). The parts then come together to form the salad in a crescendo of color and flavor—a beautiful, tasty addition to any holiday table.

Marinated Kale

5 kale leaves, removed from stem, sliced about ¼ inch thick
1 tsp extra virgin olive oil
pinch salt and pepper

Place in bowl, drizzle with olive oil, sprinkle with salt and pepper. Scrunch with your hands for 20 seconds to soften leaves and coat with oil. Let stand for at least 30 minutes.

Honey Cinnamon Walnuts

1½ c walnuts or pecans
¼ c honey (heated if needed to be runny) or maple syrup
½ tsp cinnamon
⅛ tsp salt

Place walnuts in a bowl, drizzle with honey, and sprinkle with cinnamon and salt. Mix, spread on paper-lined baking tray. Bake at 350° for 15 minutes, tossing once halfway. Leave to cool, then break walnuts up into slightly smaller pieces.

Salad

Seeds from 1 large pomegranate
8 c (4.5 oz) baby spinach
3.5 oz blue cheese, crumbled
½ c dried cranberries (or raisins)
2 blood oranges or other orange varieties, sliced

Pomegranate Dressing

2 Tbs pomegranate molasses
1½ Tbs red wine vinegar (or white wine vinegar or cider vinegar)
4 Tbs extra virgin olive oil
½ tsp each salt and pepper
Place ingredients in a jar and shake well.

To assemble:

Put kale and spinach leaves in a giant bowl. Drizzle with about 3 Tbs of dressing; toss well. Then put half kale/spinach into a large serving bowl. Sprinkle with 1/3 EACH of walnuts, blue cheese (crumbled), pomegranates, orange segments, and cranberries. Top with remaining kale and spinach, then remaining walnuts, blue cheese, pomegranates, orange segments, and cranberries. Drizzle remaining dressing over the salad just before serving.

Note: Best served freshly assembled, but this salad will hold up better than some because kale and spinach don't get soggy immediately upon being dressed.

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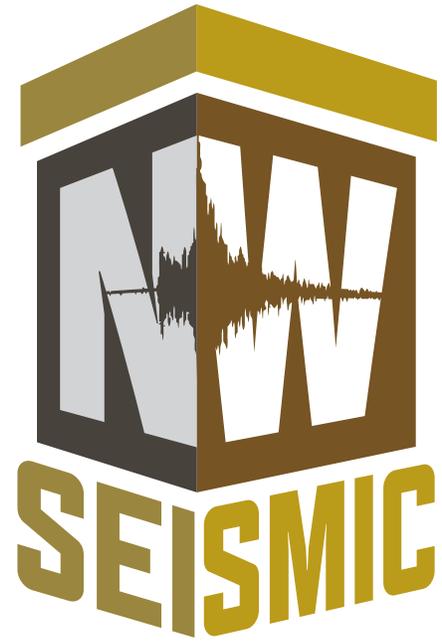


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