



March-April 2019

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FIND THE Beaumont-Wilshire Neighborhood Association ONLINE AT www.bwna.us

BWNA Calendar of Events

Community Events

Friends of Wilshire Park Meeting
Wednesdays: March 13, April 10, and May 8
7:00 p.m.-8:30 p.m.
Bethany Lutheran Church
NE Skidmore and 37th Fellowship Hall
(in basement; use walkway on Skidmore side of church)

Taste of Beaumont/BWNA elections
Tuesday, April 2
6:30 p.m.-8:15 p.m.
Beaumont Middle School (NE Fremont and 42nd Avenue)
Cafeteria (on Fremont side of school)

Slough 101 (free nature workshop)
Friday, April 6
9:00 a.m.-1:00 p.m.
McKinstry Company
16790 NE Mason Street
Portland, OR 97230
(see article on page 7 for details)

continued on page 3

Front burner issues for Beaumont-Wilshire: HB2001, Civic Life, and Taste of Beaumont

by Al Ellis

On a chilly, drizzly February evening, the snowfall ended and civic-minded residents braved the elements to attend BWNA's first general membership meeting of the new year featuring guest speaker State Representative Barbara Smith Warner, whose District 45 includes Beaumont-Wilshire. Fielding questions on a variety of topics, the three-term legislator responded mostly to concerns from neighbors over proposed legislation that would eliminate single-family dwelling zoning in cities of 10,000 or more and require rezoning to high density for the purpose of encouraging construction of duplexes, triplexes, fourplexes, and cottage clusters. Following the session with Representative Smith Warner, discussion shifted to an Office of Community & Civic Life code change initiative that could conceivably result in the demise of

Portland's neighborhood association system as we know it. BWNA President Tim Hemstreet, however, assured attendees that this year's Taste of Beaumont would take place as planned in the Beaumont Middle School cafeteria—albeit on an earlier date in April, on a different day of the week, and with an improved format. (See page 3 for details)

The density-expansion bill in question, HB2001, is especially concerning to residential neighborhoods like Beaumont-Wilshire that are densely populated with older, relatively affordable homes (compared with newly built million-dollar-plus homes) and a scarcity of open lots to accommodate new construction, leaving existing viable homes vulnerable to

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Friends of Wilshire Park looking to attract support for new projects

by John Sandie

Buoyed by the successful completion of the NatureSpace project, the Friends of Wilshire Park (FoWP) group encourages residents to visit the park to tour the wonderful addition. The many contributors to the projects were highlighted in the previous issue of the newsletter, which can be accessed via the newsletter archives on the BWNA website (www.bwna.us).

FoWP have been meeting to continue the momentum and gathering neighborhood input to develop plans for improvements in the toddler playground and off-leash dog run. The toddler area received a bit of a jump-start through allocated Portland Parks & Recreation (PP&R) bond funds that replaced an aging

structure on the east end of the playground. In addition, small events have been organized, such as groups of volunteers cleaning existing signage and picking up fallen branches, all of which strengthen the relationship between FoWP and PP&R, an invaluable partner. Further informal communications have clarified requirements and challenges for moving forward with larger conceptual changes and improvements. These will require support from PP&R, which has had two years of major budget reductions, making any significant new improvements extremely challenging. For that reason, FoWP is defining smaller incremental enhancements that require

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## President's message

by Tim Hemstreet

## Discussing current issues and anticipating Taste of Beaumont

*Editor's note: Though speaking to many of the same topics reported in this issue's front-page article, Tim's review of the general meeting adds valuable detail and useful context to the story.*

### Discussing current issues

At February's general membership meeting Representative Barbara Smith Warner, state representative for District 45, which covers the majority of Beaumont-Wilshire, presented the legislative priorities that had been agreed to by the governor and leadership of the House and Senate. These priorities included:

1) Funding Oregon's portion of the Medicaid expansion funding gap to support the Oregon Health Plan; 2) Housing supply and renter affordability; 3) Education funding and revenue reform; and 4) Advancing the Clean Energy Jobs bill, which would put a cap on carbon emissions. A good discussion followed with questions from neighbors about the potential impacts of the proposed legislative solutions to these issues. Neighbors were particularly concerned about the potential impacts of House Bill 2001, which would require cities to allow multi-family housing in areas currently zoned for single-family dwellings. Beaumont-Wilshire Neighborhood Association has previously advocated that increased density be focused on commercial corridors and areas well served by frequent public transit.

Following the discussion with Representative Warner, the City of Portland Office of Community and Civic Life's (OCCL) code change process was discussed. A committee has been formed by OCCL to recommend changes to the City Code (Chapter 3.96) that governs neighborhood associations

and district coalitions for consideration by the City Council in July 2019. The code has not been revised since 2005, and OCCL is seeking to ensure that diverse and underserved communities are better included in civic engagement opportunities. While it remains to be seen what the proposed changes to the code will be, many neighborhood associations and district coalitions are concerned that it could mean a diminished focus on the neighborhood association governance structure, which has been a positive way for many neighbors to engage with city government and effect positive changes in their neighborhoods.

### Anticipating Taste of Beaumont

Finally, please join us for Beaumont-Wilshire Neighborhood Association's Taste of Beaumont event at Beaumont Middle School at 6:30 p.m. on Tuesday, April 2, 2019. We will once again be sampling items from some of our neighborhood's many fine restaurants while enjoying music from the Beaumont jazz band under the direction of Cynthia Plank. We will also elect members to fill BWNA board positions. We have a number of vacant board positions that we need to fill to help us continue our mission of building community in our special corner of Portland and advocating for city policies and services that will improve our neighborhood's livability. This year's revised format will see a shift to nominations and voting at the very beginning of the evening, when the crowd is at its peak. Please join us at this event, and do let me know if you are interested in joining the BWNA Board. I'd be happy to explain the work we do to see if it matches your interests. Have a great spring and see you at Taste of Beaumont on April 2nd!

## Our Organization

### BWNA Board

#### President

Tim Hemstreet 503-239-6231  
president@bwna.us

#### Vice-President

Kathy Campbell 503-515-6225

#### Secretary

Barbara Strunk 503-284-7502

#### Treasurer

Karla Lenox 503-292-4821  
treasurer@bwna.us

#### Board Members at Large

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Tim Gillespie 503-287-6272  
Cliff Goldman 503-282-1150  
Gary Hancock 503-367-0862  
Deb Harris 503-284-4449  
Roger Price 503-287-9068  
(four open positions)

### Related Organizations

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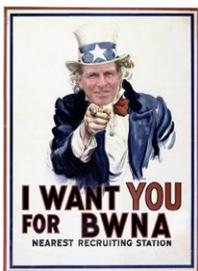
Amy Hamdan  
beaumontbusinesses@gmail.com

#### Central Northeast Neighbors Board

Barbara Strunk 503-284-7502  
Tim Hemstreet 503-239-6231

### Areas of Interest

- **Beaumont Middle School**  
Al Ellis 503-287-0477
- **Crime Prevention**  
Bill Markwart 503-282-4610
- **Transportation**  
Jim Howell 503-284-7182
- **Land Use**  
Tim Hemstreet 503-239-6231
- **Newsletter**  
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Instructions at www.bwna.us
- **Parks & Open Spaces**  
Gary Hancock 503-367-0862
- **Friends of Wilshire Park**  
Gary Hancock 503-367-0862
- **Website (www.bwna.us)**  
Mario Caoile and Helen Koba  
503-819-5524



## Editor's notes

by Al Ellis

**M**other Nature and the song "Tuesday Afternoon" are indelibly linked in this

child-of-the-60s mind of mine, as I harken back to Moody Blues' contemplative lyrics: "The trees are drawing me near, I've got to find out why; I'm just beginning to see..." And in concert with the song's theme, spring's floral renewal encourages both reflection and wonder.

But how does this connect to BWNA and this newsletter? Let me suggest an analogy: just as spring ushers in flora's annual regeneration, it also provides the backdrop for BWNA's annual opportunity for rejuvenation, aka Taste of Beaumont (TOB for short.) See the Calendar of Events for the date and time.

As for a newsletter tie-in, our team is charged with the responsibility of getting the word out about TOB to the over 2,500 residences and businesses in the neighborhood, and to do so in memorable fashion. Why memorable? Because the online color version of the March-April newsletter is posted on BWNA's website ([www.bwna.us](http://www.bwna.us)) as early as late February, with hard copies delivered to the door as early as the first week of March, with TOB still weeks away, providing ample time to forget. Couple that with the change from the second Monday to the first Tuesday, a retention-boosting strategy is in order (hence my Moody Blues ploy).

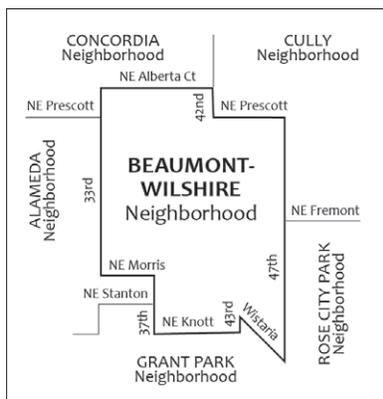
My characterization of the essence of TOB as BWNA's annual opportunity for rejuvenation is not hyperbole. As we enhance relations with local businesses, strengthen ties with Beaumont Middle School, and most significantly for the viability of BWNA, motivate volunteers to serve the neighborhood through filling four at-large board positions this year at TOB elections, participate on committees, and assist with the newsletter. Regarding the latter, since expanding from 12 to 16 pages in the last issue, we now have need of an additional writer-reporter to provide expanded

coverage. So if you enjoy writing and like the idea of connecting with the community through investigative reporting of local stories, contact me for details ([editor@bwna.us](mailto:editor@bwna.us)).

Switching to my BWNA board hat, and in the spirit of TOB, I tip the hat in tribute to my colleagues—five fellow at-large members, four officers, and our immediate past president. Having served on BWNA boards for a good number of years, including a couple terms as president, I can say without hesitation that this current cadre is up there with the best—not an egotist at the table, not a one pushing personal agendas at the expense of the rest, collegiality and civility the norm, and the neighborhood at heart. Add exceptionally competent officers, and this is a board worth serving on.

I encourage you to jot down a reminder on your calendar right now to attend TOB on April 2 at Beaumont Middle School cafeteria, 6:30 p.m. start, for the opportunity to "take a free ride" (Moody Blues, "Ride My Seesaw"), courtesy of BWNA and friends.

And finally, please welcome our new advertisers Beaumont Preschool (see page 4) and Wild Hearts Wellness (see page 11). Also, TriMet would like to inform B-W neighbors that beginning March 3, 2019, Line 24 will be extended across the Fremont Bridge through northwest Portland to West Burnside Street (see page 16).



## Calendar of Events (cont.)

### BWNA Meetings

#### Location and Time:

Bethany Lutheran Church  
Corner of NE Skidmore and 37th  
7:00-8:30 p.m.

Board meetings in Library Meeting Room  
(enter on 37th side of church)

General meetings in Fellowship Hall  
(down walkway on Skidmore side)

**Monday, March 11:** Board Meeting

**Tuesday, April 2:** Taste of Beaumont (with general meeting and annual elections) will be held in the Beaumont Middle School cafeteria, beginning at 6:30 p.m.

**Monday, May 13:** Board Meeting

### BWNA Newsletter

#### Submission Deadline

**Friday, April 12** (for the May-June newsletter)

E-mail articles and Letter to the Board editorials to Al Ellis ([editor@bwna.us](mailto:editor@bwna.us))

E-mail photos, graphics, and ads to Jane Feinberg ([design@bwna.us](mailto:design@bwna.us))

#### Ad Payment

Please make checks payable to BWNA and mail to the following address on or before the submission deadline (see above):

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2000 NE 42nd Avenue, Suite D #394  
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## Friends of Wilshire Park (continued)

minimal financial's support and time commitment from PP&R personnel to continue Wilshire Park improvements.

For the larger projects, financial support will be needed from multiple resources: significant individual donors, grants from philanthropic organizations, and broader grassroots neighborhood fundraising. In addition, finding creative methods to reduce demands on PP&R will be essential. Partly due to these fiduciary needs, FoWP petitioned the BWNA board to be recognized as a subcommittee under the Parks and Open Spaces Committee. The board accepted this proposal at the January board meeting, officially affiliating FoWP with BWNA, which enjoys nonprofit status through its connection with the Central Northeast Neighborhoods (CNN) Coalition, therefore making donations to BWNA, and now to FoWP, tax deductible.

In early February, FoWP representatives met with Jennifer Yocum (PP&R communications manager) and Mike Grosso (PP&R maintenance supervisor) to discuss FoWP's conceptual visions for Wilshire Park improvements and optional paths of implementation. This meeting confirmed that replacement of existing toddler playground structures, with approved PP&R features within the existing footprint, would be easiest for

PP&R to support in the short term. But any modifications or new features would push requirements to a level of involvement that PP&R could not commit to supporting in the short term. Another consideration is the pending update of the citywide PP&R Level of Service survey and analysis to be completed later this year. This will help determine what type of features in Wilshire Park would be appropriate to fill gaps in accessibility goals within PP&R's overall mission and define the kinds of substantial improvements that would be possible within PP&R plans and budget. The key next steps, then, will be to get both a final approved vision for replacement features on the toddler playground and hard cost estimates, so fundraising can begin in earnest. FoWP also is hoping that getting water to the off-leash dog area falls under the viable short-term improvements.

FoWP continues to reach out to residents for input on priorities, so stayed tuned and get involved in this community effort to make Wilshire Park an even more valuable asset to our neighborhood. FoWP meeting information is listed in the Calendar of Events on page 1.

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## Front burner issues for B-W (continued)

demolition. Representative Smith Warner responded that expanded density zoning is needed to provide housing to absorb projected increases in population, but attendees expressed both skepticism about the bill's one-size-fits-all approach and worry about the unintended consequence of decreasing the of affordable homes in demand by thousands of entry-level buyers for whom apartment or condo living is no longer the preferred option. Other issues discussed included Medicaid, education, PERS, air pollution, and homelessness. Regarding the latter, Representative Smith Warner maintained that the homeless problem is best dealt with on the local level, and thus there is no state funding. (See Susan Trabucco's article n page 10 about CNN's local helping-hand program.)

A speaker from Commissioner Eudaly's staff was scheduled to speak about the Office of Community & Civic Life Code Change Committee, but she was not able to attend due to illness. Nonetheless, discussion ensued on a city initiative to "update" City Code 3.96, which provides legal status and standards for Portland's

system of neighborhood associations and district coalitions. Rising from the audience to address the issue was Central Northeast Neighbors (CNN) Coalition Director Alison Stoll, a past BWNA president, noting that Eudaly's committee was exploring all options, including total replacement of the current system. CNN and BWNA plan to draft resolutions speaking to the merits of preserving a system that serves us well.

This year's Taste of Beaumont is on Tuesday, April 2 (not on the second Monday), starting at 6:30 p.m., in the Beaumont Middle School cafeteria. See President's Message on page 3 for details.

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# Rehabilitated slough habitat a nearby gem of nature

by Barbara Strunk

Whitaker Ponds Nature Park is a resurrected treasure in our neighborhood's backyard. The ponds and woodlands of the park are part of the Columbia Slough that runs along the south side of the Columbia River from Troutdale to the mouth of the Willamette River. The Slough is an urban watershed that provides wildlife habitat and green space crucial to the health of our city, along with drainage, education, and recreation.

The slough and wetlands were home to Native peoples for millennia, and until the 1920s the slough was the site of annual spring flooding from the Columbia River. Subsequent levee construction prevented the flooding, but it also brought urban and industrial development that gradually deteriorated the water quality of the slough. Now, as a result of decades of cleanup and rehabilitation, the Columbia Slough is again becoming a healthy ecosystem for birds, mammals, plants, and people.

Whitaker Ponds Nature Park is an example of successful rehabilitation of habitat that at one time was a junkyard. Two thousand tires were removed in the process of restoration. It is still improving through the efforts of the Columbia Slough Watershed Council, Portland Parks & Recreation, and the Bureau of Environmental Services. A recent project by the Portland Bureau of Transportation has provided parking and sidewalks at the entrance of the park, which is located one-quarter mile north of Columbia Blvd at 7040 NE 47th Avenue. The park includes access to the Columbia Slough with a boat launch for canoes and kayaks. The east pond is a wildlife protection area with no public entry.

Volunteers and city staff continue to plant native wildflowers and shrubs in the black cottonwood forest, maintain the flat half-mile trail along the ponds, and provide education about the plants and animals of the area. Birding is ideal at Whitaker Ponds, especially in the winter when the migratory waterfowl make a home here. There is a great horned owl nest from which you might spot owlets in

February. Spring and summer are opportune for brushing up on your songbird identification skills at the park. Bring binoculars, along with plant and bird identification books, and visit many times throughout the year to observe the changing of the seasons.

Groups such as Audubon conduct birding expeditions at the park, and many classes on native plants and habitat are given there, sponsored by the Columbia Slough Watershed Council. Information on the classes and volunteer opportunities can be found on the council's website ([www.columbiaslough.org](http://www.columbiaslough.org)). For instance, there's a free workshop

called Slough 101 with topics ranging from urbanization impacts on the watershed to flood protection and groundwater resources. The event will be held at the following location:

Slough 101 (free workshop)  
Saturday, April 6 (9:00 a.m. to 1:00 p.m.)  
McKinstry Company  
16790 NE Mason Street  
Portland, OR 97230

To register for the workshop, contact Susanne Raymond at 503-281-1132 or [susanne.raymond@columbiaslough.org](mailto:susanne.raymond@columbiaslough.org).



*The beautiful male wood duck has intricate plumage: green crested head, chestnut breast, and other bold markings. Photo by Barbara Strunk*

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# Helpful advice on solarization from Energy Trust of Oregon

by Nancy Mogielnicki

No matter what a person's motivation is for installing rooftop solar—from the personal (taking charge of one's own energy production) to the planetary (contributing to a shift from fossil fuels to renewable energy)—there are opportunities and procedures that apply to everyone. At the December 2018 BWNA meeting, Jeni Hall of Energy Trust of Oregon provided the following helpful rooftop solar information.



*The Hawley Crumrine family on NE Bryce Street installed their 3.24-kW system in 2011. It has silently fed their house and electric car with power ever since, maintenance free. Photo by Nancy Mogielnicki*

## Economic factors to keep in mind

- 1) 2019 is the last year for homes or businesses to take full advantage of the 30% Federal Income Tax Credit (scheduled to phase out beginning in 2020). The credit can be subtracted from your calculated tax.
- 2) Additional incentives are currently available from the Energy Trust of Oregon.
- 3) The price of solar panels has dropped 60 percent in the last 10 years.
- 4) Solar adds to the market value of your house but does not increase your property tax, thanks to Oregon's solar property tax exemption.

## Free no-risk steps to take in evaluating your home or business for a potential solar installation

**Step 1:** At the Energy Trust of Oregon website ([www.energytrust.org](http://www.energytrust.org)), go to "solar for your home." Provide data on your location, average monthly energy use, contact information, and receive several informal bids from approved solar installers. They will use Google Earth to assess your site.

**Step 2:** Invite three to four suggested installers to come to your home. Each of them—free of charge—will prepare a formal proposal, including size of solar system, costs, energy savings over time, and return on investment. The

installers' proposals may vary considerably in their suggestions about system details, costs, and other variables.

**Step 3:** If steps one and two are complete and you are interested in proceeding, it is time to consider financial options (about which installers can provide information). For instance, one can buy a system, lease a system, or use a "solar loan" available at select financial institutions.

**Step 4:** Discuss your proposals with contacts knowledgeable about solar before making any final decisions. If you want to proceed, sign a contract with

your installer of choice and expect to wait weeks or even a few months until all of the permits are in place to allow installation. The installer will provide a transparent timeline.

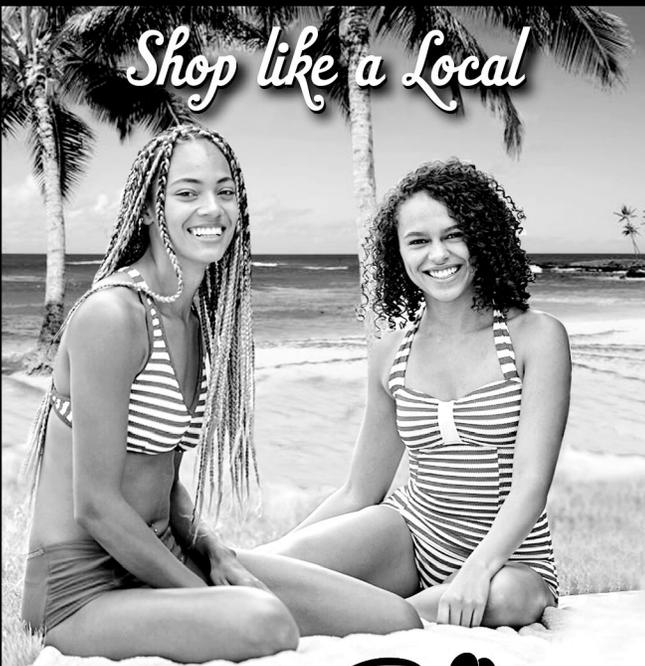
## Coming soon: the "community-shared solar" option

If your home or business is not suitable for solar due to roof orientation, shading, or insufficient roof infrastructure, or if you rent rather than own a home, you will soon be able to take advantage of "community solar" or "community-shared solar." Here is the Energy Trust description:

Community Solar (CS) refers to local solar facilities shared by multiple community subscribers who receive credits on their electricity bills for their share of the power produced. Community solar provides homeowners, renters, and businesses equal access to the economic and environmental benefits of solar energy generation regardless of the physical attributes or ownership of their home or business.

Community solar has been approved by the Oregon Legislature, but the complex rules needed to regulate a CS system are not yet complete. It is estimated that Community Solar installations will begin sometime in 2020. Stay tuned. This may be right for you.

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# CNN committee hopes to improve neighborhood safety with trash removal at homeless camps

by Susan Trabucco

On a cold, foggy Saturday morning in late January, an intrepid group of about 20 volunteers convened at the offices of Central Northeast Neighbors (CNN), a nine-neighborhood coalition of which Beaumont-Wilshire is included. The group's mission that morning was to visit homeless camps to offer bags for trash removal and appropriate receptacles for used "sharps," a term used in the healthcare field for any device or object used to puncture the skin, such as a hypodermic needle. The Monday following, other CNN volunteers were slated to pick up bagged camp refuse at designated sites.

After signing waiver forms to indemnify CNN in the case of any problems, receiving instructions on how to deal with an aggressive dog or person and other safety suggestions, committee members donned brightly colored vests to help identify them as "official" and set out in small groups to a variety of known homeless camps.

Alison Stoll is CNN's executive director. She said that while the effort by the members of CNN's Livability Committee is to reach out to homeless neighbors, the work is ostensibly about neighborhood safety. "When trash and waste pile up, and needles aren't properly disposed of," said Stoll, "it presents a safety problem for camp residents as well as others in the neighborhood."

## How did volunteers feel about the mission?

The experience was a positive one, from committee member Jo Schaefer's perspective. Her team of three approached a campsite in the Madison South neighborhood. "I was comfortable approaching the homeless camp," she said. "I've had lots of diversity training that reveals people respond negatively when approached negatively. Our job was to be welcoming and helpful, and we were treated positively in return." Schaefer acknowledged her comfort-level was increased by the presence of J.B., a formerly homeless man who came to help that day. "He was great. I'm not sure they would have opened the door to us had J.B. not started the conversation," she said.



Members of Central Northeast Neighbors' Livability Committee recently handed out bags and other trash collection receptacles to residents of homeless camps within CNN's borders. L to R: Ramona Reule from the Roseway neighborhood, John Boy (J.B.), a formerly homeless man, and Jo Schaefer, of the Hollywood neighborhood. The trio approached a camp site in the Madison South neighborhood. Photo by Susan Trabucco

With Schaefer's team that day was Ramona Reule from the Roseway neighborhood, who also felt having John Boy there was helpful, yet she was not completely at ease. "This engagement activity took me out of my comfort zone," Reule said, "but I think it's critical to do so anytime there's a complicated issue that needs to be approached from many different angles." Other volunteers, including some who had seen homeless camps but had never approached one, had similar positive experiences.

"Everyone I spoke with felt they learned something, and no one was threatened," said CNN's Stoll. "If a camper didn't want to talk to the volunteers, they just didn't come out of their tent."

Reule acknowledged that it remains to be seen if this outreach will make a difference. "But if we can make this a regular activity, I believe it's a small step toward making a positive impact in the neighborhoods."

## More about CNN and its livability committee

The CNN coalition of neighborhoods is comprised of Beaumont-Wilshire, Cully, Grant Park, Hollywood, Madison South, Rose City Park, Roseway, Sumner, and Sunderland. Cliff Goldman represents the BWNA Board on the Livability Committee, but participation is open to anyone with a residence or business within the boundaries of one of CNN coalition neighborhoods. The committee was formed last spring by the CNN board in response to concerns about trash, including sharps, which began appearing in the neighborhoods as a result of the rising number of homeless camps. "The committee's overall mission," said Stoll, "is to keep CNN neighborhoods livable for both housed and unhoused people who live here."

For more information about CNN or to serve on the CNN livability committee, contact Alison Stoll ([alisons@cnncoalition.org](mailto:alisons@cnncoalition.org)) or BWNA board member Cliff Goldman ([speechflow@yahoo.com](mailto:speechflow@yahoo.com))

*Editor's note: Due to space constraints, Susan's article was edited down in size. The article in full is posted on the BWNA website home page ([www.bwna.us](http://www.bwna.us)).*

# Beaumont Business Association Update: What's new on Fremont

by Amy Hamdan

New eateries have opened on Fremont since the beginning of the year, and more are on the way this spring.

**Anchor End Eurocafe & Bakery** is open at 4641 NE Fremont. Twin sisters Amanda Lewis and Jessica Rachon made a name for themselves with their award-winning pretzels served out of a food cart in Seattle. A few Food Network episodes later, and they are serving up Eastern European comfort food in the old Thrive location. Enjoy breakfast all day, soup, sandwiches, and of course, pierogies. Look for the colorful mural on the side of the building and you are there. Open daily 8:00 a.m. to 4:00 p.m.

**Tacovore** at 3707 NE Fremont has everyone queued up for a cilantro jalapeño margarita and smoked pork carnitas. The neighborhood has been buzzing since owner Jonathan Grumble unlocked the door. Stop in daily 11:00 a.m. to 10:00 p.m.

**Wonderly** is a hip little cocktail bar that has taken root in the old Cha Cha Cha location at 4727 NE Fremont. Owners Kate and Alex Wood (of sister restaurant Bang Bang) offer up 13 signature cocktails, clean modern décor, and intense mood lighting in their new space. Sip and relax with small bites and good friends. Opens at 5:00 p.m. daily.

**Truly Juicery** is coming in May to the corner unit by Prince Coffee on Fremont. Fresh pressed juices, smoothies, and acai bowls are on the vegan, gluten-free, and soy-free menu. Owners Destiny and Jason Sternod hail from Pullman, Washington, and currently own Main Street Squeeze, “the sweetest little juice bar in all of the Palouse.” They consider Portland their home-away-from-home and can’t wait to unpack, Truly.



The newest BBA display kiosk is up at Beaumont Market. Get the buzz on Beaumont by checking the kiosk for updates and events. Advertising space is also available. Contact Amy at [beaumontbusinesses@gmail.com](mailto:beaumontbusinesses@gmail.com) for more info.

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# Riverside Investment Realty's Jean Johnson feels right at home in Beaumont-Wilshire

by Mark Mohammadpour

This issue's advertiser focus is on Riverside Investment Realty's Jean Johnson. The information below is based on my conversations with Jean and her written responses to questions.

Jean spent 10 years teaching public school in the Southwest's Nava-Hopi and is versed in the "Beauty Way," which she relates to the Beaumont-Wilshire neighborhood: "Walk down Klickitat Street or along the Fremont business strip, and you see beauty. You see pride of ownership, from the architecture to the condition of homes and businesses." Jean maintains that like the Navajos and the Hopis, B-W neighborhood residents understand "that if we want to live in beauty, we have to keep things painted up, patched up, and raked up." She concludes on a philosophical note, "And here's the plum in the pudding: when the trappings of our homes are in order, it's somehow easier for our hearts to live in beauty as well. Easier for us to pay it forward by seeing first what we can give, and letting the universe take care of what we get."

Jean is a native Portlander, but during her Southwest sojourn she and her husband spent years hiking and rafting in the Grand Canyon. She recalls that Mother Nature proved her tough love time and again, whether it was during the last miles up the Grandview Trail or in a snowstorm or through Lava Falls with four paddlers in a superbly-made, but entirely dinky, Avon raft. Jean asserts that the lesson learned from these challenges is that "when the going gets tough, the tough get going, and I see that in the people who live in the Beaumont-Wilshire neighborhood as well." The work ethic of the residents and resulting beauty of Beaumont-Wilshire are qualities that Jean holds dear: "People here have gone the extra mile during times when the universe seemed to ask more of them than they could give, and in so doing discovered that they are stronger and able to build lovelier lives for themselves and their families than they ever imagined."



Real estate broker and BWNA advertiser, Jean Johnson, maintains a four-season organic garden at her home in the nearby Roseway neighborhood

Accordingly, the byline Jean uses most often in her work as a real estate agent is "Expect Down-to-Earth Integrity." This line arose not only out of her time with the tribes and in the Grand Canyon, but also from the four-season organic garden she grows at her home in the nearby Roseway neighborhood. From the curbside to the back, Jean plants greens year round; cares for fig, plum, and persimmon trees; gets the snow peas in each March; and braids up the garlic every June before the tomatoes go in for the summer. "It's a beautiful thing to grow your own," Jean says. "Work yes, both in the growing and washing of the greens, but hey, our gardens are great teachers!"

Jean Johnson, PhD, SRES, EA

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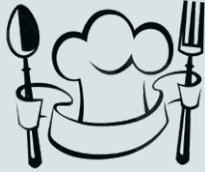
Just Sold in Laurelhurst  
3656 NE Wasco  
Full Price \$545,000  
during the snowstorm!

"Jean is the realtor everyone wishes they had. She uses her academic knowledge (a Ph.D. in history) and her life experiences as a native Oregonian, to help her clients successfully buy and sell their properties.

She was with us at every step and kept us well informed along the way. We were surprised at the time and effort she put forth for us, and overwhelmed at her availability and by the generous sharing of her many resources.

Jean is smart, ethical, insightful and hard working. She'll be your good friend at the end of your adventure, as she is ours!"

~Larry & Mary G, Grant Park



Spring delight from Kathy's Kitchen!  
by Kathy Campbell

## Chicken and Vegetable Hand Pies

14 oz white whole wheat flour (about 3½ c)  
plus 2 Tb, divided  
1 Tb kosher salt, divided  
1 tsp baking powder  
10 Tb ice-cold water  
⅔ c plus 2 Tb extra virgin olive oil, divided  
1½ lbs ground chicken  
4 oz French green beans, cut into ¼-inch pieces  
(about 1 c)  
¾ c finely chopped carrot

1 Tb chopped fresh thyme  
1 Tb minced garlic  
½ c fresh or frozen green peas (thawed)  
1½ c unsalted chicken stock  
1 Tb fresh flat-leaf parsley, plus more for garnish  
¾ tsp freshly ground pepper  
1 large egg, beaten  
1 tsp water  
Cooking spray

Place 3½ cups flour and 1½ tsp salt and baking powder in a food processor; pulse until combined. Stir together 10 Tb ice-cold water and ⅔ c oil. With processor running, slowly pour water and oil mixture through food chute, processing until dough is crumbly. Turn dough out onto a lightly floured surface and knead for 1 minute. Press into a 5-inch disk; wrap in plastic wrap and chill for 30 minutes. Preheat oven to 400°. Heat 1 Tb oil in a large nonstick skillet over medium-high heat. Add chicken; cook, stirring often for 5 minutes until no longer pink.

Place chicken and pan drippings in bowl. Without wiping pan, heat remaining 1 Tb oil over medium-high heat. Add green beans, carrot, thyme, and garlic. Cover and cook, stirring occasionally for 5 minutes until tender. Add chicken and drippings back into pan. Stir in peas. Sprinkle with remaining 2 Tb flour; stir to coat. Add chicken stock and bring to a boil. Cook for 3 to 4 minutes until thickened. Fold in parsley, pepper, and remaining 1½ tsp salt. Whisk together egg and 1 tsp water in small bowl. Remove dough from refrigerator; let stand 5 minutes. Divide dough into 12 equal portions (about 2 oz each). Shaping each into a ball. Roll each ball into a 6-inch circle on a lightly floured surface. Spoon ⅓ cup chicken mixture into center of each circle. Brush edges of dough circles with egg wash; fold dough over filling to form half-moons. Press edges together to seal. Brush remaining egg mixture over top of pies and score tops to vent. Line a baking sheet with parchment paper and lightly coat paper with cooking spray. Place pies on prepared pan. Bake at 400° for 22 to 25 minutes or until crust is lightly browned. Top with additional parsley if desired.

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# Letter to the Board: The dark side of light

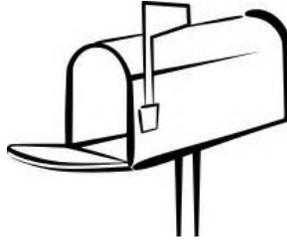
by Eileen Stark

**T**winkling little stars are no longer easy to see because light pollution is causing the night sky glow to brighter each year. Excessive poorly designed lighting that trespasses into the nocturnal world changes the predictable day/night cycle that life evolved in, consumes and wastes energy, contributes to the climate crisis, steals the beauty and wonder of the night sky, and damages biological/ecological rhythms and health. Nearly everything, from bacteria to humans, is impacted.

Wildlife species that work the dusk and dawn or graveyard shifts depend on uninterrupted darkness to provide exquisitely timed cues that direct communication, reproduction, protection, sleep, foraging behavior, and orientation. For long-distance migratory birds who travel at night during spring and fall using celestial navigation, artificial light kills an estimated one billion North American birds each year. Arthropods, like nocturnal moths—their fate seamlessly interconnected with other ecosystem members—perish rather than pollinating, breeding, and supplying bird food. And the seasonal cycle of plants, including trees—particularly those with the misfortune of being planted beneath streetlights or near other lighting—is threatened. Researchers believe that early bud break caused by incessant light will have a cascade effect on other organisms whose life cycles work in tandem with such plants, as well as the plants themselves.

Although nights are getting brighter every year with increased development, it is reversible. Many organizations work to preserve and protect the night skies, including Audubon of Portland’s “Lights Out” campaign. While it will take urban planners, designers, and elected local officials to create standards that minimize light pollution, we can each do our part with minimal effort:

**Switch it off:** Turn off unnecessary outdoor lights or, better yet, install motion-sensors designed to turn on only when needed and turn off after a short period of time.



**Shield it:** Use fixtures that aim light downward and are shielded to prevent glare and trespass on habitat and neighbors. Those with a solid cap above the bulb that prevents light from scattering are best; shades can be purchased to fit existing fixtures.

**Warm it up:** Select warm LEDs (under a 3,000 Kelvin rating) that supply only the amount of light necessary. Those that emit short blue wavelengths are brighter, scatter light more, and are worse for wildlife.

**Keep light indoors:** Close draperies, especially during peak migration seasons (April through June and August through November).

**Request streetlight shields:** PBOT will install shields or re-angle lights when necessary ([www.portlandoregon.gov/transportation/article/672942](http://www.portlandoregon.gov/transportation/article/672942)).

**Buck the trend of landscape lighting:** Most “decorative” outdoor lighting is pointless, wasteful, and detrimental to wildlife, particularly when lights point upwards.

Safety concerns? Most home burglaries occur in broad daylight, not at night, and excessive lighting does not lessen crime. Studies show that bright lights can make victims and property easier to see, as well as create much greater contrast and excessive glare, which increase the deep shadows that may actually assist crime and vandalism. To improve security, use motion sensors to surprise intruders.

*Editor’s note: A Beaumont-Wilshire resident, Eileen is an ecological landscape designer and author of *Real Gardens Grow Natives: Design, Plant, & Enjoy a Healthy Northwest Garden*.*

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Line 24 is just the start. Visit [trimet.org/new24](http://trimet.org/new24) to see Line 24's route plus the other new ways to go by transit rolling out March 3.




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