



NNO Picnic Brings Neighbors Together

by John Sandie

A welcome break from 100-degree heat greeted those who gathered for Beaumont-Wilshire's annual National Night Out (NNO) picnic on August 4th. Filtered sunshine and a pleasant breeze through the large firs made for a near perfect evening to gather with neighbors at Wilshire Park. The dedicated grill crew of Roger Price, Dan Johnson, Tim Hemstreet, and Dave Whitaker had the initial batch of burgers and hot dogs ready to go by the planned 6:30 start. After delivering the meats and condiments, Joel Schmitz and Kathy Campbell had the iced-down water and soda ready to quench everyone's thirst. As in years past, **Everest M Market** and **Beaumont Market** graciously supported the picnic with donations of ice and beverages. As guests filled the community buffet table with side dishes, quite a few stopped to admire the lovely sheet cake donated by **Whole Foods** that anchored the end of the desert section. And let's not forget the scouts of **Troop 107** and **Wilshire United Methodist Native American Fellowship Church** for lending and setting up the extra tables and chairs needed for this event.

(story and pictures continue on page 8)

42nd Avenue Community Active, Evolving

by Laura Waddick

For the past three years, we've been listening to and learning from community members to hear what they wish to see along 42nd Avenue. Through multiple design workshops, community meetings, and informal conversations, one of the most requested features is more community gathering space.

This year we're making that happen! We have been working with a team of community members and organizations over the past six months to help design 42nd Avenue's new Community Plaza. With many thanks to Bill Dickey and Matt Witham, the plaza will be located in the patch of grass in front of Morel Ink, between Port Laundry and the Spare Room. Thanks to the efforts of Habitat for Humanity's Eddie Barnhart and Jessica Jazdzewski, the plaza will also include a rain garden, to be installed by Verde.

The space currently holds a rotating plaza information board, installed by our team a few months back to begin gathering input. Since then, we have been hosting regular events on the site, one of which provided free Spare Room hamburgers in exchange for insights on the space.

With this input, we designed three concepts and asked community members to vote on

which they liked best. Thanks to Miss Zumstein, Rose's Ice Cream, and Cat Six Cycles, we were able to reward voters and those providing input with over 600 ice cream sandwiches and cones during the NE Sunday Parkways event. With a finalized concept, we will break ground on the plaza this October. Head to www.42ave.org/community-plaza to check out the progress on the plaza!

With Beaumont-Wilshire, Cully, and Concordia sharing a common boundary at 42nd and Alberta Court, residents of these neighborhoods are especially encouraged to become familiar with the "new" 42nd Avenue and to participate in any or all of the following upcoming events: a NE 42nd Avenue Business Association Breakfast on September 25 at St. Charles Church, with special guest Tom Kelly, owner of Neil Kelly Company and Portland Development Commission Chair; the Annual Harvest Fest on October 3, featuring family fun, entertainment, and food; and the Fresh Chance Career Fair on October 22 at PCC Metro Workforce Training Center. See the calendar on page 3 for more information.



You know it's Halloween when the cookies get scary at Grand Central Bakery.

Halloween in the 'Hood

by Tekla Hoehn

This year Halloween falls on a Saturday. That comes as a welcome relief for many Portland parents, who won't have to drag sugar-sluggish kids out of bed the next morning. It also means that our neighborhood—a favorite trick-or-treat destination—will probably get hit with even crazier crowds of costumed kiddos. If you're on a popular street, take a deep breath, flip on those outside lights, and get a bigger bowl.

On my block, the Portland Bureau of Transportation has already replaced the old street lights with new LED as part of the city's largest-ever energy efficiency project. The new lights are brighter, last four times longer, and use half the energy of the old bulbs. The effect is full-moon brightness, perfect for illuminating sidewalks crawling with ghosts and goblins. It also means safer streets all around. (The city seems to be ahead of schedule with replacements, but if you haven't seen LEDs yet, your street lights should be replaced by November.)

If you're looking to escape the ceaseless ring of the doorbell this year, leave a cauldron of candy on your porch and head to the Arlene Schnitzer Concert Hall. They've got a killer (pun intended!) Halloween line-up: Denver-based pop duo Tennis opens for bluesy-funky-folk artist Shakey Graves from Austin, Texas. Followers of the Oregon music scene may have seen him at Pickathon in 2014.

(continued on page 12)



President's Message

by John Sandie

Walkability

In July I hosted a meeting of a group of concerned neighbors and a developer who planned to demolish a house on their street, the 3400 block of NE Alameda. During that meeting I had the opportunity to get the developer's view on what was driving the market to tear down houses in inner neighborhoods. He indicated the increasing number of homeowners who are putting urban "walkability" high on their list of wants. This, coupled with a desire for more amenities and bedrooms than the typical 1920's house has to offer, lead developers to replace existing homes with much larger ones to meet the needs of "amply-resourced" families coming to Portland. Rather than discussing the complex and emotional issues around teardowns, I want to focus in on walkability.

It is not a big surprise that the real estate mantra of "location, location, location" is alive and well. Urban walkability is why many folks chose Beaumont-Wilshire many years ago. Indeed, continuing development along the main commercial corridors of NE 42nd Ave. and NE Fremont St. has added to our neighborhood's walkability index. Even Alberta's and Hollywood's eclectic offerings are within comfortable treks of our northern and southern neighborhood boundaries. Even the small, but expanding commercial zone on Fremont and 24th is a reasonable hike away for many of us on the west side of the neighborhood. As I was working the BWNA/BBA booth at Fremont Fest, I had a few couples stop by from outside the neighborhood and express a similar opinion, saying they would definitely include our area in their relocation plans for just these reasons.

As long as I'm on the topic of walking, let me fully disclose: I have, at times, been a "covert clipper." I don't encourage intrusive pruning on any other person's property, but I do understand the desire to remove branches that smack you in the face when you're not expecting it. I do support tactfully discussing with your neighbors methods of improving the clearance along sidewalks, though. Although the city sidewalk ordinance requires property owners to keep their portion of sidewalk clear of foliage or obstructions for the full width of sidewalk up to a height of seven feet, reasonable pruning can be done that at least "captures the spirit" of the ordinance and makes walking an easier endeavor without ruining existing plants and trees. Please take a critical look at the sidewalk situation on your property and assess how difficult walking might be and make improvements where needed. If you are physically unable to perform needed sidewalk pruning, I'll insert a little plug for the Beaumont-Wilshire Volunteer Group, which can lend a helping hand. (Contact me at president@bwna.us if you are in need of assistance.)

The desirable walkability of our neighborhood is, in the long run, necessarily dependent on our patronage of local businesses. Just a few weeks ago I got an overwhelming urge (need, desire, addiction, craving, longing—insert any) for a piece of pie a little after 8:00 p.m. and sated it with a berry cobbler ordered online from one of our local restaurants. I figure I burned at least 100 calories walking to and from there. At least that's what I tried to rationalize to my wife (yeah, she didn't buy it either).

Do you know a neighbor who could use a helping hand?

The Beaumont-Wilshire Neighborhood Volunteer Group stands ready to pitch in.

Cleaning chores: yard work, window washing, garage/storage organization, simple painting.

Contact John Sandie
219-508-4162 or sandiefam@gmail.com

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Editor's Notes

by Al Ellis



Back in my teaching days, each September felt like a new beginning. And even now, years into retirement, those vibes resonate for me. But the ringing in of the academic year reverberates well beyond teachers and students; in fact, it tolls for all of us in one way or another—parents making the transition from summer road trips to PTA participation, businesses power-shifting into back-to-school-sale gear, motorists and bicyclists

acclimating to flashing red bus lights and kids crossing streets, fans flocking to high school gridirons on clear, crisp evenings. The calendar year hasn't changed, but a new-day-dawning feel is in the air as school bells chime.

And so it is for BWNA. With no scheduled general meetings between June and October and major community events accomplished for the year, Board members have the opportunity to review the “year” gone by and brainstorm plans for the “year” ahead (“year” here defined as September to September). It's a post-Labor Day transition in the spirit of fall's Jewish High Holy Days and January's New Year, when assessment and resolution are front and center. Accordingly, here's a retrospective on the newsletter over the past 12 months, with an eye to the future as well:

Staff: When you're totally dependent on a handful of volunteers to keep the ship afloat, even one vacancy can rock the boat. Try three successive departures—first our graphic designer, then copy editor, followed by a reporter/writer. Things looked bleak for a while. But typical of this neighborhood, new volunteers promptly stepped up to the plate, filling not only those three vacancies, but the newly created position of Assistant Editor as well. Looking forward, the search continues for additional reporter/writers, with the modest goal of doubling our reporter/writer crew from two (not counting Pres. John Sandie and me) to four. It's an every-other-month commitment, and a much-appreciated one at that. Consider making a resolution to help out. Contact me at editor@bwna.us for details and join the team!

Features: A number of content innovations have been introduced over the past several months, this column included. Editor's Notes was conceived as a vehicle to shed light on the inner workings of the newsletter and provide journalistic context for the content within. Other introductions have been Barb Strunk's gardening series, Kathy Campbell's seasonal recipes, and Board member profiles. But most gratifying of all has been the increased participation by residents and organizations in the form of informational announcements, human-interest stories, Letter to the Board editorials, and suggestions for new features. As for the future, I would simply ask for more of the same! Send your articles and editorials directly to me—articles limited to 300 words or less, editorials to 150 words or less—and photos directly to graphic designer Amy Gwilliam (amylee.gwilliam@gmail.com), naming the photo so it's clear which article it should accompany. Your contributions expand our scope.

BWNA Calendar

Monday, September 14th • 7-8:30 PM

BWNA Board Meeting
Bethany Lutheran Church, Library Meeting Room

Friday, September 25th • 7:45 AM-9:25 AM

NE 42nd Avenue Business Association Breakfast
St. Charles Church (5310 NE 42nd Ave.)

Saturday, October 3rd • 11 AM-4 PM

Annual Harvest Fest
NE 42nd and Killingsworth

Friday, October 9th

Deadline for submitting November/December
BWNA newsletter articles and ads

Monday, October 12th • 7-8:30 PM

BWNA Board Meeting
Bethany Lutheran Church, Fellowship Hall
(basement activity room on Skidmore side of church)

Thursday, October 22nd • 11 AM-2 PM

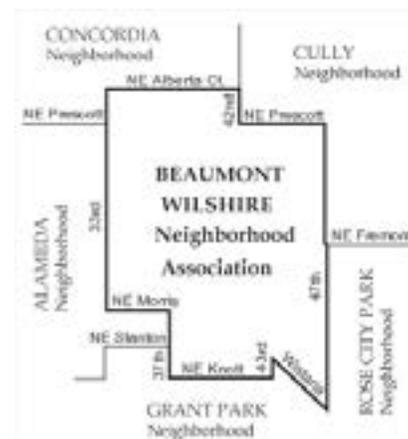
Fresh Chance Career Fair
PCC Metro Workforce Center
5600 NE 42nd

Monday, November 9th • 7:00-8:30 PM

BWNA Board Meeting
Bethany Lutheran Church, Library Meeting Room

BWNA's calendar is on the web!
Go to www.bwna.us and select BWNA Calendar

Advertising: Thanks to the professional expertise and steadfast diligence of BWNA Treasurer Karla Lenox and graphic designer Amy Gwilliam, our ad system has been updated and streamlined. Directions are on the “Newsletter” page of the BWNA website (www.bwna.us): submission of ads to Amy, payments up front to a P.O. box, and sizes to choose from (including a half-page option). Business owners, give us a look!



Mayor's Initiative Mirrors UNR Goal

by Al Ellis

It's been a year since the launching of United Neighborhoods for Reform (UNR), the citywide "Stop the Demolition" grassroots group with its roots in Beaumont-Wilshire (arguably the neighborhood poster child for willy-nilly demolition). Yet destruction of smaller, viable homes continues unabated as construction of significantly larger, more expensive replacement homes booms along, seemingly without regard for neighborhood character or heritage. Exasperated neighbors wonder when, if ever, the tide will turn. Answer: thanks to the persistence of UNR, its network of supporters, and Mayor Hales, the tide appears to be shifting.

Central to UNR's Demolition/Development Resolution (endorsed by over 40 neighborhood associations) is the creation of a citizens task force charged with recommending building code revisions that would "...limit the mass, footprint, setbacks, and height of construction to that of the average of existing homes within a specified distance." The underlying assumption is that limits on height and footprint would make it considerably more difficult for developers to legally construct oversized million-dollar homes on a block populated by significantly smaller homes, thus reducing the financial incentive to demolish existing homes in the first place. It's an idea whose time has come in cities across the nation, from Austin to L.A. But is it feasible in Portland? Mayor Charlie Hales thinks so, and he's been making the case for it in various forums since his State of the City address last January. Finally in June, the City Council agreed to fund his initiative—the "Residential Infill Project"—which created a task force along the lines of the one described in UNR's resolution.

Called the "Stakeholder Advisory Committee" (acronym "SAC"), the task force is under the direction of the Bureau of Planning and Sustainability. The stated goal of the project is "...to ensure that new or remodeled homes are well integrated and complement the fabric of neighborhoods." The makeup of SAC is "...comprised of neighborhood representatives along with other individuals and organization representatives having...knowledge...and expertise... in sustainable development." (The final selection of this 21-member advisory committee was made by the mayor from applications submitted in July and August.) Finally, it's "an 18-month-long project, starting in September with twice-monthly meetings, concepts translated into zoning regulations and vetted...through the

public hearing and legislative process for final adoption at the end of 2016." (www.portlandoregon.gov/bps/infill)

The obvious elephant in the room is the length of time it takes for this process to produce results. After all, a lot of demolitions can take place in a year-and-a-half, which begs the question: what can be done to slow the pace of demolitions in the interim? Well, one thing's for sure: when homeowners sell to buyers who plan to live in the houses they purchase, demolitions don't occur. BWNA is supportive of those taking this route. For advice, e-mail Pres. John Sandie (president@bwna.us).

I'll close with a personal anecdote that just may be a sign of things to come. Over the summer an older couple sent a letter to our house explaining that they might be interested in buying our home (which is not for sale). The letter explained that they were looking to downsize and purchase a home in our neighborhood in order to be closer to their grandchildren and that our ranch-style house might be just the right fit for them down the line because of the absence of stairs. (They assumed one level, but we have a finished basement.) Curious to find out if the couple was legitimate, I phoned the number provided and ended up having a nice chat with the husband, who convinced me that everything was on the up-and-up, especially the letter's last sentence: "Be assured that we plan a long-term purchase for our personal use and that we have no intention of demolishing the house, adding more stories, splitting the lots, or engaging in any other activity that would negatively impact the character of the neighborhood." UNR, BWNA, and the mayor couldn't have said it better.

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Beaumont-Wilshire: The Real Dirt

Gardening When it is HOT!

by Barb Strunk

It hit 103° in our garden during our hottest summer weather. We didn't like it; our plants didn't like it. Tomatoes got sunburned, leaf edges became dry crisps, and perennials died that should thrive in warm weather. It is not clear whether this is climate change or a shorter drought cycle. Whatever it is, keep the following in mind to deal with hot weather in Portland:

- 1) Find out where your plants naturally grow in the wild, and match those conditions as well as you can. Plants put in this year will need more water than usual until they are well established.
- 2) Research what kind of soil and drainage the plants naturally grow in. Amend your planting areas with gravel/grit or organic materials to match this need. Those of us nearer the Alameda ridge tend to have clay and river rock. Those lucky gardeners in neighborhoods closer to the Columbia River have rich delta soil.
- 3) Don't water your lawns; let them go dormant. Lawns will recover when steady rains return. Save your watering for plants

that will die if they don't have more water than the weather and soil provide. Remember to water trees planted in lawns. Water plants in pots daily. For plants in the ground, run the water on the root areas long enough for the water to get down at least 12 inches to the roots. That way you don't have to water every day. This is especially important for annuals and vegetables that have to do their entire growth process from seed to fruit quickly. Avoid sprinklers that let too much water evaporate. Instead, use soaker hoses or carefully directed hand-held watering devices.

- 4) Consider what your pots are made of. We have tomatoes, peppers, and eggplants in large pots and full sun. The pots are dark plastic. The dark absorbs heat allowing the roots not to get too hot. Our vegetables looked strained and sunburned, despite careful watering. A wise gardening friend pointed out that our dark pots were absorbing too much heat and suggested that we shade

the pots, but not the plants. We covered the pots with cardboard to reflect light and reduce heat (see image at right). We have gotten some funny looks from passersby, but it seems to be working.

- 5) I made some planters out of foam fish boxes, carving texture on the outside and painting them. The petunias and basil in those pots are happy, even though they get full sun. They have well-insulated roots.

- 6) Mulch placed in late spring will prevent some evaporation of soil moisture. Dry land plants in rock gardens should be mulched with gravel.

I just discovered a book about weather and gardening I like a lot. It is by Michael Allaby, *The Gardener's Guide to Weather and Climate*, Timber Press, 2015. For those who are interested in weather and its relationship to gardening, I recommend it.



Above: Happy vegetables behind cardboard. Left: petunias in a repurposed styrofoam fish box.

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New BWNA Board Member Tim Hemstreet Wants to Preserve Neighborhood's Charm

by Mark Mohammadpour

Tim Hemstreet is a native Oregonian who grew up in Beaverton with three siblings. He is a civil/environmental engineer with a Bachelor's degree from the University of Notre Dame and a Master's degree from the University of Texas at Austin. He works for Pacific Power and helps to manage the company's hydroelectric projects in Southern Oregon and Northern California. Tim and his wife, a native of Delaware, have two "fantastic" daughters, ages 9 and 11.

How long have you lived in the neighborhood and what's your favorite part of living in the neighborhood?

My wife and I have lived in the neighborhood for more than 14 years, having purchased our home in May 2001. We were thrilled to buy a small little bungalow in a neighborhood with a vibrant main street and a great sense of community. Over the years, as our family has grown, we have taken on several major home-improvement projects to adapt the house to our needs, since we knew we wanted to stay in the neighborhood. Now, we hope to take a break from major projects and enjoy the results.

One of my favorite parts of living in the neighborhood is its friendly, established, but low-key nature. I also love the walkability of the neighborhood and the fact that we don't need to get in the car to go to the hardware store,

get groceries, or enjoy some of the best restaurants in town. Similarly, I love that we can drive downtown without getting on a freeway or by taking the bus or biking. Beaumont-Wilshire has so many great amenities and is full of people that genuinely know and care about their neighbors and community.

What's your favorite neighborhood store or restaurant, and why?

There are so many great restaurants and stores in the neighborhood. I've had different favorites over the years, but for a long-term, consistent favorite, it would have to be Beaumont Market. I live just a block and a half away and, given that proximity, the market is essentially an extension of my refrigerator and pantry. The kids love the frozen yogurt machine, and I take advantage of the great beer selection.

What are you excited about as far as participating on the board? What are the issues you're looking to help address as a member?

As far as participating on the board, I'm excited to get more involved in helping address the changes that are occurring in our neighborhood as a result of Portland's continued growth.

Some of these changes are great, but others are creating challenges to the livability of the neighborhood and have the potential to detract from the attributes that made this the place my wife and I decided to put down roots and raise a family. The epidemic of residential demolitions spurred me to get involved as a Board member, since the neighborhood association is advocating many positive changes that will preserve our neighborhood's character. I hope to assist the Board in addressing residential demolitions and infill development so that these changes do not adversely impact our neighborhood.

Thank you, Tim, for your service!



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Neighborhood Artist Premiers Work at Portland Open Studios

by Al Ellis

Portland Open Studios is an annual self-guided studio tour of 100+ artists studios across the metro area during the second and third weekends in October. Participants range from emerging to well-established artists. Studio is defined broadly as any place where someone makes art (e.g., in a dedicated art workspace in an apartment, office, or professional building, but also in a living room, basement, or garage). First and foremost, Portland Open Studios is about education, inviting the public to observe, ask questions, engage with the artists, try activities, and experience different kinds of creativity. It's not everyday that you get the opportunity to talk to an artist about his/her creations in the place where the art is actually being created.

One of the participating artists is David Friedman, a Beaumont-Wilshire resident (4316 NE 38th Ave. 97211). Mostly known as a painter and photographer, he started working on papercuts two years ago with the intention of someday exhibiting this work, and these will be the first exhibits of this new body of work. He also will be demonstrating techniques. (David adds that if people are interested in seeing how a rundown one-car garage was renovated into an art studio, that might be of interest as well, along with his three chickens—Chica, Foxy, and Rocco.)

David Friedman's studio will be open from 10 a.m. to 5 p.m. on October 10, 11, 16 and 17. Admission to David's studio and all participating studios throughout the metro area is only \$5 for a "map ticket" or \$15 for a "tour guide ticket" (one ticket good for two adults; 18 and under free). Details at www.portlandopenstudios.com. Portland Open Studios is a 501(c)3 non-profit, with revenues spent promoting the Tour and the organization.



Head Piece 1, original papercut by David Friedman

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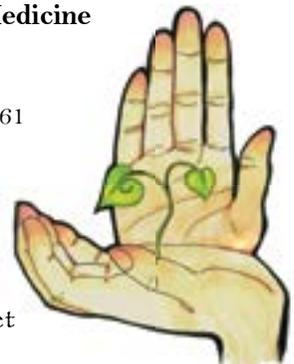
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B-W Serendipity: Two Ice Cream Cones and the Shade of a Maple

by Tekla Hoehn

A few delicious factors led Joyce and Tom Panage to purchase a home on the corner of 46th and Fremont on a summer day in 1953. This is their story, as told by Joyce:

“It was a Sunday in August 1953. We were going to Tom’s folks’ for Sunday dinner. At the time we were living in an apartment in Ladd’s Addition, so we came from Ladd’s, winding our way north. It was hot, hot, hot! So we stopped at Rose’s Ice Cream, which was originally on Fremont, where Grand Central Bakery is today. It was in a different building of course, a small building with a parking lot around it. So we drove up to Rose’s and bought two ice cream cones. Tom said, “These are going to melt in the car. We’d better find a shady place to park.” So we pulled onto 46th and parked under that maple tree across the street—it was still there in 1953. We parked in the shade of that maple tree and finished our ice cream before it melted on our laps. Then Tom pointed directly across the street and said, “Look Joyce, there’s a house for sale.” I said, “Gosh Tom, I don’t know. It looks too big!” Two bedrooms and we hadn’t started a family yet; we’d only been married two years. But Tom persisted, so we went inside to have a look. A really nice realtor greeted us and told us to come on in. I remember it smelled divine because there was a pot roast in the oven. And everything was so neat. The family had four children, and their beds were all made, boots and rubbers all were in line...I thought that if they kept the house so immaculate, they probably took good care of it, too. We were excited at the thought of living there. Coming from an apartment it seemed like a hotel! We talked to the realtor for a bit. She told us the price, and we



made an offer. Then Tom gave her his folks’ phone number, and we left for Sunday dinner. We visited with his parents a while, had dinner, and then the telephone rang. Tom’s father said, “Tom, you’d better answer that. It’s probably for you.” We picked up the phone and the realtor said, “You are now the owner of the house on 46th!” That was a serendipitous Sunday afternoon. Rose’s ice cream was such a landmark back then. But because of those ice cream cones, and because of the heat, and the maple tree that’s still there, I’m here. I love to tell this story. It’s the story of how two ice cream cones bought a house!”

Tom and Joyce raised two children in their house on 46th (now in their fifties with children of their own). No original neighbors remain, although many are dear in memory. Today, Joyce continued, “We have wonderful neighbors in the condominium next door, another couple who built a lovely home across the street, and a young couple next door with young children. The street is full of wonderful people.”

Joyce is still active as a deacon at Calvary Presbyterian Church on 71st and Fremont. She volunteered for 40 years in ICU and trauma at Emanuel Medical Center helping families under stress—some of whom, she recalls, were there for months. “I love to help people.

Sometimes it was just a hug. Other times we would go down in the chapel and pray.” Joyce also served on the Beaumont School PTA.

Joyce laughed, “Of course if Tom would have listened to me, then maybe we wouldn’t be here today. I told him it was too large, way beyond our needs!” But of course, she added, their experience in Beaumont-Wilshire was a wonderful start for their life together as homeowners in this friendly NE neighborhood.

NNO Picnic, continued

A basic theme of NNO events is the honoring of public safety employees, especially those employed by the police and fire departments, who help maintain a safe environment to live and raise families. Thanks to the efforts of Bill Markwart, picnic-goers had the opportunity to meet Portland’s K-9 of the year, Bravo, and his partner, Officer Ben, who have been a team for almost five years. In addition, a couple of fire trucks and their crews stopped by for a visit to allow close-up inspections and provide answers to the many questions posed by those in the crowd.



Barb Strunk and Kathy Sandie put together some fun kids’ activities and an eclectic array of prizes for all who participated. Everyone came away a winner! The ample supply of water balloons was completely depleted as this competition pulled a few adults off their chairs to join in the fun. Lots of laughs and splashes assured this activity a good chance of being repeated at future picnics. Intermixed with kids’ games was the awarding of the long list of

raffle prizes, an impressive result of the efforts of Margaret Davis, Katy Fackler, and Dave Whitaker. Please let the following local businesses know how we appreciate their wonderful support: **Green Dog Pet Supply, Foot Traffic, Gazelle, Yo Choice, Alameda Brew Pub, Calaveras y Diablitos, A Children’s Place, Americana Frame, Shop Adorn, The Arrangement, Beaumont Florist, Beaumont Hardware, Batter, and Pinball Outreach Project.**

This event takes a considerable effort by volunteers, so thanks to all who pitched in to make it happen. One of BWNA’s primary goals for next year will be to attract even more neighbors to enjoy the friendship and fun of the NNO Picnic in our neighborhood’s premier setting of Wilshire Park.



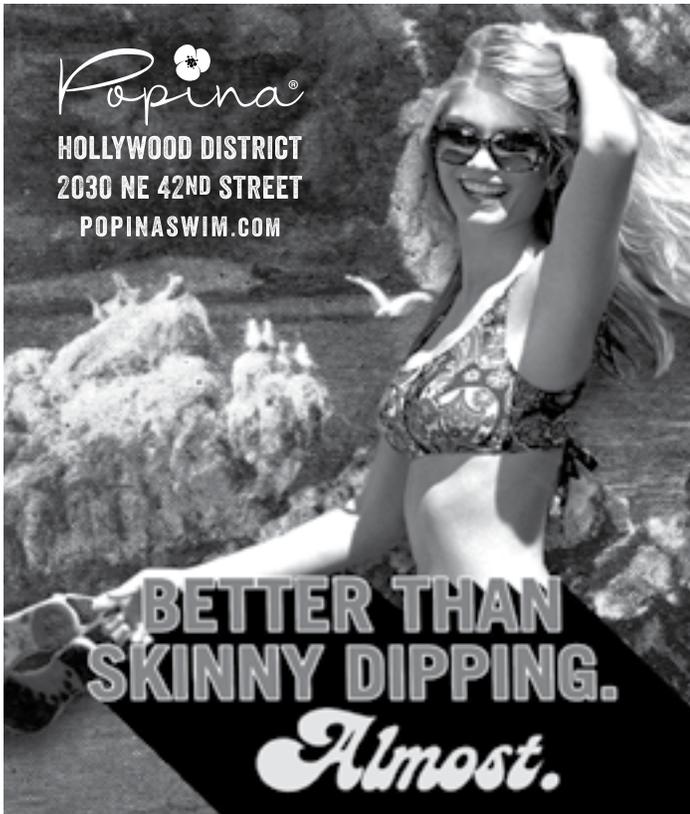
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Come See the Puppies in the Window

by Diane Charlton

Americana Frame shop is again helping shelter dogs find their forever homes. October is National Adopt-a-Shelter-Dog month, and each October, Baer Charlton, owner of Americana Frame, displays pictures of dogs at Oregon Humane Society (OHS) currently available for adoption. When asked why he devotes his shop's window space, Baer said, "It's a natural tie-in since my wife and I have a real passion for helping animals. And this is something I can do for homeless dogs in our local community." Baer prints and frames each dog's photograph and displays them for the entire month of October.

In past years, neighbors and shop clients have adopted dogs in part because of those framed pictures. In fact, many have bought the framed photograph from the window display as a permanent treasure of their new family member.

OHS adopts over 11,000 pets each year, and there is always a need to find good homes for them. So please stop by Americana Frame, 4223 NE Fremont St., to view the framed dog pictures and adopt a shelter dog if you can. Or at least help spread their stories to create more happy endings.

Antique and Artisan Faire at Rose City Presbyterian

by Donovan Burkert-Kerr

The 4th annual Antique and Artisan Faire will be held at Rose City Park Presbyterian Church (44th and NE Sandy) on Saturday and Sunday, November 14th and 15th. Hours are 9 a.m.- 4 p.m. on Saturday and 11 a.m.- 3 p.m. on Sunday. Handcrafted items, food, antiques, and collectibles, as well as raffle tickets for a handmade quilt, will be available for purchase. A special feature of this year's faire is the participation of the Zimbabwe Artists Project: a connection between rural African women artists and markets in the United States.

The building is wheelchair accessible. Bring a copy of this article for a free raffle ticket.

For more information, please call 502-231-3814.

Community Warehouse Roadshow

by Rena Satre Meloy

Community Warehouse is Portland's only nonprofit furniture bank that collects donated household goods and furnishings and redistributes them to neighbors in need.

The idea of Community Warehouse is simple: household items you no longer need could help create a home for someone else in your community.

One of our greatest challenges is letting folks know that we are a great donation option for household goods including mattresses, kitchen items, linens, and basic furnishings. Donations are 100% tax-deductible and we're open every day from 10:00 a.m. to 4:00 p.m.

In an effort to spread the word, we are hosting the Warehouse Roadshow, an open-house event on September 12th from 11 a.m. to 2 p.m. that offers a fun opportunity for people to enjoy a tour of the Warehouse, eat ice cream, and learn more about the organization. We also invite guests to bring their antiques/collectibles to be appraised by Gary Germer, a respected Portland appraiser. The event takes place at 3969 NE MLK Jr., Blvd, Portland (just south of NE Shaver). Questions? Call 503-235-8786. Learn more about the items we accept and how to donate at www.communitywarehouse.org. Please RSVP to the event at: www.communitywarehouse.org/roadshow.



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Halloween, continued

Of course there are myriad ways to celebrate the spooky season all over the city, from pumpkin patches and corn mazes to spooky Portland walking tours and the annual Run Like Hell half-marathon and kids' half-miler. Portland Parks and Recreation also puts on costume carnivals and family festivals at PP&R Community Centers; Peninsula Park and Matt Dishman are good bets for NE residents. My personal favorite only-in-Portland Halloween event: The Tour of Untimely Departures at Lone Fir Cemetery. Be prepared for some mature topics (like, um, death) and reserve your tickets early.

For those who plan to trick-or-treat, Portland Police Bureau usually posts a few safety tips for trick-or-treaters on their Facebook page. Remind kids to please:

- Trick or treat with an adult
- Wear reflective tape
- Carry a glow stick or flashlight
- Don't dart out into the street, especially from between cars.

And while we shouldn't need these reminders, here are two more for adults:

- Don't speed in residential areas (for real, slow up!)
- Don't drive impaired (a seriously bad idea).

Whatever your plans, I hope you and your family have a safe, sugar-coated, screaming good time!

A Back-to-School Treat from Kathy's Kitchen

by Kathy Campbell

Crockpot Mac and Cheese

Ingredients:

- 4 cups uncooked elbow macaroni
- 2 cans (10¾ oz) condensed cheddar cheese soup, undiluted
- 2 cups 2% milk
- 1 cup sour cream
- ½ cup butter, cubed
- 1 tsp. onion powder
- 1 tsp. garlic powder
- ½ tsp. white pepper
- ¼ tsp. salt
- 2 cups Colby/jack cheese shredded
- 4 cups Italian blend cheese shredded

Cook macaroni according to package directions for al dente (i.e., still firm when bitten after cooking). Meanwhile, in a large saucepan, combine soup, milk, sour cream, butter and seasonings; cook and stir over medium-low heat until blended. Stir in cheeses until melted.

Drain macaroni; transfer to a greased slow cooker. Stir in cheese mixture. Cook, covered, on low 1-2 hours or until heated through.