



March-April 2021

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FIND THE Beaumont-Wilshire Neighborhood Association ONLINE AT bwnapdx.org

**BWNA
Calendar of Events
Community Events**

There are no community events scheduled for March and April; see page 3 for BWNA meeting schedule



EARTH DAY
April 22, 2021

Beaumont Middle School Family Resiliency Fund keeps on giving

by Al Ellis

Although situated in the heart of the Beaumont-Wilshire neighborhood on Fremont Street and 42nd Avenue, Beaumont Middle School draws its students from a diversity of neighborhoods, and when schools were forced to shut down last spring due to the spread of COVID-19, the community's lower-income families were hit especially hard. Moreover, points out Beaumont Middle School PTA President Marty Stockton, "...the reality is that many in the school community had financial instability prior to the pandemic that wasn't fully recognized by the school's fundraising and volunteer efforts." In a move to rectify the inequity, the PTA collaborated with counselors and administrators over the summer to launch the "Family Resiliency Fund" last fall, the goal of which, explains Ms. Stockton, is to "become an ongoing support of Beaumont students and their families who are experiencing emergencies that may impact a student's overall well-being and ability to be successful in school." Having raised over \$7,000 in December alone, hopes are high to continue providing financial assistance to Beaumont Middle School families in need throughout 2021 and beyond.

The Beaumont Middle School Family Resiliency Fund umbrella encompasses three kinds of support: emergency microgrants, gift cards, and personal hygiene supplies.

Emergency Microgrants: small-scale funds (\$300-\$500) made available to student families facing financial difficulty due to emergency situations or one-time hardships.

Gift Cards: a gift card collection program facilitated through the Beaumont counseling team, in which donated Visa and MasterCard gift cards are distributed to allow families to meet their most urgent needs (\$50 to \$100 denominations recommended, but any amount is appreciated).

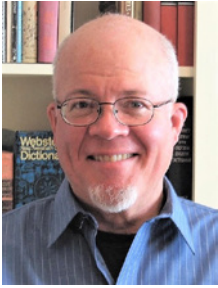
Personal Hygiene Supplies: donations of personal hygiene supplies, such as soap, toothpaste, toothbrushes, shampoo, and laundry detergent, can be made via an Amazon Wishlist.

Ms. Stockton urges residents to please make a difference for Beaumont students and their families by making your gift today by going to the following web site:

<https://app.memberhub.gives/beamontbobsats>

Contact Principal Harriette Jackson-Vimegnon at vimegnon@pps.net or Marty Stockton, Beaumont Middle School PTA President at ptabeaumontpresident@gmail.com with questions and/or ideas on how to support Beaumont Middle School families.

Editor's Note: Read about BWNA's \$1,500 gift card donation on page 6 of the January-February 2021 newsletter by going to the BWNA website (www.bwnapdx.org), clicking on Newsletter at the top of the home page, then scrolling all the way down to Newsletter Archives.



President's message

by Tim Gillespie

Making a difference

“How wonderful it is that nobody need wait a single moment before starting to improve the world” (often credited to Anne Frank).

Though I can't find that quote in the diary of brave Anne Frank—another internet misattribution, I fear—it still resonates with us because we feel its power and truth. Even during this pandemic with so many of us working from home, limiting social contacts, and keeping our distance, we can still make a contribution to the improvement of our world—and its closest unit, our neighborhood.

My belief in this was confirmed at BWNA's "Zoomed" January meeting. The number of contributions to neighborhood improvement by volunteers on the BWNA board and other citizens was inspiring.

We heard from:

- Friends of Wilshire Park Committee Chair Gary Hancock and fellow steering committee member Peter Mogielnicki about new projects in the offing for the park, including a call for volunteers for a planting party at the end of February to make more green improvements to the park (see article on page 8).
- Transportation Committee Chair John Sandie and neighbor Sam Balto about plans for the committee to approach the Portland Bureau of Transportation (PBOT) with ideas for collaborative traffic-calming projects on Skidmore Street, thus improving our neighborhood. Further discussion on this topic is on the agenda for the April 12th General Meeting, featuring a representative from PBOT.

- Board member Laurie Holtz about ideas for further family-friendly activities we can promote, including her delightful kids-and-parents scavenger hunt featured in this issue of the newsletter on page 15. And this great publication in your hands is a product of a tireless volunteer team, including a hearty band of 60-plus doorstep deliverers, working to keep 2,600 Beaumont-Wilshire households and businesses informed and connected, thus improving our neighborhood.
- BWNA Secretary Barb Strunk about the possibility of getting a \$1,000 COVID-19 Community Relief and Recovery Grant from our umbrella organization, Central Northeast Neighbors. Just a couple of months ago, we used a prior CNN grant to help purchase and deliver, thanks to the labor of BWNA Treasurer Karla Lenox, \$1,500 worth of Fred Meyer gift cards for the Beaumont Middle School Family Resiliency Fund (see article on page 1). We see support for struggling families during this challenging pandemic as another small act of improving our neighborhood.
- Al Ellis about the 50 packets he's put together and delivered to new neighbors with news about BWNA and gift cards from local businesses, embracing newcomers and improving our neighborhood.
- Sgt. Jennifer Butcher of the Portland Police Bureau, who spoke about the reconstitution under her leadership of North Precinct's Neighborhood Response Team (NRT), the closest thing we have to a community policing crew (see page 11 for the list of useful Safety Resources provided by

continued on page 4

Our Organization

BWNA Board

President

Tim Gillespie 503-287-6272
president@bwnapdx.org

Vice-President

Andrew Rinke 503-893-2504

Secretary

Barbara Strunk 503-284-7502

Treasurer

Karla Lenox 503-686-5915
treasurer@bwnapdx.org

At-Large Board Members

Al Ellis 503-287-0477
Gary Hancock 503-367-0862
Laurie Holtz 621-327-5595
John Sandie 219-508-4162
Andrew Rinke 503-893-2504
(six open positions)

Immediate Past President

Tim Hemstreet 503-239-6231

Related Organizations

Beaumont Business Association

Kathy Madore
beaumontbusinesses@gmail.com

Central Northeast Neighbors Board

Barbara Strunk 503-284-7502

Areas of Interest

Residents are encouraged to participate. Contact committee chairs for details

- **Beaumont Middle School Committee**
Tim Gillespie, chair 503-287-6272
- **Communications Committee**
Andrew Rinke, chair 503-893-2504
- **Crime Prevention Committee**
Bill Markwart, chair 503-282-4610
- **Land Use Committee**
Tim Hemstreet, chair 503-239-6231
- **Friends of Wilshire Park Committee**
Gary Hancock, chair 503-367-0862
- **Newsletter Team**
Chair: Al Ellis, editor@bwnapdx.org
Graphic Design:
Jane Feinberg, design@bwnapdx.org
Copy Editor:
Myrna Sheie 224-659-1537
Distribution:
Georgina Head 360-739-7896
John Sandie 219-508-4162
- **Transportation Committee**
John Sandie, chair 219-508-4162
- **Website (www.bwnapdx.org)**
Andrew Rinke 503-893-2504



Editor's notes

by Al Ellis

“**H**ope springs eternal.”

So goes the positive-thinking adage that seems especially appropriate for a season of renewal—think blossoms, Passover, Easter, Earth Day, which is even more hopeful this year with the availability of COVID-19 vaccines and new political leadership at the top. But as legendary baseball quipster Yogi Berra said, “It ain’t over till it’s over!”—underscoring that the race to defeat the pandemic is more a marathon than a sprint, with pacing and discipline key to achieving a win. Staying with the metaphor, while each inoculation gets us closer to the finish line, it’s “herd immunity” that provides that final-stretch kick to victory. So don’t toss those masks just yet and continue waiting for hugs, but in the interim, do what you can to stay civically engaged. I suggest employing BWNA as a conduit.

On the topic of community service, some of us are old enough to remember being personally inspired by President John F. Kennedy’s inspirational inaugural address challenge, “Ask not what your country can do for you, ask what you can do for your country.” The past few months have dramatically demonstrated Kennedy’s foresight with respect to the importance of civic engagement (done civilly!) and to the health of a democracy, something neighborhood associations are organized to facilitate on the most local of levels—block to block, neighbor to neighbor. Keep that in mind as you read through this spring issue of the newsletter and note the wide range of opportunities available to you via BWNA to contribute to the betterment of the community and cohesion of our neighborhood. For starters, check out the following items listed under “Our Organization” (page 2) and consider getting involved with:

- **BWNA Board:** Board members are the vanguard of the association, responsible for interacting with the B-W community on matters of local concern, implementing action plans to enhance livability, and organizing all-neighborhood events. There’s room for 14 on the board—four officers and 10 “at-large” members (six of which are currently open for filling). Both B-W residents and business owners are eligible.
- **Related Organizations:** BWNA has a symbiotic relationship with the Beaumont Business Association (BBA), which has blossomed under BBA President Andy Frazier, longtime Beaumont-Wilshire resident and neighborhood activist. Likewise, Central Northeast Neighbors (CNN), BWNA’s coalition umbrella organization, has provided exemplary support under the leadership of CNN Director Alison Stoll, a former BWNA president. Volunteer possibilities include liaison to these two organizations.
- **Areas of Interest:** Options run the gamut—be they in the area of traffic calming, park enhancement, Beaumont Middle School support, crime prevention, community outreach (i.e., via newsletter and website), and many others, with subcommittees created as needed. (Note: One work in progress, and therefore not yet on the list, is the “Equity and Inclusion Committee” spearheaded by Tim Gillespie and John Sandie to promote diversity.)

Are you ready to spring forward to serve? Contact President Gillespie or a committee chair.

Finally, welcome aboard to two new advertisers, Ann Rad of Pride + Joy Landscapes and David Friedman of Portland Art Gallery. Check out their ads on page 8.

Calendar of Events (cont.)

BWNA Meetings

NOTE:

Check "Upcoming Events" page on BWNA website (www.bwnapdx.org) for venue and/or Zoom link information regarding General and Board meetings.

For Zoom links to Friends of Wilshire Park committee meetings, contact Committee Chair Gary Hancock via e-mail at outside503@aol.com or via phone at 503-367-0862

Monday, March 8: Board Meeting via Zoom, 7:00 p.m.

Wednesday, March 10: Friends of Wilshire Park Committee Meeting via Zoom, 7:00 p.m.

Monday, April 12: General Meeting (including annual BWNA board elections) via Zoom, 7:00 p.m.

Wednesday, April 14: Friends of Wilshire Park Committee Meeting via Zoom, 7:00 p.m.

BWNA Newsletter

Submission Deadline

Friday, April 9 (for the May-June 2021 newsletter)

Email articles and Letter to the Board editorials to Al Ellis (editor@bwnapdx.org)

Email photos, graphics, and ads to Jane Feinberg (design@bwnapdx.org)

Ad Payment

Please make checks payable to BWNA and mail to the following address on or before the submission deadline (see above):

c/o The Postal Station
2000 NE 42nd Avenue, Suite D #394
Portland, OR 97213-1397

Instructions for Article and Ad Submission

Information about submission of articles and "Letter to the Board" editorials as well as a step-by-step procedure for selection, payment, and submission of ads are provided on the BWNA website (www.bwnapdx.org). Click on "Newsletter/About the Newsletter" at the top of the home page.



President's message (continued)

Sgt. Butcher and others). Her main message—confirmed by longtime BWNA Crime Prevention Chair Bill Markwart—was that residents report every community safety incident or problem to the NRT at 503-823-5700 and/or via e-mail to Officer Butcher (jennifer.butcher@portlandoregon.gov). Sgt. Butcher, a Portland native, resident, and parent, expressed her avid commitment to improving our city by making it a more safe, healthy, and livable place.

Finally, we were able to thank retiring board member Rich Woyma, who has spent countless hours creating our beautiful

new website. The end of Rich's term means we have six open spots just waiting to be filled by interested folks...maybe you! If any of our ongoing projects pique your interest, or if you have projects of your own you'd like BWNA to undertake, please let me know (president@bwnapdx.org). **We hold our annual elections at the April General Meeting, and we are always looking for new folks to join this productive, fun group of volunteers.**

No need to wait before starting to help improve the neighborhood...and thus the world.

Calling all Volunteers!



BWNA has volunteer opportunities to suit every interest! From serving on the board or a committee to delivering the newsletter to reporting/article writing to offering your neighbor a hand or helping to maintain and beautify Wilshire Park, there's much work to be done to keep our neighborhood strong. Want to know more? Contact Al Ellis (editor@bwnapdx.org) and get involved!



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Portland, Beaumont-Wilshire housing market: resilient and in demand

by Susan Trabucco

The nation's 2020 housing market's continued strength during a job-punishing pandemic surprised many. Not all regions or cities fared equally, however. To better understand the housing market in our own city and specifically the Beaumont-Wilshire neighborhood, we looked for insight from two local real estate professionals who are also valued advertisers in this newsletter: Jim Arnal, principal broker with Living Room Realty and Jamie Van Hoorn, real estate broker with Windermere Real Estate Trust (see article on page 14). Their perspectives are shared below.

How does Portland's housing market compare to the nation's housing market in 2020?

Jim: The national median home price rose 5.1 percent (National Association of Realtors), while Portland's median home value rose 7.6 percent (RMLS) over the same period (December 2019-December 2020). Most notable is Portland's available housing inventory, which dropped to 0.8 months in December, the lowest on RMLS record.

Jamie: In 2020, home sales nationally were up nearly 22.8 percent over 2019, while Portland's home sales grew just

7.8-percent year-over-year. However, the average sales price across the country was \$299,900 in 2020, and Portland's was much higher at \$492,000. Portland continues to be a competitive real estate market. Currently high demand, low inventory, solid gains in equity each year (about 8 percent in 2020) for homeowners, and low interest rates for buyers are all reasons Portland is a great place to invest in real estate.

How does B-W fare versus the Portland-Metro area in terms of the 2020 housing market?

Jim: Beaumont has been among the best performing neighborhoods in Portland for years, and last year was no exception. In 2020, 90 homes sold in the Beaumont-Wilshire neighborhood. Last year the median price here was \$670,500. In 2019, 121 homes sold in the neighborhood, and the median home value was \$635,000. Between 2019 and 2020, Portland as a whole saw the median home value grow by \$30,000—from \$410,000 to \$440,000.

Jamie: The average sold price for a home in our neighborhood, which rose 8.7 percent over last year, is currently \$850,000, which is over \$300,000 more than the average home in Portland—in no small part due to B-W's tight inventory. (Hypothetically, if no new homes come on the market in our neighborhood, it would take only two weeks to sell what is currently listed!)

What do you think are the major contributors to B-W's housing market status versus other Portland-Metro areas?

Jim: Beaumont has the perfect trifecta—strong schools, great walkability, and diversity of home sizes and architecture. The most telling component of Beaumont-Wilshire's sales statistics, versus the remainder of the metro, was the fact fewer people chose to sell their homes. Twenty-five percent fewer homes sold here last year than the previous year, which was a greater drop in inventory than what the metro saw.

Jamie: Beaumont-Wilshire is a highly sought after, close-in Northeast neighborhood, with much of it located within the boundaries of the highly desirable Alameda Elementary School. B-W's central location, walkability, and accessibility to public transportation and the airport, as well as proximity to some of Northeast's favorite business districts on Alberta, 42nd, Killingsworth, Fremont, and Broadway make it a great place to live!

continued on page 6



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Housing market (continued)

Do you see a continued demand for Portland real estate?

Jim: Absolutely. Portland has shown that during this pandemic, the market is resilient. Even with some people choosing to move to the suburbs, other areas of Oregon and out-of-state, the sales statistics show growth in values and a clear reduction in the number of people who chose to sell their homes last year.

Jamie: Portland continues to be a hot spot for Californians and others to move here. The East Side and more affluent neighborhoods are thriving in a hot real estate market. Homes on larger lots or in suburbs are also thriving as people stuck at home during the pandemic want more outdoor space and dedicated home offices, or more space for their family to spread out with at-home learning.

What advice do you have for those considering selling or buying in B-W this year?

FOR SELLERS

Jim: If you are considering selling, this is an absolutely amazing time. Inventory is at a record low and buyer demand for Beaumont-Wilshire is amazing.

Jamie: Take the time to properly prepare your home for market. Take care of deferred maintenance projects if you can, tidy up, and pack up personal items to de-clutter your home. Staging is also going a long way right now with buyers. Make sure your real estate agent provides you with quality photography and marketing. Although it's a very competitive market for buyers right now, they are also being very selective. Homes that are well prepared are the ones selling quickly for top dollar!

FOR BUYERS

Jim: If you are attempting to buy into the neighborhood, my advice is to be patient and flexible. Those buyers who consider homes they can make work for them later through remodeling—versus searching for only turn-key homes or those with the exact amenities they want now—allow themselves more options in a market where there are few options to begin with.

Jamie: Get pre-approved for your loan right away! It is nearly impossible to make an offer on a home in our area without proof of funds or a pre-approval letter. Also, work with your real estate agent to learn about the buying process in this tough market and how to structure your offer to be as competitive as possible.

Fun Stats to Know and Tell

Jim Arnal provided these 2019-2020 real estate-related statistics specific to Beaumont-Wilshire:

Average sales price: \$742,359 Average days on market: 23
Median sales price: \$670,500 Average square feet: 2,557
Average list price per square foot: \$290

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FoWP aspirations encompass water, fences, logs, boulders, and plants

by Gary Hancock and Peter Mogielnicki

Last fall, BWNA's Friends of Wilshire Park committee (FoWP) developed a wish list of park improvements, subsequently prioritizing five for unanimous endorsement by the board at the February general meeting: 1) convert the inoperative wading pool to a splash pad; 2) supply water for the off-leash dog area; 3) install a fence to fully or partially enclose the off-leash dog area (pending input from dog owners and other park users); 4) replace the wire fencing along Skidmore Street with an attractive split rail fence; and 5) install log and boulder seating adjacent to the toddler play area. Determination of these priorities took into consideration the relative cost of each improvement and the degree to which it would alter the scope of the park. In the past, each of these ideas has been met with resistance when informally floated to various Portland Parks & Recreation (PP&R) personnel—sometimes based on the concern that other neighborhoods would demand the same improvement, other areas are more deserving of PP&R's attention, and/or resistance to changing the scope of any park as it currently exists. Undeterred, and fresh off of the successes of the NatureSpace area and replacement of dangerously broken-down equipment in the toddler play area, the FoWP will give it another try.

Splash pad installation is appealing because it's already on an existing PP&R to-do list of backlogged park maintenance projects. Natural seating around the toddler playground is appealing for its low cost and the lack of any impact on park scope. Dog park improvement is appealing due to heavy use of that area and the legal requirement that unleashed dogs not be allowed to roam into park areas designated for other purposes including the jogging path, toddler play area, pavilion, NatureSpace, picnic area, and sports area.

None of these improvements will come without advocacy by multiple parties. The FoWP committee meets at 7:00 p.m. on the second Wednesday of each month via Zoom or, one fine day on the other side of the pandemic, in the basement of Bethany Lutheran Church on the corner of NE Skidmore Street and 37th Avenue across from the northeast corner of the park. For venue updates, contact FoWP Committee Chair Gary Hancock at outside503@aol.com or 503-367-0862. **Newcomers are always welcome and input is appreciated!**

Additionally, FoWP continues to collaborate with PP&R Northeast Parks Horticulturist Johnny Fain to enhance the partial plantings along the Skidmore Street side of the park as well as new plantings along the southern edge. To this end, a late-February weekend "planting party" was organized to assist Johnny in beautifying the park with 250 native plants. In accordance with COVID-19 protocols, volunteer gardeners were required to wear masks and appropriately space from one another.



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B-W Fun Facts: More hidden staircases

by Al Ellis

Warmer weather increases opportunities for neighborhood exploration by foot and by bike. As Laurie Holtz pointed out in the initial installment of “B-W Fun Facts” in the November-December 2020 newsletter, the “six hidden staircases of Alameda Ridge between 26th and 50th” are an intriguing area to check out. Following up on Laurie’s tip, Luella Nelson and John Sandie add to the fun with more hidden staircases.

Luella noted that if you expand the search one more block, and look carefully, you come up with more than six. Going from west to east along the top of the ridge:

- One is half-hidden behind a guardrail where southbound 26th Avenue intersects Alameda Street, a block or so east along Alameda;



- Two along Alameda Terrace before you get to 33rd Avenue;
- One from Alameda down to 38th Avenue after Alameda crosses Fremont Street;
- Two along Alameda between 45th and 50th avenues;
- One along Wistaria at 51st Avenue, just north of Sandy Boulevard, on the east side of Basics Market.
- In bike rides along the ridge, John verified all the staircases mentioned by Luella and happened upon one more: NE 19th Avenue, just north of Mason Street.

Enjoy the hunt, neighbors!

Shoulder Pain – How to Avoid Dangerous Injections and Expensive Surgery

by Leading Shoulder Pain Expert, Dr. Carl Baird, DC, MS



Dr. Carl Baird, DC, MS

Portland, OR – Are you, or someone you know, dealing with shoulder pain that makes it hard to do simple daily activities? Does the pain get in the way of your ability to exercise or do anything overhead? Does your shoulder make it hard to find a comfortable sleeping position leaving you tired and frustrated each morning?

If you answered ‘YES’ to any of the previous questions I want you to know that you’re not alone.

My name is Dr. Carl Baird, and every day I work with adults aged 40-70 to find long lasting solutions to shoulder pain that keeps them active, strong, and doing what they love – **even when nothing else has worked.**

I have seen first-hand how limiting it can be to live with daily shoulder pain. The kind of pain that makes it difficult to concentrate at work, perform basic tasks, exercise, or, for many, the kind of shoulder pain that makes it hard to get a full night’s rest.

I understand the concern that comes when your doctor tells you that your only options are rest, pills, steroid injections or surgery (while conveniently leaving out the negative, long-term side effects that lead to WORSE outcomes for patients).

Shoulder pain doesn’t have to be something that we come to ‘accept’ and there are better solutions than pain pills, injections, or surgery.

If you’re ready to stop being limited by shoulder pain, it’s time to get your copy of the **FREE SHOULDER PAIN REPORT** mailed directly to your door. You can do any of the following:

- Call us at 503-954-2495 to request your 100% free copy... you can leave a message 24/7
- Or simply fill out the form at www.performancehealthcarepdx.com/shoulder-pain-report

P.S. When you call to request your free report you can also inquire about setting up a time to speak to me personally for a free chat to see if we can help further.

Evolve Performance Healthcare

Handy online community safety resources

by Tim Gillespie

The following sites provide helpful community safety resources as of February 2021.

www.portlandoregon.gov/civic/28395

This site has information in multiple languages on the city's Neighbors Together program that offers training in ways to bring neighbors together and promote community-building. It's the city's attempt to refine and replace the old Neighborhood Watch model.

Some goals of the program are to help citizens:

- meet with their neighbors;
- identify community safety interests;
- collaborate on safety efforts for the common good;
- coordinate block parties, street art, and improvements;
- promote pedestrian and personal safety awareness;
- host a youth empowerment class;
- identify safe routes to school; and
- learn to navigate public safety systems.

www.portlandoregon.gov/civic

This is the main link to Portland's Office of Community & Civic Life. From here you're a click away from assistance to access local government services, contact free neighborhood problem mediation resources, file liquor and noise complaints, find your community safety coordinator, get a block party permit, get neighborhood-based demographic information, join city boards and commissions, and other actions.

Community & Civic Life also offers free, targeted daytime training sessions to groups, including:

- workshops on personal safety;
- emergency preparedness;
- apartment safety tips;
- business crime prevention strategies;
- bicycle theft prevention;
- vehicle prowling prevention;
- ways to recognize and report illegal drug activity;
- crime prevention through environmental design (CPTED);
- homelessness and urban camping impact reduction program (HUCIRP); and other topics.

www.portlandoregon.gov/police/article/255743

This is a police bureau site with information on how to report crimes.

www.portland.gov/civic/communitysafety/resources

This broad, comprehensive city site includes dozens of links in multiple languages about home safety and crime prevention tips, COVID-19 resources, mental health resources, resources for seniors, homelessness resources, emergency preparedness ideas, and much more.

www.portlandoregon.gov/police/71673

This is the site where you can check on reported crime statistics by neighborhood.

www.portlandoregon.gov/toolkit/70039

The city's One Point of Contact Campsite Reporting System is the mechanism citizens can use to report issues of illegal camping, litter, and/or related concerns within Portland.

www.portlandoregon.gov/bts/article/637433

This is the access point to the city's new "PDX Reporter" app for informing pertinent city bureaus about problems and issues that are not police and emergency related, such as abandoned autos, debris in a roadway, graffiti, illegal parking, park maintenance issues, plugged storm drains, potholes, sidewalk trip hazards, sidewalk cafe violations, street lighting problems, work zone concerns, and other issues.



Do you know a neighbor who could use a helping hand?

The Beaumont-Wilshire Neighborhood Volunteer Group stands ready to pitch in.

Cleaning chores: yard work, window washing, garage/storage organization, simple painting.

Contact John Sandie
219-508-4162 or
sandiefam@gmail.com



A spring picnic recipe from Kathy's Kitchen!
by Kathy Campbell

Pea Salad

Makes 4 to 6 servings

1 clove garlic, peeled and minced

2 Tbs plus 1 tsp lemon juice, divided

4 oz. sugar snap peas, strings removed,
cut on bias into 1/2 inch pieces

9 oz. frozen peas

4 oz. snow peas, strings removed, sliced
thin on bias

4 radishes, trimmed, halved and
sliced into thin half-moons

1/2 tsp plus pinch table salt,
divided, plus 1 Tbs for
blanching

1/4 c plus 1 Tbs extra-virgin olive
oil, divided

1/4 c plain Greek yogurt

2 tsp Dijon mustard

1/4 tsp pepper

2 c baby arugula

1/3 c fresh mint leaves, torn if
large

Mince garlic and immediately combine with 2 Tbs lemon juice in medium bowl; set aside. Fill large bowl halfway with ice and water. Nestle colander into ice bath. Line large plate with double paper towels.

Bring 1 quart water to boil in medium saucepan over high heat. Add snap peas and 1 Tbs salt and cook until snap peas are bright green and crisp-tender, about 1 minute. Using a spider skimmer or slotted spoon, transfer snap peas to colander set in ice bath. Add frozen peas to boiling water and cook 4-5 minutes, covered. Transfer peas to colander with snap peas. Once peas are chilled, lift colander from ice bath and transfer peas to prepared plate to drain.

Whisk 1/4 c oil, yogurt, mustard, pepper, and 1/2 tsp salt into garlic mixture until combined. Spread dressing evenly over bottom of large shallow bowl or serving platter.

In a separate large bowl, toss arugula, snow peas, radishes, mint, and chilled peas with remaining 1 tsp lemon juice, remaining pinch salt, and remaining 1 Tbs oil until evenly coated. Pile salad on top of dressing. Serve immediately, combining salad with dressing as you serve.

* * *

*Editor's Note: Thanks to reader Ann Kanof for alerting us to an omission in the recipe instructions for Cream of Asparagus Soup in the January-February newsletter—namely, there was no mention of when to add the heavy cream. Kathy's answer: "Oops! The 1/2 c of heavy cream is added at the very end: **Stir in cream.** The soup should be on low heat. Stir constantly until hot, about 5 minutes. Do not allow it to boil." Ann's follow-up: "I am saving the recipe because we enjoyed it so much. . . and not adding the cream kept it a little lower in calories." If you missed the recipe, past issues of the newsletter can be accessed on the BWNA website (www.bwnapdx.org) by clicking on the "Newsletter" link at the top of the home page, then scrolling all the way down to the bottom of the Newsletter page to Newsletter Archives.*

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A resource for reporting bias incidents

by Tim Gillespie and John Sandie

Editor's Note: This is a follow-up to articles in the September-October 2020 newsletter (accessible via www.bwnapdx.org) related to BWNA's commitment to neighborhood diversity and inclusion. For additional resource links, click on "Community Resources" at the top of website home page.

In the summer of 2020, a board member of the Beaumont-Wilshire Neighborhood Association was approached by a neighbor looking for BWNA support after having been the target of an act of racial harassment. We were appalled by an incident that so challenges our mission of making sure Beaumont-Wilshire is a welcoming and livable neighborhood for all. It took our volunteer organization a while to figure out how best to help, which was a learning experience for us. We realize that in these challenging days we need to improve our skills at responding to acts of bias in our neighborhood. Following our pledge to develop ways to confront discrimination and support cooperation among Beaumont-Wilshire neighbors, we have created a list of resources. If you have experienced or witnessed an act of bias or harassment of any resident or business based on race, color, religion, national origin, disability, or sexual orientation, these resources may be helpful:

The Oregon Coalition Against Hate Crime, a statewide partnership between community groups and local, state, and

federal governmental agencies, has a helpful website with definitions of hate and bias crimes as well as a comprehensive list of steps to take and places to contact: www.oregoncahc.org/report-a-hate-crimeincident.

Portland United Against Hate (PUAH) is a coalition of 80 organizations, which offers support to those who have experienced hate and a means to report and track incidents: www.portlandunitedagainsthate.org.

Basic Rights Oregon, with its focus on the LGBTQ community, offers another source for explaining when acts of hate and bias become crimes and has extra ideas about bullying and harassment in schools: www.basicrights.org/know-your-rights/hate-crimes.

The Oregon Dept of Justice has a site and process for reporting hate and bias crimes: <https://justice.oregon.gov/CrimeReporting/BiasCrime>.

If you need support to navigate these and other services, reach out to a BWNA contact, and we'll do what we can to help. Supporting neighborhood safety and livability is in our DNA. Beaumont-Wilshire neighborhood contacts are listed at: www.bwnapdx.org/contact.



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Realtor Jamie Van Hoorn a boon to BWNA and the neighborhood

by Mark Mohammadpour

Editor's Note: Jamie has been instrumental in the successful implementation of BWNA's New Neighbor Welcoming Project, volunteering to collaborate with First American Title to identify newcomers within the B-W neighborhood boundaries.

This month we're interviewing newsletter advertiser Jamie Van Hoorn. A life-long Portland resident, Jamie is a real estate professional at Windermere Realty Trust (Moran Homes) here in the Rose City. Her ad appears on page 4.

Jamie, please share a little about yourself and your role at Windermere.

I grew up in Sellwood in SE Portland and studied journalism and business administration at the University of Oregon in Eugene. I am a native Portlander and have lived on the east side of Portland most of my life. I recently moved to Beaumont-Wilshire after living in the nearby Rose City Park neighborhood for the last few years. After buying and selling homes personally, I discovered my passion for real estate and knew I wanted to help others realize their home ownership goals and have better, more profitable experiences when selling properties. As a homeowner, I have become a DIY (Do-it-Yourself) enthusiast and enjoy everything from whitewashing my brick fireplace to installing new tile floors. I am a technology and marketing whiz and stay up-to-date on the newest tools available to find and market properties. I regularly tour homes, attend real estate classes, and collaborate with other brokers on the latest trends and regulations. My office is in the Lloyd Tower NE Portland office. I work as part of a four-agent team called Moran Homes, led by principal broker Susie Hunt Moran. Our team has more than 25 years of combined experience. As a member of Moran Homes, I get to provide my best service alongside top-producing agents Susie Hunt Moran and Matt Moran.



Native Portlander and B-W resident, realtor Jamie Van Hoorn enjoys helping people realize their real estate goals. Photo provided by Jamie Van Hoorn

Our full-service team approach allows us to provide a unique, consultative, all-inclusive, start-to-finish package of services to each of our clients when buying or selling a home. When I'm not working with clients, you might find me at a local coffee shop or restaurant with friends, walking my spunky Chihuahua in the neighborhood, or taking a Bikram yoga class. Before real estate, I worked in sales and marketing in the wine and beer industry and have a love of Willamette Valley Pinot Noir and local hard cider.

What do you love about being a realtor?

I love helping people realize their real estate goals and educating them about the buying and selling process, the market, and how to create wealth through real estate ownership. Buying a home is easily one of the largest purchases or investments most people will make, so I always strive to make sure my clients fully understand the process and have a positive experience. Helping a client sell a home to move onto the next chapter of their life or handing keys over to a new homeowner is such a fulfilling experience!

Talk about the community. What has your experience been like serving customers in the neighborhood?

Although I am a Portland native, I am fairly new to Beaumont-Wilshire. Despite the pandemic, I've been able to meet several of my neighbors as well as some members of the BWNA, and everyone is so friendly! I love walks at Wilshire Park and in the neighborhood with my Chihuahua, Feisty, breakfast at Bageland, browsing at Adorn, the green curry bowl at Bang! Bang!, and drip coffee at Jim & Patty's. I also love the mix of old and new homes in our neighborhood and find myself wandering down its streets, looking up at my neighbors' homes, and appreciating the care and creativity homeowners have put into making their houses beautiful and

continued on page 15

JOIN OUR EMAIL LIST



We invite you to visit the new BWNA website at www.bwnapdx.org and register your email address so you can keep up to date on neighborhood news, meetings, and activities. Click "Subscribe" at the top of the website home page and enter your contact information.

Realtor Jamie Van Hoorn (continued)

unique. Tudors, Craftsmans, four squares, and bungalows sit side-by-side with Birkemeiers and colonials, creating a flavorful blend of new and old. Beaumont-Wilshire is a highly sought-after neighborhood for buyers, and it's a joy helping clients buy and sell alike in my neighborhood and surrounding area!

What do you find unique to Beaumont-Wilshire that you share with prospective buyers as a selling point?

Beaumont-Wilshire has a wonderful community vibe that radiates out from the park! Neighbors stop and chat from a safe distance under masks as their dogs romp together at the east side of the park, or children swing from the playground structures wrapped in layers of scarves and hats. The business

district has a great blend of local shops and restaurants. Many of the neighborhood's children are funneled into highly regarded Alameda Elementary School, which is great for young families.

What is your 2021 resolution?

I hope to be able to travel again and take the trip to Mexico that had to be postponed last year! I'd also like to become more involved in my local community and would love to help more clients buy or sell right here in B-W.



Thank you, Jamie, for your support of BWNA and the neighborhood!

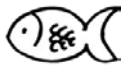



A WILSHIRE PARK SCAVENGER HUNT

- Find the best walking stick for your hunt.
- How many tables are in Picnic Area A and B?
- What flower can be found in the Naturespace?

A Frog's Bowtie 

A Goat's Beard  ...or... A Hedgehog's Mohawk 

- Find a pinecone.
- Find someone with a red jacket.
- How many  are painted on the wall of the hut?
- Where is the horseshoe pit?
- Find a black dog, a white dog and a brown dog.
- What color are the baseball equipment boxes behind home plate?
- Chase a squirrel.
- Find the tallest tree and give it a big hug. 



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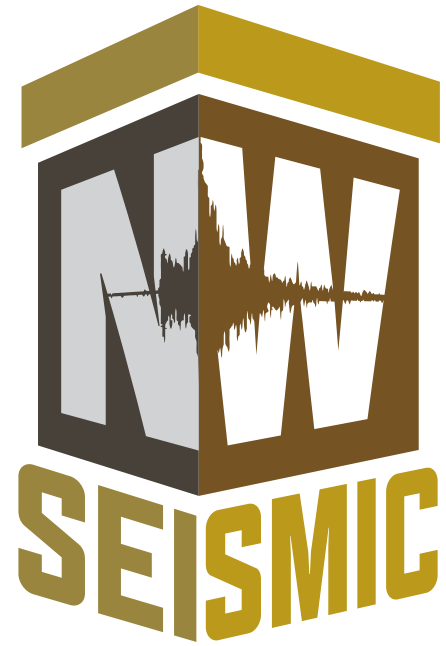


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