



September-October 2018

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FIND THE Beaumont-Wilshire Neighborhood Association ONLINE AT www.bwna.us

BWNA Calendar of Events

Community Events

Saturday, September 22
10:00 a.m.-noon
Walk Around the Neighborhood II
(see article on page 1 for details)

Thursday, September 27
6:40 p.m.-8:40 p.m.
PSU/PBOT Traffic and Transportation Course
First of a 10-week course sponsored by PBOT and PSU's Urban Studies Program.
Learn more and register at: www.portlandoregon.gov/transportation/psuclass



Success for Friends of Wilshire Park on NatureSpace project and play equipment

by Barbara Linssen and Al Ellis

The last issue featured information about a multifaceted effort to bring improvements and modernizations to Wilshire Park, all thanks to the volunteer efforts of concerned neighbors participating in BWNA-endorsed Friends of Wilshire Park (FOWP). Along the way, FOWP has worked very closely with Portland Parks & Recreation (PP&R), receiving valuable advice and support. Currently, a date to break ground on the NatureSpace project is being set, likely in October. Native Northwest plants, shrubs, logs, boulders, and a winding gravel path will be installed near the picnic tables, offering variety from the grass and mature trees, and more wildlife habitat, but no interference with any current park uses. Residents are encouraged to volunteer their help and make tax-deductible donations by going to friendsofwilshirepark.org. The website also provides project news,

dates for upcoming events, and the opportunity to sign up to receive e-mail announcements (by clicking the "Volunteer" tab). Project publicity is also disseminated via Nextdoor and posters at participating businesses. Please thank these merchants!

Other issues of interest to FOWP participants are the dog-run area, i.e., water for dogs and benches; the walking/jogging track, i.e., wood chips vs. gravel and drainage; and worn out equipment in the tots' play area. Regarding the play equipment, there's great news: it was announced by PP&R staff at a recent FOWP meeting that "as part of 2014 Parks Replacement Bond, PP&R identified the capacity to replace 19 play pieces" (at a cost of \$30,000), including installation of a state-of-the-art playing surface (PebbleFlex). Work begins this fall, lasting three to four weeks.

Reprise of BWNA-sponsored Beaumont-Wilshire walking tour

by Al Ellis

Earlier this year, our newsletter publicized a B-W neighborhood spring walking tour that highlighted properties on the Historic Register and residential gardens along the way. Organized by BWNA land use chair Jack Bookwalter and secretary Barb Strunk, the tour reached its registrant limit (30 participants) soon after newsletter distribution, disappointing many folks who didn't make the cut. But not to worry.

In response to popular demand, Jack and Barb are reprising the tour with a repeat performance on Saturday, September 22, from 10:00 a.m. to noon. The event is being called "Walk Around the Neighborhood II," with Barb providing the commentary on gardens and Jack on the historic homes.

Here's some background information from Jack:

I have a route that will walk around almost all of the 19 homes on the Historic Register. I will talk about the people who first lived in the houses and, if known, the original builders. There were only a few builders who built most of these houses, and most of them lived in the neighborhood. We will walk by their houses, too (usually among the fanciest and most finely detailed). I will also be talking about the architectural style of each house and pointing out significant identifying details and features. A timeline will be established, noting when each style was popular and, more significantly, why. Additionally, I have some great real estate ads from the era and will be making copies for distribution.

continued on page 3



President's message

by Tim Hemstreet

National Night Out Picnic and Fremont Fest epitomize community spirit

The BWNA-organized National Night Out Picnic in Wilshire Park on August 7 was a great opportunity to sample a variety of foods, visit with neighbors, and have some fun. We also learned a bit about next steps for park-related improvements from the Friends of Wilshire Park and their need for volunteers to make those ideas a reality. Attendees enjoyed the musical entertainment provided by Scott White, reprising his role from a few years ago. Kids were able to enjoy some games, the always-popular K-9 police unit dropped by, and Multnomah County Commissioner Loretta Smith (currently a candidate for city commissioner) remarked that she was impressed with the large turnout and cordial welcoming spirit.

Hats off to the BWNA board members, neighborhood families, and residents at large who supplied the evening's food and beverages and volunteered their time to make this year's NNO the success it was. Board member and veteran NNO grill-crew volunteer Roger Price summed it up eloquently the next morning in an e-mail to his BWNA colleagues: "I thank every one of our board members and many of

our neighbors who helped last night. It inspires me to work with such a group of people dedicated to making our neighborhood great."

Special appreciation goes out to the following local businesses for donated provisions and raffle prizes:

- Alameda Brewhouse
- Amenity Shoes
- Beaumont Florist
- Beaumont Market
- Fire on the Mountain
- Foot Traffic
- Gazelle
- Math Place on Fremont
- Pip's Donuts
- Pizza Jerk
- Yo Choice Frozen Yogurt

Additionally, we are grateful for the invaluable support received each year from Wilshire United Methodist Native American Fellowship of Portland for providing the many tables and chairs needed to accommodate people and food.

The National Night Out Picnic came on the heels of Fremont Fest, sponsored by the Beaumont Business Association (BBA), which is always a great day for checking out our local businesses and the many interesting artists, vendors, and organizations (including BWNA) that make up the annual street fair. I was struck by how many people attended from outside the neighborhood and heard a few of those visitors remark that the festival remains pleasant and not too crowded to enjoy. Big thanks to BBA for staging one of Portland's premier summer events in B-W's backyard!



Our Organization

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Barbara Strunk 503-284-7502

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 Tim Gillespie 503-287-6272
 Cliff Goldman 503-282-1150
 Gary Hancock 503-367-0862
 Deb Harris 503-284-4449
 Roger Price 503-287-9068
 (two open positions)

Related Organizations

Beaumont Business Association

Amy Hamdan
 parkerpaigeevents@gmail.com

Central Northeast Neighbors Board

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 Kathy Campbell 503-515-6225

Areas of Interest

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- **Crime Prevention**
Bill Markwart 503-282-4610
- **Transportation**
Jim Howell 503-284-7182
- **Land Use**
Jack Bookwalter 503-539-2707
- **Newsletter**
Editor: Al Ellis, editor@bwna.us
Graphic Design:
Jane Feinberg, design@bwna.us
Copy Editor:
Myrna Sheie 224-659-1537
Distribution:
Georgina Head 360-739-7896
John Sandie 219-508-4162
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Editor's notes

by Al Ellis

School bells ringing, football cheering on crisp Friday nights, the shofar blowing for Rosh Hashanah—the

sounds of September convey both a sense of déjà vu continuity and the opportunity for a fresh start. BWNA chimes in as well with its annual transition from implementer of summer festivities to facilitator of autumn initiatives, parsing proposals that can enhance neighborhood livability and spur participation. But the fall spirit delves still deeper, giving pause for reflection on values and aspirations, a reality check also of benefit to newsletter editors.

REFLECTIONS ON VALUES

Value No. 1: I'll begin with the obvious. Without BWNA, there would be no BWNA newsletter. Thus it follows that our top priority is promotion of BWNA through publicizing BWNA activities and encouraging volunteerism, be it serving on the board or a committee, contributing to this newsletter, or participating at monthly general meetings (hence the "Uncle Al Wants You!" logo for this column).

Value No. 2: That said, our newsletter is much more than a BWNA cheerleader. Articles, announcements, and editorials run the gamut from coverage of local issues to grassroots-initiated projects to interview profiles to gardening tips and recipes, a unique blend of content driven by interests, expertise, and love of neighborhood on the part of newsletter team members, board members, and conscientious neighbors.

Beaumont Walking Tour (continued)

The cost to participate is a modest \$5 donation per person, paid in cash or check (made out to BWNA) on the morning of the walk. Reservations are required, and it's first come, first served. RSVP to Jack (jackbookwalter@yahoo.com), and he'll provide you with instructions on where to meet and plans for a post-tour no-host lunch social at Grand Central Bakery. Come prepared; the show goes on rain or shine.

Value No. 3: Though small in size and staffed entirely of volunteers, our newsletter team takes pride in striving for journalistic excellence. To that end, some bring professional experience to the table, e.g., graphic designer Jane Feinberg, copy editor Myrna Sheie, reporter/writer Susan Trabucco, and some don't (learning-on-the-job editor that I am), but we all value quality and work collectively on fine-tuning.

REFLECTIONS ON ASPIRATIONS

Aspiration No. 1: First and foremost, we aspire to engage B-W residents as newsletter readers and article/editorial submitters—objectives I've repeatedly spoken to in this column. The good news is that submissions have been on the rise; the bad news is insufficient space, which has become our new normal. Expansion is the obvious way forward, but pulling it off requires at least three new yearlong ads, one of which makes its debut in this issue: a warm welcome to MORE Realty, our newest advertiser! (Who's next?)

Aspiration No. 2: In a world increasingly reliant on websites and blogs for information, upgrading BWNA's web presence (www.bwna.us) is a newsletter priority. Meet our gurus: webmaster Mario Caoile and web designer/board member Anna Gillespie.

Aspiration No. 3: Alameda N.A. no longer has a newsletter of its own, and their board may be interested in adopting our newsletter for distribution. BWNA board member Deb Harris likes the idea, offering, "It might be a great partnership; there's power in numbers." And there's no better time of year for a fresh start, so let's talk.

Calendar of Events (cont.)

BWNA Meetings

Location and Time:

Bethany Lutheran Church
Corner of NE Skidmore and 37th
7:00-8:30 p.m.

Board meetings in Library Meeting Room
(enter on 37th side of church)

General meetings in Fellowship Hall
(down walkway on Skidmore side)

Monday, September 10: Board Meeting

Monday, October 8: General Meeting

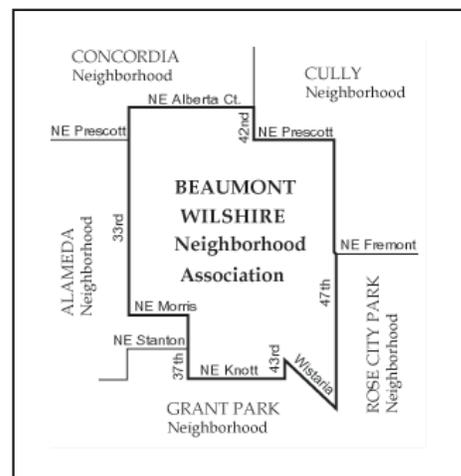
Monday, November 12: Board Meeting

BWNA Newsletter Submission Deadline

Friday, October 12 (for the November-December newsletter)

E-mail articles and editorials to
Al Ellis (editor@bwna.us)

Email photos, graphics, and ads to
Jane Feinberg (design@bwna.us)



Residential oversight of hazardous materials

by John Sandie

In an article for the BWNA newsletter last fall, I shared communications with the Oregon Department of Environmental Quality (DEQ) as part of my appointment to the Asbestos 2017 Rulemaking Advisory Committee. Some key recommendations that came out of the advisory committee efforts were requiring asbestos surveys for demolition and renovations of residential buildings with four or fewer units, improving asbestos protection for workers at hazardous waste transfer stations, holding testing laboratories to higher standards, and demonstrating the proficiency of testing results in determining asbestos content within sampled materials. While these rule changes do not directly address responsible management of asbestos and lead-based paint in residential areas, they hopefully have laid the groundwork for separate implementation of SB 871 requirements, which directed DEQ and Oregon Health Authority (OHA) to establish best procedures for mitigating hazmat impact on surrounding properties for both residential demolitions and major renovations.

Through the efforts of United Neighborhoods for Reform (UNR, a citywide grassroots organization with roots in Beaumont-Wilshire) and like-minded preservationist groups, the Portland City Council adopted an ordinance last February based on the recommendations of DEQ and OHA best practices. Effective July 1, 2018, the new law moved Portland to the leading edge of municipalities in spelling out comprehensive requirements, plans, and compliance inspections to

protect the public during urban demolitions. Early feedback from the city permit department is that a number of initial requests for demolition permits have been denied pending further documentation and more inclusive plans as required by the new ordinance. This comes as no surprise, despite ongoing “Lunch and Learn” information sessions made available to contractors by the Bureau of Development Services (BDS). Widespread compliance with significant new requirements like these will take time. But continued permit denials are an effective wakeup call and should help expedite the process.

An important point to note is that the BDS staff is catching these compliance lapses without having to rely on “public watchdogs” to do it for them—too often the case in the past. Moving forward, the exposure of ambiguities, review of contractor educational progress, monitoring of compliance issues, and evaluation of the practical effectiveness of the new demolition ordinance will be accomplished most effectively both in the various committees where public-minded activists have a seat at the table and in the promotion of and support for the broader use of full deconstruction as the preferred method of removing residential structures.

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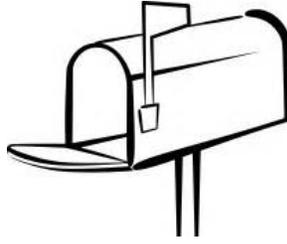
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Letter to the Board: Traffic diverter at 33rd and Bryce

by Patricia Matteri

Many of us in the neighborhood routinely pass by the traffic diverters at NE 33rd and Bryce when coming or going from our homes. Perhaps because I live only one house away, I find myself avoiding looking at the weed patch that grows taller and thicker every summer. However, I walk as much as I drive, so when I walk across 33rd, there it is, up close and personal. The guilt trip is real when a voice asks, "Shouldn't you do something to beautify this wasteland?"

Finally, one of those straw weeds in the circle symbolically became the "straw that broke the camel's back." Let me propose a neighborhood volunteer group to meet at the islands to dig away. The first goal is to remove the weeds. Next, visit nurseries and solicit donations of drought-resistant plants. While our garden might not be the photo background Grant prom couples would choose, it will nonetheless be an improved and decorative communal garden.



I volunteer to organize the weeding, solicit plants, and schedule planting sessions. For the volunteers who will join me, I'll provide drinking water, iced tea, and cookies. Weeding and planting is best accomplished in the mornings to prevent gardening in the heat of the day, so dial in your "lark" mode and plan for early-morning work sessions.

Before you say no, imagine the following: you set forth on 33rd and pass twin simple little gardens, improved reflections of our lovely Beaumont-Wilshire neighborhood.

Please e-mail me (patriciamatteri@comcast.net) if you can spare an hour or more on this project, and put "traffic diverter garden volunteer" in the subject line. Transformation is in our hands.

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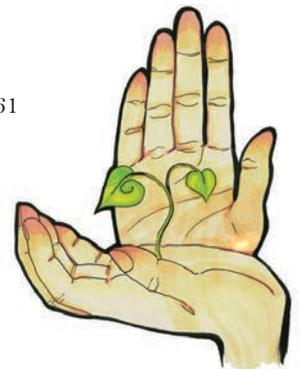
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Globally inspired, approachable fare plus comfortable digs bode well for Perlot

by Susan Trabucco

Beaumont Village restaurant SouthFork recently updated its dining room color palate to warm tones with soft lighting and changed its name to Perlot. Here's a little back story for our newsletter readers.

Q. Who's behind Perlot?

Business partners and co-owners Eric Schindele and Casey O'Brien are Portland area natives who have been friends since junior high school. The twosome had a long-shared dream to open a restaurant together. Eric has extensive experience in the neighborhood bar business and, with a degree and experience in economics, Eric manages the financial and "back end" of the house for Perlot. Casey is a restaurant industry veteran largely in the corporate arena. He's been in the business since 1995, with stints that include management for McMenamins and sales for Boyd's Coffee. Casey manages Perlot's front end as the operations manager.

Executive Chef Patrick McKee brings over 20 years of culinary experience to Perlot, including 10 years under acclaimed chef Vitaly Paley of Portland's Paley's Place. The duo won the coveted Iron Chef award in 2012.

Q. After being open for about a year you changed the restaurant's name from SouthFork to Perlot. Why, and what does Perlot mean?

Casey: We were finding that due to our name customers erroneously thought we were a southern fare restaurant, which we are not. We consider our menu to be "New American cuisine."

Eric: Perlot is a family name. I had a great, great, great uncle by that name who came to America during the Gold Rush of the mid-1800s. He spent a winter in Portland and, noting the absence of fresh produce, he grew and sold vegetables here in an early "farm-to-table" enterprise. We felt the name Perlot spoke to Patrick's focus on using seasonal, local ingredients and his adventurous culinary style.

Q. Tell us a little about your culinary focus.

Patrick: I aspire to create food that's approachable, but globally inspired. In my childhood I spent time in Asia and later traveled to Spain, and I learned the French-style technique of cooking under Vitaly, who is classically trained. All of these elements play out in my cooking.

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Perlot (continued)

Q. What are a few menu items of late?

Patrick: Crispy softshell crab on a bed of soft polenta, house made ravioli with fresh lemon ricotta cheese, mushroom dashi, and a pork belly BLT, to name just a few.

Q. What is your most requested meal?

Casey, Eric, and Patrick: Our hamburger!

Q. Beaumont Village isn't known as a foodie hub, as perhaps is Alberta Street or Division. Do you find it a challenge to have your restaurant located here?

Casey: We love being in Beaumont Village. There are neighborhood staples like Amalfi's, Alameda Brewpub, and McPeet's, which have served this community well and for a long time, but we would love to see more restaurants on the street! Also, we don't see as many families as we thought we would. Wednesday is family night, and any child gets a free child's menu meal, so we encourage people to bring their kids!



Beaumont Village restaurant SouthFork recently changed its name to Perlot. The executive team includes, from left to right: Casey O'Brien, partner and operations manager; Patrick McKee, executive chef; and Eric Schindele, partner and general manager. Photo by Susan Trabucco

Q. What else should readers know?

Casey: During our brunch we have live Jazz music and a killer eggs benedict with smoked butter hollandaise sauce, and much more, of course! We also have a great children's menu everyday, and outdoor seating is available when the weather is cooperative. Follow us on Facebook for special events.

Eric: People who are into wine love our wine list! We also have signature cocktails, and in concert with Adegia Northwest winery, we will soon be offering a new private label wine.

Perlot is located at 4605 NE Fremont St. For menu and hours of operation information visit perlotpdx.com, find them on Facebook or call 503-477-4453.

Writer's Note: Ambiance, staff, and service are fantastic, the mac 'n cheese

and Brussels sprouts are some favorites, the softshell crab dish is sublime, and my husband always orders the hamburger!

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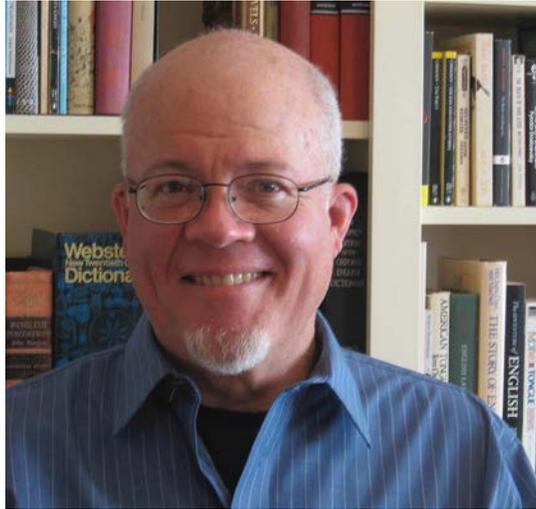
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Writer, poet, urban activist Tim Gillespie adds touch of class to BWNA board

by Mark Mohammadpour

Tim Gillespie and his wife Jan moved to Portland in 1973 from the Bay Area and stayed ever since. In Portland, they raised their sons, Nate and Josh, who attended Sabin, Beaumont, and Grant. Tim taught English for 38 years in various situations, from Parkrose to Lake Oswego high schools, from alternative programs for struggling students to Advanced Placement classes. Tim is also a published author, penning articles for various teacher magazines, poems for literary journals such as Windfall, Timberline Review, and Cloudbank, and writing a book, *Doing Literary Criticism* (Stenhouse Press). Since retiring, Tim spends most of his time tending to elderly parents, enjoying his children and grandchildren, traveling, volunteering, and, of course, writing. You can occasionally hear him read at Broadway Books and other venues.



Tim Gillespie, BWNA's newest board member. Photo by Mark Mohammadpour

How long have you lived in the neighborhood, and what's your favorite part of living in the neighborhood?

My wife Jan and I moved into our 1925 bungalow below the ridge in 1979. It was the first and only house we've owned. What drew us then is what appeals to us still—great neighbors, beautiful old trees and homes, walkability, nearby amenities, and proximity to downtown.

What's your favorite neighborhood business, and why?

It's impossible to choose a single favorite. The folks at Beaumont Hardware can help answer any home project question. The staff at Beaumont Market—especially ace beer-monger Justin—are

friendly as all-get-out. I do a lot of writing and reading at Jim and Patty's Coffee. My wife Jan's tutoring business—Math Place on Fremont—shares the building with Bang Bang and Cha Cha Cha, both fine eateries, and Alex the Jeweler. We've been happily dining at Amalfi's for decades and get the best multi-grain bread at Grand Central. Gustavo Soares is our quality State Farm Insurance agent. What can't you find on Fremont Street?!

What does being a board member mean to you?

If we value our neighborhood, we need to pitch in to help sustain its livability.

What are the issues you want to help address as a board member?

Growing up just east of east Los Angeles, I know how a metropolis with unfettered sprawl, slapdash planning, and endless freeway

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BWNA board member Tim Gillespie (continued)

construction works. Poorly. Living in Portland for the last 45 years, I've been the fortunate beneficiary of Oregon's environmental and land use planning values. As people move to our city and state at a tremendous rate—since 2010, according to the Census Bureau, we've been growing by around 10,000 new residents a year, a trend which appears will continue—pressures rise on housing, housing prices skyrocket, homelessness increases, inequality increases, diversity decreases, all problems that confront Portland's livability.

To not become another sprawling, income-segregated, smog- and traffic-choked L.A., I've generally been supportive of the long-term Portland and Oregon vision of increasing density, sustaining the urban growth boundary process, and encouraging bicycle and public transportation infrastructure. At the same time, I'm also supportive of BWNA's history of questioning the city's proposed Residential Infill Project, which seeks to address the current and expected influx of new residents by increasing neighborhood density. That goal seems reasonable to a person like me, and pushing back on that plan, as the BWNA Board has done, has been dismissed by some as privileged Not In My Back Yard protectionism. However, I've been impressed by the way the Board has stressed that its first goal is "keeping our neighborhood available to as many diverse people of varied incomes as possible," particularly to make sure there are dwellings affordable for middle-income first-time homebuyers and for renters.

The BWNA board has expressed what to me are quite reasonable concerns about a number of aspects of the RIP plan. For example, will proposed re-zoning to allow for demolition of existing housing stock in favor of bigger single-family homes or duplex and triplex construction actually lead to less-affordable housing? (Exhibit A is the giant new duplex on NE Klickitat, each of whose units apparently sold for a million dollars). And will the plan's promotion of ADUs necessarily provide more long-term affordable housing options, or will many of those converted garages and backyard structures just end up as Airbnb rentals?

These are questions worth raising, and the BWNA board has proposed some reasonable alternatives—doing a pilot study to see if the proposed rezoning does indeed improve housing opportunities for lower-income residents, for example, and exploring cottage clusters (such as the existing Cully Grove) as an alternative for "missing middle" housing. I'm interested in supporting the BWNA board as it continues to come up with ideas that might actually sustain and promote affordable housing in our neighborhood.

Thank you for your service, Tim!



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A hearty fall entree from Kathy's Kitchen!
by Kathy Campbell

Swedish Meatballs

Meatballs:

- 3 Tb butter
- 1 med. sweet onion, finely chopped
- ½ Tb salt
- ⅓ c milk
- 3 large eggs
- ½ c seasoned breadcrumbs
- 1 tsp ground black pepper
- ½ tsp ground nutmeg
- ½ tsp ground allspice
- 1⅓ lbs lean ground beef
- 2 lbs ground pork

Gravy:

- 3 Tb butter
- 4 Tb flour
- 3¾ c beef broth
- ¾ c heavy cream
- ¾ tsp white sugar
- ½ tsp Worcestershire sauce
- salt and pepper to taste

Melt 3 Tb butter in a large skillet over medium heat. Cook and stir onion and ½ Tb salt in butter until onion turns translucent, about six minutes. Transfer onion mixture to large bowl. Add milk, eggs, bread crumbs, black pepper, nutmeg, and allspice, then stir to combine. Mix beef and pork into the mixture. Cover and refrigerate for 1 hour.

Melt 3 Tb butter in a large skillet over medium heat; whisk flour into butter and cook until golden brown, about four to five minutes. Slowly whisk beef broth into butter mixture. Increase heat to medium high, whisk cream into mixture, and bring to a simmer. Stir sugar and Worcestershire sauce into gravy. Simmer until slightly thickened, about 6 to 7 minutes. You can also thicken this with a little cornstarch mixed with water. Season with salt and pepper, remove from heat. Set aside.

Preheat oven to 425°. Line a baking sheet with foil and spray with cooking spray. Roll 2 to 3 Tb of meatball mixture into a ball using wet hands; repeat with remaining meatball mixture. Place meatballs on baking sheet. Bake in the preheated oven for 25 minutes. Transfer meatballs into the gravy, and cook over medium-low heat until warmed through, about 5 minutes.

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